

結果の概要(被用者保険分)

1. 保険者の概要

1.1 専門職の配置状況(正規職員・非正規職員を含む)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------|-------------|-------|----------|-------|-------|-------|------|---|-----|-------|-----|------|--------|---|----------|------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 医師 | 94 | 9.2% | 35 | 14.1% | 0 | 0.0% | 0 | 0 | 12 | 6.0% | 1 | 5.0% | 0 | 0 | 0 | 0.0% |
| 保健師 | 190 | 18.7% | 71 | 28.6% | 47 | 97.9% | 0 | 0 | 64 | 31.8% | 1 | 5.0% | 0 | 0 | 14 | 8.5% |
| 管理栄養士 | 25 | 2.5% | 31 | 12.5% | 0 | 0.0% | 0 | 0 | 6 | 3.0% | 0 | 0.0% | 0 | 0 | 3 | 1.8% |
| 看護師 | 105 | 10.3% | 30 | 12.1% | 0 | 0.0% | 0 | 0 | 12 | 6.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% |
| 栄養士 | 2 | 0.2% | 3 | 1.2% | 0 | 0.0% | 0 | 0 | 1 | 0.5% | 0 | 0.0% | 0 | 0 | 0 | 0.0% |

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------|-------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 保健師のみ配置 | 113 | 11.1% | 37 | 14.9% | 47 | 97.9% | 0 | 0 | 42 | 20.9% | 2 | 10.0% | 0 | 0 | 12 | 7.3% |
| 管理栄養士、栄養士のみ配置 | 9 | 0.9% | 4 | 1.6% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 1 | 0.6% |
| 看護師のみ配置 | 25 | 2.5% | 1 | 0.4% | 0 | 0.0% | 0 | 0 | 2 | 1.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% |
| 医師のみ配置 | 7 | 0.7% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 1 | 5.0% | 0 | 0 | 0 | 0.0% |
| 専門職の配置なし | 618 | 60.7% | 124 | 50.0% | 0 | 0.0% | 1 | 1 | 103 | 51.2% | 14 | 70.0% | 0 | 0 | 130 | 78.8% |
| 無回答 | 143 | 14.0% | 35 | 14.1% | 1 | 2.1% | 0 | 0 | 32 | 15.9% | 4 | 20.0% | 1 | 1 | 20 | 12.1% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 1 | 201 | 100.0% | 20 | 100.0% | 1 | 1 | 165 | 100.0% |

2 特定健康診査実施計画 実績 評価

2.1 特定健康診査の目標値(平成24年度)

(1) 特定健康診査の実施率

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 30%未満 | 1 | 0.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 30~40%未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 40~50%未満 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 50~60%未満 | 1 | 0.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 60~70%未満 | 4 | 0.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| 70~80%未満 | 186 | 18.3% | 209 | 84.3% | 48 | 100.0% | 1 | 100.0% | 63 | 31.3% | 9 | 45.0% | 1 | 100.0% | 158 | 95.8% |
| 80~90%未満 | 742 | 72.9% | 32 | 12.9% | 0 | 0.0% | 0 | 0.0% | 126 | 62.7% | 9 | 45.0% | 0 | 0.0% | 2 | 1.2% |
| 90%以上 | 65 | 6.4% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 無回答 | 17 | 1.7% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 特定保健指導の実施率

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|-------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 10%未満 | 4 | 0.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| 10~20%未満 | 3 | 0.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 20~30%未満 | 3 | 0.3% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 30~40%未満 | 2 | 0.2% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| 40~50%未満 | 878 | 86.2% | 225 | 90.7% | 48 | 98.0% | 1 | 100.0% | 146 | 72.6% | 18 | 90.0% | 1 | 100.0% | 154 | 93.3% |
| 50~60%未満 | 73 | 7.2% | 13 | 5.2% | 0 | 0.0% | 0 | 0.0% | 47 | 23.4% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| 60~70%未満 | 19 | 1.9% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 70~80%未満 | 6 | 0.6% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 80%以上 | 12 | 1.2% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 無回答 | 18 | 1.8% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(3)メタボリックシンドローム該当者及び予備群の減少率

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 5%未満 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 5～10%未満 | 4 | 0.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 10～15%未満 | 778 | 76.4% | 193 | 77.8% | 48 | 98.0% | 1 | 100.0% | 180 | 89.6% | 16 | 80.0% | 1 | 100.0% | 134 | 81.2% |
| 15～20%未満 | 15 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 20～25%未満 | 3 | 0.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 25～30%未満 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 30～35%未満 | 0 | 0.0% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 40～45%未満 | 0 | 0.0% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 45～50%未満 | 1 | 0.1% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 50%以上 | 7 | 0.7% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 無回答 | 206 | 20.2% | 50 | 20.2% | 0 | 0.0% | 0 | 0.0% | 21 | 10.4% | 4 | 20.0% | 0 | 0.0% | 29 | 17.6% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

2.2 特定健康診査・特定保健指導の実績

(1) 特定健康診査受診率

(平成20年度)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|-------|------|---|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 10%未満 | 10 | 1.0% | 4 | 1.6% | 1 | 2.0% | 0 | 0 | 1 | 0.5% | 1 | 5.0% | 0 | 0.0% | 9 | 5.5% |
| 10～20%未満 | 16 | 1.6% | 11 | 4.4% | 2 | 4.1% | 0 | 0 | 3 | 1.5% | 3 | 15.0% | 0 | 0.0% | 37 | 22.4% |
| 20～30%未満 | 30 | 2.9% | 9 | 3.6% | 22 | 44.9% | 1 | 1 | 2 | 1.0% | 2 | 10.0% | 0 | 0.0% | 59 | 35.8% |
| 30～40%未満 | 35 | 3.4% | 26 | 10.5% | 19 | 38.8% | 0 | 0 | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 36 | 21.8% |
| 40～50%未満 | 69 | 6.8% | 45 | 18.1% | 4 | 8.2% | 0 | 0 | 16 | 8.0% | 1 | 5.0% | 0 | 0.0% | 11 | 6.7% |
| 50～60%未満 | 148 | 14.5% | 48 | 19.4% | 0 | 0.0% | 0 | 0 | 19 | 9.5% | 9 | 45.0% | 1 | 100.0% | 5 | 3.0% |
| 60～70%未満 | 273 | 26.8% | 58 | 23.4% | 0 | 0.0% | 0 | 0 | 57 | 28.4% | 2 | 10.0% | 0 | 0.0% | 5 | 3.0% |
| 70～80%未満 | 297 | 29.2% | 37 | 14.9% | 0 | 0.0% | 0 | 0 | 64 | 31.8% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| 80～90%未満 | 104 | 10.2% | 6 | 2.4% | 0 | 0.0% | 0 | 0 | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 90%以上 | 9 | 0.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 無回答 | 27 | 2.7% | 4 | 1.6% | 0 | 0.0% | 0 | 0 | 9 | 4.5% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 1 | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(平成21年度)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 10%未満 | 4 | 0.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| 10～20%未満 | 10 | 1.0% | 4 | 1.6% | 1 | 2.0% | 0 | 0.0% | 0 | 0.0% | 1 | 5.0% | 0 | 0.0% | 28 | 17.0% |
| 20～30%未満 | 13 | 1.3% | 6 | 2.4% | 10 | 20.4% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 57 | 34.5% |
| 30～40%未満 | 27 | 2.7% | 11 | 4.4% | 24 | 49.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 46 | 27.9% |
| 40～50%未満 | 43 | 4.2% | 29 | 11.7% | 11 | 22.4% | 0 | 0.0% | 9 | 4.5% | 1 | 5.0% | 1 | 100.0% | 19 | 11.5% |
| 50～60%未満 | 91 | 8.9% | 50 | 20.2% | 0 | 0.0% | 0 | 0.0% | 10 | 5.0% | 9 | 45.0% | 0 | 0.0% | 8 | 4.8% |
| 60～70%未満 | 231 | 22.7% | 78 | 31.5% | 0 | 0.0% | 0 | 0.0% | 57 | 28.4% | 4 | 20.0% | 0 | 0.0% | 3 | 1.8% |
| 70～80%未満 | 349 | 34.3% | 46 | 18.5% | 0 | 0.0% | 0 | 0.0% | 84 | 41.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 80～90%未満 | 162 | 15.9% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 30 | 14.9% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| 90%以上 | 12 | 1.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 無回答 | 76 | 7.5% | 17 | 6.9% | 2 | 4.1% | 0 | 0.0% | 9 | 4.5% | 4 | 20.0% | 0 | 0.0% | 0 | 0.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 特定保健指導実施率

(平成20年度)(平成20年度は終了者数・率)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 10%未満 | 487 | 47.8% | 163 | 65.7% | 30 | 61.2% | 1 | 100.0% | 95 | 47.3% | 3 | 15.0% | 0 | 0.0% | 30 | 18.2% |
| 10～20%未満 | 156 | 15.3% | 34 | 13.7% | 15 | 30.6% | 0 | 0.0% | 27 | 13.4% | 2 | 10.0% | 0 | 0.0% | 14 | 8.5% |
| 20～30%未満 | 58 | 5.7% | 11 | 4.4% | 1 | 2.0% | 0 | 0.0% | 18 | 9.0% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| 30～40%未満 | 42 | 4.1% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 40～50%未満 | 23 | 2.3% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 50～60%未満 | 19 | 1.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| 60～70%未満 | 13 | 1.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 70～80%未満 | 10 | 1.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 80%以上 | 26 | 2.6% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| 無回答 | 184 | 18.1% | 33 | 13.3% | 2 | 4.1% | 0 | 0.0% | 43 | 21.4% | 13 | 65.0% | 1 | 100.0% | 104 | 63.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(平成21年度)(平成21年度は平成20年度の実績報告に間に合わなかった終了者と平成21年度利用者の両者を含んだ者数・率)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 10%未満 | 323 | 31.7% | 118 | 47.6% | 10 | 20.4% | 0 | 0.0% | 89 | 44.3% | 10 | 50.0% | 1 | 100.0% | 68 | 41.2% |
| 10~20%未満 | 159 | 15.6% | 43 | 17.3% | 19 | 38.8% | 0 | 0.0% | 40 | 19.9% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% |
| 20~30%未満 | 98 | 9.6% | 22 | 8.9% | 6 | 12.2% | 1 | 100.0% | 24 | 11.9% | 2 | 10.0% | 0 | 0.0% | 3 | 1.8% |
| 30~40%未満 | 71 | 7.0% | 7 | 2.8% | 4 | 8.2% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| 40~50%未満 | 40 | 3.9% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 50~60%未満 | 34 | 3.3% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| 60~70%未満 | 26 | 2.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 70~80%未満 | 20 | 2.0% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 80%以上 | 29 | 2.8% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| 無回答 | 218 | 21.4% | 47 | 19.0% | 9 | 18.4% | 0 | 0.0% | 19 | 9.5% | 7 | 35.0% | 0 | 0.0% | 64 | 38.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

