

Yellowtail sautéed in butter & soy sauce

Enjoy the delicious pairing of umami-rich Yellowtail with butter and soy sauce. Goes so well with steamed rice, you'll want to keep eating more.



Ingredients (for 2 servings)

2 Yellowtail filets Pinches of salt & pepper 1 T pastry flour Salad oil, as needed Sprigs of kinome (Japanese pepper/prickly ash), small amount (A) 2 t butter 1 t cooking sake 1 T mirin 2 t soy sauce

Sprigs of kinome (for decoration), as needed

Directions

1. Sprinkle the fish with salt and pepper, dab away the moisture, and dredge with flour.

2. Heat the oil in a frying pan, cook 1 in it until golden brown, and dish up.

3. Add (A) to the frying pan from 2, and when it comes to a boil, add the first sprigs of kinome. Drizzle over 2, then decorate with more kinome sprigs.

Pointer: If you can't find kinome, you can also decorate the dish with the tips of green spring onion shoots cut into 5-cm lengths.