2.3 健診データ等の集計・分析

(1) データの集計・分析

集計・分析を行っているか

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------|------------|--------|----------|--------|-------|-------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| H19以前から | 122 | 12.0% | 54 | 21.8% | 0 | 0.0% | 1 | 100.0% | 36 | 17.9% | 0 | 0.0% | 0 | 0.0% | 19 | 11.5% |
| H20以降から | 321 | 31.5% | 63 | 25.4% | 45 | 91.8% | 0 | 0.0% | 46 | 22.9% | 13 | 65.0% | 1 | 100.0% | 44 | 26.7% |
| 今後行う予定 | 498 | 48.9% | 115 | 46.4% | 2 | 4.1% | 0 | 0.0% | 67 | 33.3% | 3 | 15.0% | 0 | 0.0% | 57 | 34.5% |
| 行う予定なし | 74 | 7.3% | 16 | 6.5% | 1 | 2.0% | 0 | 0.0% | 49 | 24.4% | 4 | 20.0% | 0 | 0.0% | 45 | 27.3% |
| 無回答 | 3 | 0.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 98.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

行う予定なしの理由

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 方法が分からない | 6 | 8.1% | 2 | 12.5% | 0 | 0.0% | | | 8 | 16.3% | 0 | 0.0% | | | 4 | 8.9% |
| データベース不備 | 18 | 24.3% | 7 | 43.8% | 1 | 100.0% | | | 11 | 22.4% | 1 | 25.0% | | | 16 | 35.6% |
| 人員不足 | 44 | 59.5% | 5 | 31.3% | 0 | 0.0% | | | 20 | 40.8% | 2 | 50.0% | | | 22 | 48.9% |
| その他 | 6 | 8.1% | 2 | 12.5% | 0 | 0.0% | | | 9 | 18.4% | 1 | 25.0% | | | 3 | 6.7% |
| 無回答 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 1 | 2.0% | 1 | 25.0% | | | 0 | 0.0% |
| 非該当 | 944 | | 232 | | 47 | | 1 | | 152 | | 16 | | 1 | | 120 | |
| 全体 | 74 | 100.0% | 16 | 100.0% | 1 | 100.0% | 0 | | 49 | 100.0% | 4 | 100.0% | 0 | | 45 | 100.0% |

具体的方法(複数回答)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------------------|------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 経年変化 | 207 | 46.7% | 56 | 47.9% | 1 | 2.2% | 1 | 1 | 42 | 51.2% | 8 | 61.5% | 0 | 0.0% | 26 | 41.3% |
| 集団特性 | 151 | 34.1% | 33 | 28.2% | 45 | 100.0% | 0 | 0 | 23 | 28.0% | 1 | 7.7% | 1 | 100.0% | 16 | 25.4% |
| 保健指導への活用 | 293 | 66.1% | 81 | 69.2% | 5 | 11.1% | 0 | 0 | 45 | 54.9% | 7 | 53.8% | 1 | 100.0% | 34 | 54.0% |
| 実施した保健指導の分析 | 100 | 22.6% | 14 | 12.0% | 0 | 0.0% | 0 | 0 | 15 | 18.3% | 2 | 15.4% | 0 | 0.0% | 9 | 14.3% |
| 健診データからの保健指導の効果分析 | 76 | 17.2% | 11 | 9.4% | 0 | 0.0% | 0 | 0 | 7 | 8.5% | 1 | 7.7% | 0 | 0.0% | 5 | 7.9% |
| その他 | 12 | 2.7% | 3 | 2.6% | 0 | 0.0% | 0 | 0 | 2 | 2.4% | 0 | 0.0% | 0 | 0.0% | 4 | 6.3% |
| 無回答 | 35 | 7.9% | 9 | 7.7% | 0 | 0.0% | 0 | 0 | 8 | 9.8% | 1 | 7.7% | 0 | 0.0% | 6 | 9.5% |
| 非該当 | 575 | | 131 | | 3 | | 0 | | 119 | | 7 | | 0 | | 102 | |
| 全体 | 443 | 100.0% | 117 | 100.0% | 45 | 100.0% | 1 | 1 | 82 | 100.0% | 13 | 100.0% | 1 | 100.0% | 63 | 100.0% |

(2) 健診データ等とレセプトデータとの突合分析

集計・分析を行っているか

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------|------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|-------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| H19以前から | 27 | 2.7% | 12 | 4.8% | 0 | 0.0% | 0 | 0 | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| H20以降から | 41 | 4.0% | 9 | 3.6% | 42 | 87.5% | 0 | 0 | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 8 | 4.8% |
| 今後行う予定 | 773 | 75.9% | 193 | 77.8% | 5 | 10.4% | 0 | 0 | 87 | 43.3% | 3 | 14.3% | 1 | 100.0% | 74 | 44.8% |
| 行う予定なし | 171 | 16.8% | 34 | 13.7% | 1 | 2.1% | 1 | 1 | 108 | 53.7% | 17 | 81.0% | 0 | 0.0% | 79 | 47.9% |
| 無回答 | 6 | 0.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 1 | 201 | 100.0% | 20 | 95.2% | 1 | 100.0% | 165 | 100.0% |

予定なしの理由

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 方法が分からない | 16 | 9.4% | 4 | 11.8% | 0 | 0.0% | 0 | 0.0% | 15 | 13.9% | 2 | 11.8% | | | 6 | 7.6% |
| データベース不備 | 51 | 29.8% | 14 | 41.2% | 1 | 100.0% | 1 | 100.0% | 50 | 46.3% | 11 | 64.7% | | | 34 | 43.0% |
| 人員不足 | 86 | 50.3% | 13 | 38.2% | 0 | 0.0% | 0 | 0.0% | 30 | 27.8% | 1 | 5.9% | | | 31 | 39.2% |
| その他 | 18 | 10.5% | 2 | 5.9% | 0 | 0.0% | 0 | 0.0% | 13 | 12.0% | 3 | 17.6% | | | 8 | 10.1% |
| 無回答 | 0 | 0.0% | 1 | 2.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| 非該当 | 847 | | 214 | | 47 | | 0 | | 93 | | 3 | | 1 | | 86 | |
| 全体 | 171 | 100.0% | 34 | 100.0% | 1 | 100.0% | 1 | 100.0% | 108 | 100.0% | 17 | 100.0% | 0 | | 79 | 100.0% |

具体的方法(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------------|-------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|---|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 個人の健診データと疾病の発生状況 | 36 | 52.9% | 12 | 57.1% | 40 | 95.2% | | | 1 | 25.0% | | | | | 8 | 80.0% |
| 集団の健診データと疾病の発生状況との突合 | 24 | 35.3% | 4 | 19.0% | 1 | 2.4% | | | 0 | 0.0% | | | | | 3 | 30.0% |
| 保健指導と健診データと疾病の発生状況との突合分析 | 18 | 26.5% | 15 | 71.4% | 0 | 0.0% | | | 0 | 0.0% | | | | | 1 | 10.0% |
| 健診データと疾患の発生状況と医療費の突合分析 | 24 | 35.3% | 6 | 28.6% | 0 | 0.0% | | | 0 | 0.0% | | | | | 2 | 20.0% |
| その他 | 6 | 8.8% | 1 | 4.8% | 0 | 0.0% | | | 1 | 25.0% | | | | | 2 | 20.0% |
| 無回答 | 11 | 16.2% | 0 | 0.0% | 0 | 0.0% | | | 2 | 50.0% | | | | | 0 | 0.0% |
| 非該当 | 950 | | 227 | | 6 | | 1 | | 197 | | 20 | | | | 155 | |
| 全体 | 68 | 100.0% | 21 | 100.0% | 42 | 100.0% | 0 | | 4 | 100.0% | 0 | | 0 | | 10 | 100.0% |

3. 特定健診の状況

3.1 実施体制

(1) 直営・委託の状況(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|-------------|--------|----------|--------|-------|--------|--------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 保険者直営 | 22 | 2.2% | 31 | 12.5% | 0 | 0.0% | 0 | 0.0% | 33 | 16.4% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| | 事業主直営 | 78 | 7.7% | 8 | 3.2% | 0 | 0.0% | 0 | 0.0% | 11 | 5.5% | 2 | 10.0% | 0 | 0.0% | 6 | 3.6% |
| | 個別契約 | 583 | 57.3% | 194 | 78.2% | 48 | 100.0% | 1 | 100.0% | 84 | 41.8% | 5 | 25.0% | 0 | 0.0% | 95 | 57.6% |
| | 集合契約A | 189 | 18.6% | 81 | 32.7% | 0 | 0.0% | 0 | 0.0% | 59 | 29.4% | 2 | 10.0% | 0 | 0.0% | 14 | 8.5% |
| | 集合契約B | 158 | 15.5% | 72 | 29.0% | 0 | 0.0% | 0 | 0.0% | 64 | 31.8% | 2 | 10.0% | 0 | 0.0% | 119 | 72.1% |
| | 事業主健診結果受領 | 703 | 69.1% | 127 | 51.2% | 43 | 89.6% | 0 | 0.0% | 153 | 76.1% | 17 | 85.0% | 1 | 0.0% | 32 | 19.4% |
| | 無回答 | 5 | 0.5% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 0.0% | 165 | 100.0% | |
| 被扶養者 | 保険者直営 | 15 | 1.5% | 28 | 11.3% | 0 | 0.0% | 0 | 0.0% | 22 | 10.9% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 事業主直営 | 18 | 1.8% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 個別契約 | 730 | 71.7% | 182 | 73.4% | 1 | 2.1% | 1 | 100.0% | 76 | 37.8% | 11 | 55.0% | 0 | 0.0% | 96 | 58.2% |
| | 集合契約A | 561 | 55.1% | 158 | 63.7% | 0 | 0.0% | 1 | 100.0% | 174 | 86.6% | 9 | 45.0% | 1 | 100.0% | 15 | 9.1% |
| | 集合契約B | 493 | 48.4% | 147 | 59.3% | 47 | 97.9% | 0 | 0.0% | 182 | 90.5% | 9 | 45.0% | 1 | 100.0% | 120 | 72.7% |
| | 事業主健診結果受領 | 74 | 7.3% | 31 | 12.5% | 0 | 0.0% | 0 | 0.0% | 40 | 19.9% | 3 | 15.0% | 0 | 0.0% | 17 | 10.3% |
| | 無回答 | 14 | 1.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|-------------|-----|----------|----|-------|----|-------|---|--------|----|-------|----|--------|---|----------|----|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 保険者直営のみ | 4 | 0.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 事業主直営のみ | 30 | 2.9% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 4.8% | 0 | 0.0% | 1 | 0.6% |
| | 個別契約のみ | 197 | 19.4% | 70 | 28.2% | 5 | 10.4% | 1 | 100.0% | 22 | 11.1% | 1 | 4.8% | 0 | 0.0% | 24 | 14.5% |
| | 集合契約のみ | 17 | 1.7% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 55 | 33.3% |
| | 事業主健診結果受領のみ | 295 | 29.0% | 23 | 9.3% | 0 | 0.0% | 0 | 0.0% | 68 | 34.2% | 11 | 52.4% | 1 | 100.0% | 5 | 3.0% |
| 被扶養者 | 保険者直営のみ | 2 | 0.2% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 事業主直営のみ | 7 | 0.7% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 個別契約のみ | 379 | 37.2% | 64 | 25.8% | 1 | 2.1% | 0 | 0.0% | 6 | 3.0% | 8 | 38.1% | 0 | 0.0% | 28 | 17.0% |
| | 集合契約のみ | 232 | 22.8% | 50 | 20.2% | 47 | 97.9% | 0 | 0.0% | 89 | 44.7% | 8 | 38.1% | 1 | 100.0% | 60 | 36.4% |
| | 事業主健診結果受領のみ | 3 | 0.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |

(2) 他の検診との同時実施の状況

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|-------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| がん検診 | 全てで実施 | 637 | 62.6% | 150 | 60.5% | 47 | 97.9% | 0 | 0.0% | 101 | 50.2% | 0 | 0.0% | 0 | 0.0% | 56 | 33.9% |
| | 可能な機関で実施 | 152 | 14.9% | 43 | 17.3% | 1 | 2.1% | 1 | 100.0% | 43 | 21.4% | 1 | 5.0% | 0 | 0.0% | 32 | 19.4% |
| | 同時実施していない | 218 | 21.4% | 53 | 21.4% | 0 | 0.0% | 0 | 0.0% | 52 | 25.9% | 15 | 75.0% | 1 | 100.0% | 77 | 46.7% |
| | 無回答 | 11 | 1.1% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 4 | 20.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 肝臓ウイ検査 | 全てで実施 | 331 | 32.5% | 83 | 33.5% | 47 | 97.9% | 0 | 0.0% | 66 | 32.8% | 0 | 0.0% | 0 | 0.0% | 40 | 24.2% |
| | 可能な機関で実施 | 129 | 12.7% | 58 | 23.4% | 1 | 2.1% | 1 | 100.0% | 32 | 15.9% | 1 | 5.0% | 0 | 0.0% | 21 | 12.7% |
| | 同時実施していない | 535 | 52.6% | 102 | 41.1% | 0 | 0.0% | 0 | 0.0% | 96 | 47.8% | 15 | 75.0% | 1 | 100.0% | 101 | 61.2% |
| | 無回答 | 23 | 2.3% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 4 | 20.0% | 0 | 0.0% | 3 | 1.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(3) 市町村のがん検診との同時実施に向けた連携の状況

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 情報提供 | 22 | 2.2% | 4 | 1.6% | 23 | 47.9% | 0 | 0.0% | 21 | 10.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| 医療機関との契約 | 5 | 0.5% | 1 | 0.4% | 4 | 8.3% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| その他の体制づくり整備 | 30 | 2.9% | 11 | 4.4% | 11 | 22.9% | 0 | 0.0% | 31 | 15.4% | 3 | 15.0% | 0 | 0.0% | 10 | 6.1% |
| 特に連携なし | 940 | 92.3% | 228 | 91.9% | 8 | 16.7% | 1 | 100.0% | 140 | 69.7% | 15 | 75.0% | 1 | 100.0% | 148 | 89.7% |
| 無回答 | 21 | 2.1% | 4 | 1.6% | 2 | 4.2% | 0 | 0.0% | 3 | 1.5% | 2 | 10.0% | 0 | 0.0% | 1 | 0.6% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

3.2 労働安全衛生法に基づく健康診査結果の受領状況

(1) 健診結果受領の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 受け取った | 930 | 91.4% | 187 | 75.4% | 30 | 62.5% | 1 | 100.0% | 192 | 95.5% | 16 | 80.0% | 1 | 100.0% | 65 | 39.4% |
| 受け取っていない | 84 | 8.3% | 61 | 24.6% | 18 | 37.5% | 0 | 0.0% | 7 | 3.5% | 4 | 20.0% | 0 | 0.0% | 100 | 60.6% |
| 無回答 | 4 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 結果の形式(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-----------------|-------------|--------|----------|-------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| XML | 698 | 75.1% | 142 | 57.3% | 30 | 100.0% | 0 | 0.0% | 162 | 84.4% | 9 | 56.3% | 1 | 100.0% | 11 | 16.2% |
| XML以外の加工可能電子媒体 | 315 | 33.9% | 58 | 23.4% | 1 | 3.3% | 0 | 0.0% | 76 | 39.6% | 8 | 50.0% | 1 | 100.0% | 11 | 16.2% |
| XML以外の加工不可能電子媒体 | 17 | 1.8% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 1 | 100.0% | 1 | 1.5% |
| 紙 | 481 | 51.7% | 144 | 58.1% | 2 | 6.7% | 1 | 100.0% | 83 | 43.2% | 13 | 81.3% | 1 | 100.0% | 62 | 91.2% |
| その他 | 15 | 1.6% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 1.5% |
| 無回答 | 3 | 0.3% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 非該当 | 88 | 9.1% | 61 | 24.6% | 18 | 37.5% | 0 | 0.0% | 9 | 4.5% | 4 | 20.0% | 0 | 0.0% | 100 | 60.6% |
| 全体 | 930 | 100.0% | 187 | 75.4% | 30 | 100.0% | 1 | 100.0% | 192 | 100.0% | 16 | 100.0% | 1 | 100.0% | 65 | 95.6% |

3.3 特定健診実施期間 (直営及び個別契約状況について回答。集合契約のみで実施している保険者は回答不要)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 1年 | 375 | 50.3% | 143 | 75.3% | 1 | 100.0% | 1 | 100.0% | 40 | 42.6% | 0 | 0.0% | 0 | 0.0% | 51 | 52.6% |
| 6ヶ月以上 | 228 | 30.6% | 36 | 18.9% | 0 | 0.0% | 0 | 0.0% | 39 | 41.5% | 7 | 58.3% | 0 | 0.0% | 29 | 29.9% |
| 3ヶ月以上6ヶ月未満 | 102 | 13.7% | 4 | 2.1% | 0 | 0.0% | 0 | 0.0% | 8 | 8.5% | 3 | 25.0% | 0 | 0.0% | 12 | 12.4% |
| 3ヶ月 | 31 | 4.2% | 2 | 1.1% | 0 | 0.0% | 0 | 0.0% | 1 | 1.1% | 1 | 8.3% | 0 | 0.0% | 4 | 4.1% |
| 無回答 | 9 | 1.2% | 5 | 2.6% | 0 | 0.0% | 0 | 0.0% | 6 | 6.4% | 0 | 0.0% | 0 | 0.0% | 1 | 1.0% |
| 非該当 | 273 | 29.1% | 58 | 24.6% | 47 | 100.0% | 0 | 0.0% | 107 | 55.7% | 8 | 50.0% | 0 | 0.0% | 68 | 60.6% |
| 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | 100.0% | 97 | 100.0% |

3.4 受診券、案内等の実施状況（直営及び個別契約状況について回答。集合契約のみで実施している保険者は回答不要）

(1) 個別送付の実施の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| あり | 654 | 87.8% | 144 | 75.8% | 0 | 0.0% | 1 | 100.0% | 83 | 88.3% | 11 | 91.7% | | | 78 | 80.4% |
| なし | 76 | 10.2% | 41 | 21.6% | 1 | 100.0% | 0 | 0.0% | 6 | 6.5% | 0 | 0.0% | | | 18 | 18.6% |
| 無回答 | 15 | 2.0% | 5 | 2.6% | 0 | 0.0% | 0 | 0.0% | 5 | 5.4% | 1 | 8.3% | | | 1 | 1.0% |
| 非該当 | 273 | | 58 | | 47 | | 0 | | 107 | | 8 | | 0 | | 68 | |
| 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | | 97 | 100.0% |

(2) 送付対象者

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------|-------------|--------|----------|--------|-------|---|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 対象者全員 | 380 | 58.1% | 75 | 52.1% | | | 1 | 100.0% | 59 | 71.1% | 9 | 81.8% | | | 54 | 69.2% |
| 申請があった者 | 108 | 16.5% | 41 | 28.5% | | | 0 | 0.0% | 6 | 7.2% | 0 | 0.0% | | | 15 | 19.2% |
| 年齢等の条件に該当した者 | 109 | 16.7% | 16 | 11.1% | | | 0 | 0.0% | 13 | 15.7% | 2 | 18.2% | | | 7 | 9.0% |
| その他 | 36 | 5.5% | 5 | 3.5% | | | 0 | 0.0% | 4 | 4.8% | 0 | 0.0% | | | 2 | 2.6% |
| 無回答 | 21 | 3.2% | 7 | 4.9% | | | 0 | 0.0% | 1 | 1.2% | 0 | 0.0% | | | 0 | 0.0% |
| 非該当 | 364 | | 104 | | | | 0 | | 118 | | 9 | | | | 87 | |
| 全体 | 654 | 100.0% | 144 | 100.0% | 0 | | 1 | 100.0% | 83 | 100.0% | 11 | 100.0% | | | 78 | 100.0% |

(3) 送付方法(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------|-------------|--------|----------|--------|-------|---|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 事業主経由 | 240 | 36.7% | 69 | 47.9% | | | 1 | 100.0% | 68 | 81.9% | 5 | 45.5% | | | 23 | 29.5% |
| 被扶養者の自宅へ送付 | 351 | 53.7% | 62 | 43.1% | | | 0 | 0.0% | 19 | 22.9% | 6 | 54.5% | | | 19 | 24.4% |
| 被保険者の自宅へ送付 | 162 | 24.8% | 41 | 28.5% | | | 0 | 0.0% | 34 | 41.0% | 0 | 0.0% | | | 38 | 48.7% |
| その他 | 32 | 4.9% | 1 | 0.7% | | | 0 | 0.0% | 3 | 3.6% | 0 | 0.0% | | | 8 | 10.3% |
| 無回答 | 20 | 3.1% | 7 | 4.9% | | | 0 | 0.0% | 1 | 1.2% | 0 | 0.0% | | | 2 | 2.6% |
| 非該当 | 364 | | 104 | | | | 0 | | 118 | | 9 | | | | 87 | |
| 全体 | 654 | 100.0% | 144 | 100.0% | 0 | | 1 | 100.0% | 83 | 100.0% | 11 | 100.0% | | | 78 | 100.0% |

(4) 個別通知(案内)の時期(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------|-------------|--------|----------|--------|-------|---|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 当初一斉通知 | 487 | 74.5% | 103 | 71.5% | | | 1 | 100.0% | 64 | 77.1% | 9 | 81.8% | | | 59 | 75.6% |
| 段階的に通知 | 44 | 6.7% | 13 | 9.0% | | | 0 | 0.0% | 4 | 4.8% | 0 | 0.0% | | | 4 | 4.1% |
| その他 | 147 | 22.5% | 38 | 26.4% | | | 0 | 0.0% | 25 | 30.1% | 2 | 18.2% | | | 21 | 21.6% |
| 無回答 | 8 | 1.2% | 1 | 0.7% | | | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 1 | 1.0% |
| 非該当 | 364 | | 104 | | | | 0 | | 118 | | 9 | | | | 87 | |
| 全体 | 654 | 100.0% | 144 | 100.0% | 0 | | 1 | 100.0% | 83 | 100.0% | 11 | 100.0% | | | 78 | 100.0% |

3.5 健診結果の通知（直営及び個別契約状況について回答。集合契約のみで実施している保険者は回答不要）

(1) 健診結果の通知方法(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 個別健診の場合 | | | | | | | | | | | | | | | | |
| 対面にて説明(個別) | 140 | 18.8% | 45 | 23.7% | 0 | 0.0% | 1 | 100.0% | 31 | 33.0% | 0 | 0.0% | 0 | 0.0% | 23 | 23.7% |
| 対面にて説明(集団) | 4 | 0.5% | 5 | 2.6% | 0 | 0.0% | 0 | 0.0% | 2 | 2.1% | 0 | 0.0% | 0 | 0.0% | 7 | 7.2% |
| 郵送 | 545 | 73.2% | 141 | 74.2% | 1 | 100.0% | 1 | 100.0% | 59 | 62.8% | 10 | 83.3% | 0 | 0.0% | 60 | 61.9% |
| その他 | 116 | 15.6% | 28 | 14.7% | 0 | 0.0% | 0 | 0.0% | 12 | 12.8% | 1 | 8.3% | 0 | 0.0% | 19 | 19.6% |
| 無回答 | 55 | 7.4% | 14 | 7.4% | 0 | 0.0% | 0 | 0.0% | 13 | 13.8% | 0 | 0.0% | 0 | 0.0% | 10 | 10.3% |
| 非該当 | 273 | | 58 | | 47 | | 0 | | 107 | | 8 | | 0 | | 68 | |
| 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | | 97 | 100.0% |
| 集団健診の場合 | | | | | | | | | | | | | | | | |
| 対面にて説明(個別) | 31 | 4.2% | 8 | 4.2% | 0 | 0.0% | 0 | 0.0% | 2 | 2.1% | 0 | 0.0% | 0 | 0.0% | 13 | 13.4% |
| 対面にて説明(集団) | 16 | 2.1% | 5 | 2.6% | 0 | 0.0% | 0 | 0.0% | 2 | 2.1% | 0 | 0.0% | 0 | 0.0% | 8 | 8.2% |
| 郵送 | 293 | 39.3% | 120 | 63.2% | 0 | 0.0% | 1 | 100.0% | 34 | 36.2% | 1 | 8.3% | 0 | 0.0% | 58 | 59.8% |
| その他 | 52 | 7.0% | 21 | 11.1% | 0 | 0.0% | 0 | 0.0% | 9 | 9.6% | 0 | 0.0% | 0 | 0.0% | 16 | 16.5% |
| 無回答 | 383 | 51.4% | 46 | 24.2% | 1 | 100.0% | 0 | 0.0% | 49 | 52.1% | 10 | 83.3% | 0 | 0.0% | 17 | 17.5% |
| 非該当 | 273 | | 58 | | 47 | | 0 | | 107 | | 8 | | 0 | | 68 | |
| 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | | 97 | 100.0% |

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------------------|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| (2) 受診勤奨値を超えた者への受診勤奨実施の有無 | | | | | | | | | | | | | | | | | |
| 個別健診の場合 | | | | | | | | | | | | | | | | | |
| 被扶養者 | あり | 268 | 36.0% | 77 | 40.5% | 0 | 0.0% | 1 | 100.0% | 25 | 26.6% | 5 | 41.7% | | | 19 | 19.6% |
| | なし | 427 | 57.3% | 97 | 51.1% | 1 | 100.0% | 0 | 0.0% | 55 | 58.5% | 6 | 50.0% | | | 71 | 73.2% |
| | 無回答 | 50 | 6.7% | 16 | 8.4% | 0 | 0.0% | 0 | 0.0% | 14 | 14.9% | 0 | 0.0% | | | 7 | 7.2% |
| | 非該当 | 273 | | 58 | | 47 | | 0 | | 107 | | 8 | | 0 | | 68 | |
| | 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | | 97 | 100.0% |
| 集団健診の場合 | | | | | | | | | | | | | | | | | |
| 被扶養者 | あり | 146 | 19.6% | 68 | 35.8% | 0 | 0.0% | 1 | 100.0% | 12 | 12.8% | 0 | 0.0% | | | 22 | 22.7% |
| | なし | 230 | 30.9% | 81 | 42.6% | 0 | 0.0% | 0 | 0.0% | 37 | 39.4% | 1 | 8.3% | | | 59 | 60.8% |
| | 無回答 | 369 | 49.5% | 41 | 21.6% | 1 | 100.0% | 0 | 0.0% | 45 | 47.9% | 10 | 83.3% | | | 16 | 16.5% |
| | 非該当 | 273 | | 58 | | 47 | | 0 | | 107 | | 8 | | 0 | | 68 | |
| | 全体 | 745 | 100.0% | 190 | 100.0% | 1 | 100.0% | 1 | 100.0% | 94 | 100.0% | 12 | 100.0% | 1 | | 97 | 100.0% |

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------------------|-----|-------------|--------|----------|--------|-------|---|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| (3) ありの場合、医療機関受診の確認の有無 | | | | | | | | | | | | | | | | | |
| 個別健診の場合 | | | | | | | | | | | | | | | | | |
| 被扶養者 | あり | 59 | 22.0% | 25 | 32.5% | | | 0 | 0.0% | 5 | 20.0% | 1 | 20.0% | | | 3 | 15.8% |
| | なし | 205 | 76.5% | 51 | 66.2% | | | 1 | 100.0% | 19 | 76.0% | 4 | 80.0% | | | 16 | 84.2% |
| | 無回答 | 4 | 1.5% | 1 | 1.3% | | | 0 | 0.0% | 1 | 4.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 750 | | 171 | | 48 | | 0 | | 176 | | 15 | | 1 | | 146 | |
| | 全体 | 268 | 100.0% | 77 | 100.0% | 0 | | 1 | 100.0% | 25 | 100.0% | 5 | 100.0% | 0 | | 19 | 100.0% |
| 集団健診の場合 | | | | | | | | | | | | | | | | | |
| 被扶養者 | あり | 37 | 25.3% | 18 | 26.5% | | | 0 | 0.0% | 2 | 16.7% | | | | | 5 | 22.7% |
| | なし | 107 | 73.3% | 50 | 73.5% | | | 1 | 100.0% | 10 | 83.3% | | | | | 17 | 77.3% |
| | 無回答 | 2 | 1.4% | 0 | 0.0% | | | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% |
| | 非該当 | 872 | | 180 | | 48 | | 0 | | 189 | | 20 | | 1 | | 143 | |
| | 全体 | 146 | 100.0% | 68 | 100.0% | 0 | | 1 | 100.0% | 12 | 100.0% | 0 | | 0 | | 22 | 100.0% |

3.6 未受診者への受診勤奨の取組状況

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------------|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| (1) 受診勤奨の実施の有無 | | | | | | | | | | | | | | | | | |
| 被保険者 | あり | 310 | 30.5% | 39 | 15.7% | 31 | 64.6% | 1 | 100.0% | 65 | 32.3% | 4 | 20.0% | 0 | 0.0% | 52 | 31.5% |
| | なし | 685 | 67.3% | 207 | 83.5% | 17 | 35.4% | 0 | 0.0% | 132 | 65.7% | 15 | 75.0% | 1 | 100.0% | 110 | 66.7% |
| | 無回答 | 23 | 2.3% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| | 非該当 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | あり | 179 | 17.6% | 25 | 10.1% | 30 | 62.5% | 1 | 100.0% | 46 | 22.9% | 7 | 35.0% | 0 | 0.0% | 50 | 30.3% |
| | なし | 808 | 79.4% | 220 | 88.7% | 18 | 37.5% | 0 | 0.0% | 145 | 72.1% | 12 | 60.0% | 1 | 100.0% | 111 | 67.3% |
| | 無回答 | 31 | 3.0% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 10 | 5.0% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| | 非該当 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------------------|------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| (2) 受診勤奨の方法(複数回答) | | | | | | | | | | | | | | | | | |
| 被保険者 | 文書送付 | 171 | 55.2% | 25 | 64.1% | 21 | 67.7% | 0 | 0.0% | 37 | 56.9% | 2 | 50.0% | | | 40 | 76.9% |
| | 電話案内 | 145 | 46.8% | 6 | 15.4% | 10 | 32.3% | 0 | 0.0% | 16 | 24.6% | 0 | 0.0% | | | 11 | 21.2% |
| | 個別訪問 | 13 | 4.2% | 4 | 10.3% | 14 | 45.2% | 0 | 0.0% | 2 | 3.1% | 0 | 0.0% | | | 4 | 7.7% |
| | その他 | 67 | 21.6% | 10 | 25.6% | 6 | 19.4% | 1 | 100.0% | 22 | 33.8% | 2 | 50.0% | | | 13 | 25.0% |
| | 無回答 | 4 | 1.3% | 2 | 5.1% | 0 | 0.0% | 0 | 0.0% | 3 | 4.6% | 0 | 0.0% | | | 2 | 3.8% |
| | 非該当 | 708 | | 209 | | 17 | | 0 | | 136 | | 16 | | 1 | | 113 | |
| | 全体 | 310 | 100.0% | 39 | 100.0% | 31 | 100.0% | 1 | 100.0% | 65 | 100.0% | 4 | 100.0% | 0 | | 52 | 100.0% |
| 被扶養者 | 文書送付 | 134 | 74.9% | 17 | 68.0% | 25 | 83.3% | 0 | 0.0% | 28 | 60.9% | 4 | 57.1% | | | 40 | 80.0% |
| | 電話案内 | 25 | 14.0% | 1 | 4.0% | 8 | 26.7% | 0 | 0.0% | 3 | 6.5% | 0 | 0.0% | | | 11 | 22.0% |
| | 個別訪問 | 1 | 0.6% | 0 | 0.0% | 8 | 26.7% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 4 | 8.0% |
| | その他 | 26 | 14.5% | 9 | 36.0% | 8 | 26.7% | 1 | 100.0% | 14 | 30.4% | 3 | 42.9% | | | 11 | 22.0% |
| | 無回答 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 2 | 4.0% |
| | 非該当 | 839 | | 223 | | 18 | | 0 | | 155 | | | | 1 | | 115 | |
| | 全体 | 179 | 100.0% | 25 | 100.0% | 30 | 100.0% | 1 | 100.0% | 46 | 100.0% | 7 | 100.0% | 0 | | 50 | 100.0% |

| (3) 未受診の理由把握の実施の有無 | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | あり | 184 | 18.1% | 13 | 5.2% | 20 | 41.7% | 0 | 0.0% | 43 | 21.4% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | なし | 626 | 61.5% | 179 | 72.2% | 26 | 54.2% | 1 | 100.0% | 128 | 63.7% | 11 | 55.0% | 0 | 0.0% | 131 | 79.4% |
| | 無回答 | 208 | 20.4% | 56 | 22.6% | 2 | 4.2% | 0 | 0.0% | 30 | 14.9% | 9 | 45.0% | 1 | 100.0% | 24 | 14.5% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | あり | 64 | 6.3% | 5 | 2.0% | 8 | 16.7% | 0 | 0.0% | 9 | 4.5% | 1 | 5.0% | 0 | 0.0% | 9 | 5.5% |
| | なし | 690 | 67.8% | 178 | 71.8% | 34 | 70.8% | 1 | 100.0% | 143 | 71.1% | 11 | 55.0% | 0 | 0.0% | 132 | 80.0% |
| | 無回答 | 264 | 25.9% | 65 | 26.2% | 6 | 12.5% | 0 | 0.0% | 49 | 24.4% | 8 | 40.0% | 1 | 100.0% | 24 | 14.5% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

3.7 受診率向上のために工夫している点

(1) 受診率向上のために工夫している点(複数回答)

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------|-------------------|-------------|-------|----------|-------|--------|-------|--------|--------|--------|-------|--------|-------|--------|--------|----------|-------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被扶養者 | 受診券の送付 | 388 | 38.1% | 99 | 39.9% | 10 | 20.8% | 0 | 0.0% | 156 | 78.4% | 11 | 55.0% | 1 | 100.0% | 94 | 57.0% |
| | 年度途中の未受診者の受診勧奨 | 162 | 15.9% | 13 | 5.2% | 20 | 41.7% | 0 | 0.0% | 29 | 14.6% | 4 | 20.0% | 0 | 0.0% | 41 | 24.8% |
| | 商工会・農協・漁協等との連携 | 1 | 0.1% | 2 | 0.8% | 13 | 27.1% | 1 | 100.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 3 | 0.3% | 1 | 0.4% | 6 | 12.5% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 24 | 14.5% |
| | 保健指導終了者の協力 | 3 | 0.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 職域(事業所)・労働組合との連携 | 171 | 16.8% | 58 | 23.4% | 13 | 27.1% | 1 | 100.0% | 20 | 10.1% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| | 民間企業との連携 | 4 | 0.4% | 1 | 0.4% | 1 | 2.1% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他、関係団体を通じての呼びかけ | 15 | 1.5% | 8 | 3.2% | 17 | 35.4% | 1 | 100.0% | 4 | 2.0% | 0 | 0.0% | 1 | 100.0% | 24 | 14.5% |
| | 電話連絡 | 37 | 3.6% | 1 | 0.4% | 6 | 12.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 13 | 7.9% |
| | 個別訪問 | 6 | 0.6% | 2 | 0.8% | 6 | 12.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 広報キャンペーン | 322 | 31.6% | 102 | 41.1% | 27 | 56.3% | 1 | 100.0% | 72 | 36.2% | 4 | 20.0% | 1 | 100.0% | 49 | 29.7% |
| | ポピュレーションアプローチとの連携 | 23 | 2.3% | 4 | 1.6% | 4 | 8.3% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 自己負担の無料化 | 467 | 45.9% | 101 | 40.7% | 0 | 0.0% | 0 | 0.0% | 103 | 51.8% | 8 | 40.0% | 0 | 0.0% | 115 | 69.7% |
| | その他 | 62 | 6.1% | 14 | 5.6% | 10 | 20.8% | 0 | 0.0% | 5 | 2.5% | 3 | 15.0% | 0 | 0.0% | 9 | 5.5% |
| | 特になし | 138 | 13.6% | 31 | 12.5% | 3 | 6.3% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 無回答 | 66 | 6.5% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 1 | 5.0% | 0 | 0.0% | 8 | 4.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 101.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

(2) 受診率向上のために工夫している点(主なも3つまでの回答)

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------|-------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被扶養者 | 受診券の送付 | 252 | 24.8% | 64 | 25.8% | 8 | 16.7% | 0 | 0.0% | 72 | 35.8% | 6 | 30.0% | 1 | 100.0% | 39 | 23.6% |
| | 年度途中の未受診者の受診勧奨 | 126 | 12.4% | 10 | 4.0% | 14 | 29.2% | 0 | 0.0% | 23 | 11.4% | 4 | 20.0% | 0 | 0.0% | 23 | 13.9% |
| | 商工会・農協・漁協等との連携 | 0 | 0.0% | 1 | 0.4% | 5 | 10.4% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 2 | 0.2% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | 保健指導終了者の協力 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 職域(事業所)・労働組合との連携 | 82 | 8.1% | 36 | 14.5% | 6 | 12.5% | 1 | 100.0% | 10 | 5.0% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | 民間企業との連携 | 3 | 0.3% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| | その他、関係団体を通じての呼びかけ | 11 | 1.1% | 4 | 1.6% | 8 | 16.7% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 100.0% | 12 | 7.3% |
| | 電話連絡 | 25 | 2.5% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| | 個別訪問 | 2 | 0.2% | 0 | 0.0% | 4 | 8.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 広報キャンペーン | 169 | 16.6% | 57 | 23.0% | 15 | 31.3% | 1 | 100.0% | 26 | 12.9% | 3 | 15.0% | 1 | 100.0% | 28 | 17.0% |
| | ポピュレーションアプローチとの連携 | 9 | 0.9% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 自己負担の無料化 | 304 | 29.9% | 72 | 29.0% | 3 | 6.3% | 0 | 0.0% | 66 | 32.8% | 5 | 25.0% | 0 | 0.0% | 58 | 35.2% |
| | その他 | 54 | 5.3% | 14 | 5.6% | 6 | 12.5% | 0 | 0.0% | 3 | 1.5% | 2 | 10.0% | 0 | 0.0% | 8 | 4.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

3.8 特定健診の自己負担額の状況

(1) 自己負担の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 自己負担あり | 182 | 17.9% | 88 | 35.5% | 48 | 100.0% | 1 | 100.0% | 69 | 34.3% | 9 | 45.0% | 0 | 0.0% | 19 | 11.5% |
| 自己負担なし | 819 | 80.5% | 159 | 64.1% | 0 | 0.0% | 0 | 0.0% | 128 | 63.7% | 10 | 50.0% | 1 | 100.0% | 143 | 86.7% |
| 無回答 | 17 | 1.7% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 自己負担の設定方法(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------------|-------------|-------|----------|-------|-------|--------|------|--------|-----|-------|-----|-------|--------|---|----------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被扶養者 | | | | | | | | | | | | | | | | |
| 定額 | 91 | 50.0% | 56 | 63.6% | 0 | 0.0% | 1 | 100.0% | 63 | 91.3% | 3 | 33.3% | | | 12 | 63.2% |
| 定額だが、年齢に応じて異なる | 2 | 1.1% | 2 | 2.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| 定率 | 37 | 20.3% | 11 | 12.5% | 0 | 0.0% | 0 | 0.0% | 3 | 4.3% | 6 | 66.7% | | | 3 | 15.8% |
| 定率だが、年齢に応じて異なる | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| その他の条件 | 63 | 34.6% | 24 | 27.3% | 48 | 100.0% | 1 | 100.0% | 4 | 5.8% | 1 | 11.1% | | | 4 | 21.1% |
| 無回答 | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |

(3) 自己負担額

自己負担ありと回答し、自己負担額に記載のある保険者で算出

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------|-------------|--|----------|--|--------|--|--------|--|--------|--|--------|--|--------|--|----------|--|
| 平均金額(円) | 1741.5 | | 1521.5 | | 2662.7 | | 1425.0 | | 1053.8 | | 2623.4 | | | | 2544.6 | |

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 0円(自己負担なしと回答した保険者) | 819 | 80.5% | 159 | 64.1% | 0 | 0.0% | 0 | 0.0% | 128 | 63.7% | 10 | 50.0% | 1 | 100.0% | 143 | 86.7% |
| 500円未満 | 0 | 0.0% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| 500～1,000円未満 | 9 | 0.9% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 1,000～1,500円未満 | 35 | 3.4% | 33 | 13.3% | 1 | 2.1% | 1 | 100.0% | 60 | 29.9% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| 1,500～2,000円未満 | 4 | 0.4% | 4 | 1.6% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 2,000円以上 | 42 | 4.1% | 16 | 6.5% | 2 | 4.2% | 0 | 0.0% | 3 | 1.5% | 5 | 25.0% | 0 | 0.0% | 6 | 3.6% |
| 無回答 | 109 | 10.7% | 31 | 12.5% | 44 | 91.7% | 0 | 0.0% | 9 | 4.5% | 5 | 25.0% | 0 | 0.0% | 7 | 4.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

3.9 特定保健指導対象者選定のための階層化の状況

(1) 対象者の重点化(絞り込み)の有無の状況

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|-------|---------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機支援 | 該当者は一律に対象者とする | 449 | 44.1% | 131 | 52.8% | 48 | 100.0% | 1 | 100.0% | 122 | 60.7% | 13 | 65.0% | 0 | 0.0% | 121 | 73.3% |
| | 一部絞り込みを行っている | 486 | 47.7% | 108 | 43.5% | 0 | 0.0% | 0 | 0.0% | 71 | 35.3% | 4 | 20.0% | 0 | 0.0% | 32 | 19.4% |
| | 無回答 | 83 | 8.2% | 9 | 3.6% | 0 | 0.0% | 0 | 0.0% | 8 | 4.0% | 3 | 15.0% | 1 | 100.0% | 12 | 7.3% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 種別的支援 | 該当者は一律に対象者とする | 431 | 42.3% | 128 | 51.6% | 48 | 100.0% | 1 | 100.0% | 117 | 58.2% | 13 | 65.0% | 1 | 100.0% | 122 | 73.9% |
| | 一部絞り込みを行っている | 506 | 49.7% | 108 | 43.5% | 0 | 0.0% | 0 | 0.0% | 75 | 37.3% | 4 | 20.0% | 0 | 0.0% | 32 | 19.4% |
| | 無回答 | 81 | 8.0% | 12 | 4.8% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 3 | 15.0% | 0 | 0.0% | 11 | 6.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機支援 | 該当者は一律に対象者とする | 420 | 41.3% | 133 | 53.6% | 48 | 100.0% | 1 | 100.0% | 133 | 66.2% | 14 | 70.0% | 0 | 0.0% | 118 | 71.5% |
| | 一部絞り込みを行っている | 260 | 25.5% | 71 | 28.6% | 0 | 0.0% | 0 | 0.0% | 49 | 24.4% | 3 | 15.0% | 0 | 0.0% | 32 | 19.4% |
| | 無回答 | 338 | 33.2% | 44 | 17.7% | 0 | 0.0% | 0 | 0.0% | 18 | 9.0% | 3 | 15.0% | 1 | 100.0% | 15 | 9.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 種別的支援 | 該当者は一律に対象者とする | 409 | 40.2% | 133 | 53.6% | 48 | 100.0% | 1 | 100.0% | 134 | 66.7% | 14 | 70.0% | 1 | 100.0% | 118 | 71.5% |
| | 一部絞り込みを行っている | 254 | 25.0% | 69 | 27.8% | 0 | 0.0% | 0 | 0.0% | 48 | 23.9% | 3 | 15.0% | 0 | 0.0% | 32 | 19.4% |
| | 無回答 | 355 | 34.9% | 46 | 18.5% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 3 | 15.0% | 0 | 0.0% | 15 | 9.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

| (2)重点化の方法(複数回答) | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------|--------------------|-------------|--------|----------|--------|-------|---|------|----|--------|--------|--------|--------|--------|----|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機づけ支援 | 地域による優先順位付け | 224 | 46.1% | 31 | 28.7% | | | | | 5 | 7.0% | 0 | 0.0% | | | 1 | 3.1% |
| | 年齢による優先順位付け | 205 | 42.2% | 57 | 52.8% | | | | | 42 | 59.2% | 2 | 50.0% | | | 10 | 31.3% |
| | 性別による優先順位付け | 21 | 4.3% | 3 | 2.8% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 検査値・対象リスクによる優先順位付け | 229 | 47.1% | 53 | 49.1% | | | | | 37 | 52.1% | 3 | 75.0% | | | 38 | 118.8% |
| | 受診・利用状況による優先順位付け | 57 | 11.7% | 21 | 19.4% | | | | | 14 | 19.7% | 0 | 0.0% | | | 11 | 34.4% |
| | その他 | 129 | 26.5% | 33 | 30.6% | | | | | 29 | 40.8% | 0 | 0.0% | | | 25 | 78.1% |
| | 無回答 | 2 | 0.4% | 1 | 0.9% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 全体 | 486 | 100.0% | 108 | 100.0% | | | | | 71 | 100.0% | 4 | 100.0% | | | 32 | 100.0% |
| | 地域による優先順位付け | 232 | 45.8% | 35 | 32.4% | | | | | 6 | 8.0% | 0 | 0.0% | | | 2 | 6.3% |
| | 年齢による優先順位付け | 214 | 42.3% | 57 | 52.8% | | | | | 47 | 62.7% | 2 | 50.0% | | | 9 | 28.1% |
| 性別による優先順位付け | 26 | 5.1% | 2 | 1.9% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% | |
| 検査値・対象リスクによる優先順位付け | 243 | 48.0% | 54 | 50.0% | | | | | 42 | 56.0% | 3 | 75.0% | | | 38 | 118.8% | |
| 受診・利用状況による優先順位付け | 62 | 12.3% | 22 | 20.4% | | | | | 14 | 18.7% | 0 | 0.0% | | | 10 | 31.3% | |
| その他 | 129 | 25.5% | 33 | 30.6% | | | | | 29 | 38.7% | 0 | 0.0% | | | 25 | 78.1% | |
| 無回答 | 2 | 0.4% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% | |
| 全体 | 506 | 100.0% | 108 | 100.0% | | | | | 75 | 100.0% | 4 | 100.0% | | | 32 | 100.0% | |
| 動機づけ支援 | 地域による優先順位付け | 89 | 34.2% | 12 | 16.9% | | | | | 2 | 4.1% | 0 | 0.0% | | | 1 | 3.1% |
| | 年齢による優先順位付け | 94 | 36.2% | 37 | 52.1% | | | | | 23 | 46.9% | 1 | 33.3% | | | 10 | 31.3% |
| | 性別による優先順位付け | 6 | 2.3% | 1 | 1.4% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 検査値・対象リスクによる優先順位付け | 104 | 40.0% | 37 | 52.1% | | | | | 24 | 49.0% | 3 | 100.0% | | | 38 | 118.8% |
| | 受診・利用状況による優先順位付け | 34 | 13.1% | 15 | 21.1% | | | | | 8 | 16.3% | 0 | 0.0% | | | 11 | 34.4% |
| | その他 | 103 | 39.6% | 24 | 33.8% | | | | | 23 | 46.9% | 0 | 0.0% | | | 25 | 78.1% |
| | 無回答 | 5 | 1.9% | 1 | 1.4% | | | | | 2 | 4.1% | 0 | 0.0% | | | 0 | 0.0% |
| | 全体 | 260 | 100.0% | 71 | 100.0% | | | | | 49 | 100.0% | 3 | 100.0% | | | 32 | 100.0% |
| | 地域による優先順位付け | 89 | 35.0% | 11 | 15.9% | | | | | 2 | 4.2% | 0 | 0.0% | | | 2 | 6.3% |
| | 年齢による優先順位付け | 94 | 37.0% | 37 | 53.6% | | | | | 24 | 50.0% | 1 | 33.3% | | | 9 | 28.1% |
| 性別による優先順位付け | 6 | 2.4% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% | |
| 検査値・対象リスクによる優先順位付け | 104 | 40.9% | 36 | 52.2% | | | | | 25 | 52.1% | 3 | 100.0% | | | 38 | 118.8% | |
| 受診・利用状況による優先順位付け | 34 | 13.4% | 13 | 18.8% | | | | | 8 | 16.7% | 0 | 0.0% | | | 10 | 31.3% | |
| その他 | 103 | 40.6% | 25 | 36.2% | | | | | 25 | 52.1% | 0 | 0.0% | | | 25 | 78.1% | |
| 無回答 | 4 | 1.6% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% | |
| 全体 | 254 | 100.0% | 69 | 100.0% | | | | | 48 | 100.0% | 3 | 100.0% | | | 32 | 100.0% | |

3.10 受診勤奨値を超えた者・服薬中者への対応

| (1)受診勤奨値を超えた保健指導対象者に対する保健指導の実施の有無 | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-----------------------------------|--------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | 保健指導を実施 | 568 | 55.8% | 158 | 63.7% | 48 | 100.0% | 0 | 0.0% | 133 | 66.2% | 7 | 35.0% | 1 | 100.0% | 83 | 50.3% |
| | 保健指導を実施していない | 413 | 40.6% | 82 | 33.1% | 0 | 0.0% | 1 | 100.0% | 60 | 29.9% | 8 | 40.0% | 0 | 0.0% | 71 | 43.0% |
| | 無回答 | 37 | 3.6% | 8 | 3.2% | 0 | 0.0% | 0 | 0.0% | 8 | 4.0% | 5 | 25.0% | 0 | 0.0% | 11 | 6.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 保健指導を実施 | 262 | 25.7% | 109 | 44.0% | 48 | 100.0% | 0 | 0.0% | 109 | 54.2% | 6 | 30.0% | 1 | 100.0% | 82 | 49.7% |
| | 保健指導を実施していない | 569 | 55.9% | 109 | 44.0% | 0 | 0.0% | 1 | 100.0% | 80 | 39.8% | 8 | 40.0% | 0 | 0.0% | 72 | 43.6% |
| | 無回答 | 187 | 18.4% | 30 | 12.1% | 0 | 0.0% | 0 | 0.0% | 12 | 6.0% | 6 | 30.0% | 0 | 0.0% | 11 | 6.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2)肥満を伴わない(服薬中の者を除く)受診勤奨値を超えている人への対応

| (2)肥満を伴わない(服薬中の者を除く)受診勤奨値を超えている人への対応 | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------------------------|--------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | 保健指導を実施 | 288 | 28.3% | 93 | 37.5% | 48 | 100.0% | 0 | 0.0% | 60 | 29.9% | 1 | 5.0% | 0 | 0.0% | 38 | 23.0% |
| | 保健指導を実施していない | 687 | 67.5% | 148 | 59.7% | 0 | 0.0% | 1 | 100.0% | 132 | 65.7% | 13 | 65.0% | 1 | 100.0% | 114 | 69.1% |
| | 無回答 | 43 | 4.2% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 6 | 30.0% | 0 | 0.0% | 13 | 7.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 保健指導を実施 | 100 | 9.8% | 55 | 22.2% | 1 | 2.1% | 0 | 0.0% | 43 | 21.4% | 1 | 5.0% | 0 | 0.0% | 38 | 23.0% |
| | 保健指導を実施していない | 730 | 71.7% | 168 | 67.7% | 47 | 97.9% | 1 | 100.0% | 144 | 71.6% | 12 | 60.0% | 1 | 100.0% | 114 | 69.1% |
| | 無回答 | 188 | 18.5% | 25 | 10.1% | 0 | 0.0% | 0 | 0.0% | 14 | 7.0% | 7 | 35.0% | 0 | 0.0% | 13 | 7.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(3)健診受診時に服薬治療中である者への保健指導実施状況

| (3)健診受診時に服薬治療中である者への保健指導実施状況 | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------------------------|--------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | 保健指導を実施 | 180 | 17.7% | 54 | 21.8% | 47 | 97.9% | 0 | 0.0% | 25 | 12.4% | 0 | 0.0% | 0 | 0.0% | 26 | 15.8% |
| | 保健指導を実施していない | 803 | 78.9% | 188 | 75.8% | 1 | 2.1% | 1 | 100.0% | 172 | 85.6% | 16 | 80.0% | 0 | 0.0% | 129 | 78.2% |
| | 無回答 | 35 | 3.4% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 4 | 20.0% | 0 | 0.0% | 10 | 6.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 保健指導を実施 | 43 | 4.2% | 28 | 11.3% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 25 | 15.2% |
| | 保健指導を実施していない | 788 | 77.4% | 194 | 78.2% | 48 | 100.0% | 1 | 100.0% | 171 | 85.1% | 15 | 75.0% | 1 | 100.0% | 129 | 78.2% |
| | 無回答 | 187 | 18.4% | 26 | 10.5% | 0 | 0.0% | 0 | 0.0% | 10 | 5.0% | 5 | 25.0% | 0 | 0.0% | 11 | 6.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

3.11 2年間を経過しての評価・意見

(1) 特定健診の円滑な実施のために改善が必要と考えられる項目
(主なものを3つまでの複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 制度周知方法 | 217 | 21.3% | 66 | 26.6% | 35 | 72.9% | | 0.0% | 68 | 33.8% | 5 | 25.0% | 1 | 100.0% | 37 | 22.4% |
| 実施場所 | 143 | 14.0% | 41 | 16.5% | 5 | 10.4% | | 0.0% | 30 | 14.9% | 6 | 30.0% | 0 | 0.0% | 18 | 10.9% |
| 実施期間 | 116 | 11.4% | 21 | 8.5% | 3 | 6.3% | | 0.0% | 21 | 10.4% | 1 | 5.0% | 1 | 100.0% | 26 | 15.8% |
| 委託先 | 105 | 10.3% | 27 | 10.9% | 4 | 8.3% | 1 | 100.0% | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 15 | 9.1% |
| 他の健診との同時実施の体制づくり | 181 | 17.8% | 40 | 16.1% | 29 | 60.4% | 1 | 100.0% | 70 | 34.8% | 5 | 25.0% | 0 | 0.0% | 46 | 27.9% |
| 受診券の個別通知 | 30 | 2.9% | 10 | 4.0% | 16 | 33.3% | | 0.0% | 8 | 4.0% | 3 | 15.0% | 0 | 0.0% | 12 | 7.3% |
| 健診結果の管理 | 123 | 12.1% | 25 | 10.1% | 1 | 2.1% | | 0.0% | 13 | 6.5% | 3 | 15.0% | 0 | 0.0% | 10 | 6.1% |
| 対象者の設定(重点化) | 58 | 5.7% | 7 | 2.8% | 3 | 6.3% | 4 | 400.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| 費用決済 | 32 | 3.1% | 11 | 4.4% | 3 | 6.3% | | 0.0% | 7 | 3.5% | 2 | 10.0% | 0 | 0.0% | 10 | 6.1% |
| 未受診者への勧奨 | 353 | 34.7% | 71 | 28.6% | 15 | 31.3% | | 0.0% | 54 | 26.9% | 3 | 15.0% | 1 | 100.0% | 56 | 33.9% |
| 資格異動者の把握 | 22 | 2.2% | 10 | 4.0% | 1 | 2.1% | | 0.0% | 14 | 7.0% | 2 | 10.0% | 0 | 0.0% | 2 | 1.2% |
| その他 | 131 | 12.9% | 22 | 8.9% | 20 | 41.7% | 1 | 100.0% | 32 | 15.9% | 3 | 15.0% | 0 | 0.0% | 28 | 17.0% |
| 特になし | 178 | 17.5% | 54 | 21.8% | 1 | 2.1% | | 0.0% | 23 | 11.4% | 2 | 10.0% | 0 | 0.0% | 22 | 13.3% |
| 無回答 | 52 | 5.1% | 10 | 4.0% | 10 | 20.8% | | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 8 | 4.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 平成21年度から平成22年度特定健診に向けて改善した点とその具体的内容

(主なものを3つまでの複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 制度周知方法 | 111 | 10.9% | 30 | 12.1% | 12 | 25.0% | 0 | 0.0% | 37 | 18.4% | 2 | 10.0% | 1 | 100.0% | 29 | 17.6% |
| 個別案内の方法 | 147 | 14.4% | 29 | 11.7% | 28 | 58.3% | 0 | 0.0% | 36 | 17.9% | 3 | 15.0% | 0 | 0.0% | 27 | 16.4% |
| 実施場所 | 77 | 7.6% | 16 | 6.5% | 6 | 12.5% | 0 | 0.0% | 9 | 4.5% | 2 | 10.0% | 0 | 0.0% | 20 | 12.1% |
| 実施期間 | 116 | 11.4% | 16 | 6.5% | 2 | 4.2% | 0 | 0.0% | 28 | 13.9% | 5 | 25.0% | 1 | 100.0% | 22 | 13.3% |
| 委託先 | 115 | 11.3% | 30 | 12.1% | 17 | 35.4% | 1 | 100.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 16 | 9.7% |
| 資格異動者の把握 | 10 | 1.0% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| その他 | 124 | 12.2% | 27 | 10.9% | 21 | 43.8% | 0 | 0.0% | 32 | 15.9% | 6 | 30.0% | 1 | 100.0% | 25 | 15.2% |
| 特になし | 465 | 45.7% | 129 | 52.0% | 2 | 4.2% | 0 | 0.0% | 71 | 35.3% | 5 | 25.0% | 0 | 0.0% | 65 | 39.4% |
| 無回答 | 62 | 6.1% | 14 | 5.6% | 0 | 0.0% | 0 | 0.0% | 16 | 8.0% | 2 | 10.0% | 0 | 0.0% | 7 | 4.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

4. 特定保健指導の実施の状況

4.1 実施の有無

(1) 実施の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|--------------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 実績報告で利用者の計上 | 742 | 72.9% | 198 | 79.8% | 47 | 97.9% | 1 | 100.0% | 189 | 94.0% | 15 | 75.0% | 1 | 100.0% | 88 | 53.3% |
| | 利用者はいたが、実績報告では計上せず | 57 | 5.6% | 12 | 4.8% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 利用機会は作ったが利用者なし | 15 | 1.5% | 5 | 2.0% | 1 | 2.1% | 0 | 0.0% | 0 | 0.0% | 3 | 15.0% | 0 | 0.0% | 41 | 24.8% |
| | 未実施 | 197 | 19.4% | 32 | 12.9% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 29 | 17.6% |
| | 無回答 | 7 | 0.7% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 実績報告で利用者の計上 | 775 | 76.1% | 198 | 79.8% | 47 | 97.9% | 1 | 100.0% | 186 | 92.5% | 15 | 75.0% | 1 | 100.0% | 76 | 46.1% |
| | 利用者はいたが、実績報告では計上せず | 63 | 6.2% | 13 | 5.2% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 利用機会は作ったが利用者なし | 10 | 1.0% | 6 | 2.4% | 1 | 2.1% | 0 | 0.0% | 2 | 1.0% | 3 | 15.0% | 0 | 0.0% | 55 | 33.3% |
| | 未実施 | 161 | 15.8% | 29 | 11.7% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 1 | 5.0% | 0 | 0.0% | 27 | 16.4% |
| | 無回答 | 9 | 0.9% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 実績報告で利用者の計上 | 323 | 31.7% | 114 | 46.0% | 47 | 97.9% | 1 | 100.0% | 154 | 76.6% | 14 | 70.0% | 1 | 100.0% | 81 | 49.1% |
| | 利用者はいたが、実績報告では計上せず | 30 | 2.9% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 利用機会は作ったが利用者なし | 85 | 8.3% | 27 | 10.9% | 1 | 2.1% | 0 | 0.0% | 18 | 9.0% | 2 | 10.0% | 0 | 0.0% | 49 | 29.7% |
| | 未実施 | 568 | 55.8% | 97 | 39.1% | 0 | 0.0% | 0 | 0.0% | 23 | 11.4% | 3 | 15.0% | 0 | 0.0% | 30 | 18.2% |
| | 無回答 | 12 | 1.2% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 1 | 5.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 実績報告で利用者の計上 | 297 | 29.2% | 103 | 41.5% | 47 | 97.9% | 1 | 100.0% | 143 | 71.1% | 14 | 70.0% | 1 | 100.0% | 70 | 42.4% |
| | 利用者はいたが、実績報告では計上せず | 32 | 3.1% | 10 | 4.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 利用機会は作ったが利用者なし | 97 | 9.5% | 28 | 11.3% | 1 | 2.1% | 0 | 0.0% | 24 | 11.9% | 1 | 5.0% | 0 | 0.0% | 61 | 37.0% |
| | 未実施 | 547 | 53.7% | 100 | 40.3% | 0 | 0.0% | 0 | 0.0% | 26 | 12.9% | 3 | 15.0% | 0 | 0.0% | 27 | 16.4% |
| | 無回答 | 45 | 4.4% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 2 | 10.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

| (2)未実施の理由(複数回答) | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-----------------|--------------|-------------|--------|----------|--------|-------|---|------|---|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機づけ支援 | 契約締結の遅れ | 25 | 12.7% | 5 | 15.6% | | | | | 0 | 0.0% | 0 | 0.0% | | | 7 | 24.1% |
| | 健診結果データ処理の遅れ | 42 | 21.3% | 5 | 15.6% | | | | | 2 | 50.0% | 1 | 100.0% | | | 12 | 41.4% |
| | 保険者の人材不足 | 75 | 38.1% | 14 | 43.8% | | | | | 2 | 50.0% | 0 | 0.0% | | | 14 | 48.3% |
| | 予算不足 | 35 | 17.8% | 10 | 31.3% | | | | | 1 | 25.0% | 0 | 0.0% | | | 1 | 3.4% |
| | その他 | 90 | 45.7% | 11 | 34.4% | | | | | 3 | 75.0% | 0 | 0.0% | | | 9 | 31.0% |
| | 無回答 | 3 | 1.5% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 821 | | 216 | | 48 | | 1 | | 197 | | 19 | | 1 | | 136 | |
| | 全体 | 197 | 100.0% | 32 | 100.0% | 0 | | 0 | | 4 | 100.0% | 1 | 100.0% | 0 | | 29 | 100.0% |
| 積極的支援 | 契約締結の遅れ | 26 | 16.1% | 4 | 13.8% | | | | | 0 | 0.0% | 0 | 0.0% | | | 7 | 25.9% |
| | 健診結果データ処理の遅れ | 38 | 23.6% | 6 | 20.7% | | | | | 1 | 20.0% | 1 | 100.0% | | | 12 | 44.4% |
| | 保険者の人材不足 | 69 | 42.9% | 14 | 48.3% | | | | | 2 | 40.0% | 0 | 0.0% | | | 11 | 40.7% |
| | 予算不足 | 30 | 18.6% | 9 | 31.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 2 | 7.4% |
| | その他 | 59 | 36.6% | 10 | 34.5% | | | | | 3 | 60.0% | 0 | 0.0% | | | 9 | 33.3% |
| | 無回答 | 3 | 1.9% | 1 | 3.4% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 857 | | 219 | | 48 | | 1 | | 196 | | 19 | | 1 | | 138 | |
| | 全体 | 161 | 100.0% | 29 | 100.0% | 0 | | 0 | | 5 | 100.0% | 1 | 100.0% | 0 | | 27 | 100.0% |
| 動機づけ支援 | 契約締結の遅れ | 34 | 6.0% | 6 | 6.2% | | | | | 1 | 4.3% | 0 | 0.0% | | | 7 | 23.3% |
| | 健診結果データ処理の遅れ | 85 | 15.0% | 13 | 13.4% | | | | | 7 | 30.4% | 3 | 100.0% | | | 12 | 40.0% |
| | 保険者の人材不足 | 176 | 31.0% | 34 | 35.1% | | | | | 6 | 26.1% | 0 | 0.0% | | | 14 | 46.7% |
| | 予算不足 | 120 | 21.1% | 24 | 24.7% | | | | | 2 | 8.7% | 0 | 0.0% | | | 1 | 3.3% |
| | その他 | 295 | 51.9% | 47 | 48.5% | | | | | 14 | 60.9% | 0 | 0.0% | | | 11 | 36.7% |
| | 無回答 | 13 | 2.3% | 2 | 2.1% | | | | | 0 | 0.0% | 0 | 0.0% | | | 1 | 3.3% |
| | 非該当 | 450 | | 151 | | 48 | | 1 | | 178 | | 17 | | 1 | | 135 | |
| | 全体 | 568 | 100.0% | 97 | 100.0% | 0 | | 0 | | 23 | 100.0% | 3 | 100.0% | 0 | | 30 | 100.0% |
| 積極的支援 | 契約締結の遅れ | 37 | 6.8% | 9 | 9.0% | | | | | 1 | 3.8% | 0 | 0.0% | | | 7 | 25.9% |
| | 健診結果データ処理の遅れ | 79 | 14.4% | 14 | 14.0% | | | | | 11 | 42.3% | 3 | 100.0% | | | 12 | 44.4% |
| | 保険者の人材不足 | 166 | 30.3% | 35 | 35.0% | | | | | 5 | 19.2% | 0 | 0.0% | | | 11 | 40.7% |
| | 予算不足 | 114 | 20.8% | 28 | 28.0% | | | | | 2 | 7.7% | 0 | 0.0% | | | 2 | 7.4% |
| | その他 | 271 | 49.5% | 44 | 44.0% | | | | | 15 | 57.7% | 0 | 0.0% | | | 9 | 33.3% |
| | 無回答 | 24 | 4.4% | 3 | 3.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 471 | | 148 | | 48 | | 1 | | 175 | | 17 | | 1 | | 138 | |
| | 全体 | 547 | 100.0% | 100 | 100.0% | 0 | | 0 | | 26 | 100.0% | 3 | 100.0% | 0 | | 27 | 100.0% |

4.2 実施体制

(1) 特定保健指導と労働安全衛生法に基づく保健指導との関係

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|-------|------------------------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ | 何らかの連携をしている | 310 | 30.5% | 41 | 16.5% | 0 | 0.0% | 0 | 0.0% | 71 | 35.3% | 2 | 10.0% | 0 | 0.0% | 5 | 3.0% |
| | 労働安全衛生法の保健指導は実施しているが、連携していない | 324 | 31.8% | 70 | 28.2% | 47 | 97.9% | 0 | 0.0% | 98 | 48.8% | 8 | 40.0% | 0 | 0.0% | 26 | 15.8% |
| | 労働安全衛生法の保健指導は実施されていないため、単独実施 | 170 | 16.7% | 99 | 39.9% | 0 | 0.0% | 1 | 100.0% | 25 | 12.4% | 9 | 45.0% | 1 | 100.0% | 107 | 64.8% |
| | 無回答 | 214 | 21.0% | 38 | 15.3% | 1 | 2.1% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 27 | 16.4% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 何らかの連携をしている | 307 | 30.2% | 42 | 16.9% | 1 | 2.1% | 0 | 0.0% | 74 | 36.8% | 2 | 10.0% | 0 | 0.0% | 5 | 3.0% |
| | 労働安全衛生法の保健指導は実施しているが、連携していない | 348 | 34.2% | 71 | 28.6% | 47 | 97.9% | 0 | 0.0% | 94 | 46.8% | 8 | 40.0% | 0 | 0.0% | 26 | 15.8% |
| | 労働安全衛生法の保健指導は実施されていないため、単独実施 | 180 | 17.7% | 101 | 40.7% | 0 | 0.0% | 1 | 100.0% | 27 | 13.4% | 9 | 45.0% | 1 | 100.0% | 106 | 64.2% |
| | 無回答 | 183 | 18.0% | 34 | 13.7% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 1 | 5.0% | 0 | 0.0% | 28 | 17.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 直営・外部委託(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | | |
|----------------|----------------|-------|----------|-------|--------|-------|--------|--------|--------|--------|--------|-------|--------|-------|----------|--------|--------|------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | | |
| 動機づけ支援 | 保険者直営 | 107 | 10.5% | 58 | 23.4% | 48 | 100.0% | 1 | 100.0% | 47 | 23.4% | 1 | 5.0% | 1 | 100.0% | 7 | 4.2% | |
| | 事業主直営 | 136 | 13.4% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 12 | 6.0% | 3 | 15.0% | 0 | 0.0% | 2 | 1.2% | |
| | 個別契約(健診業者) | 333 | 32.7% | 121 | 48.8% | 0 | 0.0% | 0 | 0.0% | 97 | 48.3% | 7 | 35.0% | 0 | 0.0% | 77 | 46.7% | |
| | 個別契約(保健指導専門業者) | 475 | 46.7% | 98 | 39.5% | 0 | 0.0% | 0 | 0.0% | 36 | 17.9% | 5 | 25.0% | 0 | 0.0% | 22 | 13.3% | |
| | 集合契約A | 70 | 6.9% | 44 | 17.7% | 0 | 0.0% | 0 | 0.0% | 90 | 44.8% | 7 | 35.0% | 1 | 100.0% | 12 | 7.3% | |
| | 集合契約B | 55 | 5.4% | 31 | 12.5% | 0 | 0.0% | 0 | 0.0% | 104 | 51.7% | 7 | 35.0% | 1 | 100.0% | 98 | 59.4% | |
| | 無回答 | 213 | 20.9% | 37 | 14.9% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% | |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| | 積極的支援 | 保険者直営 | 99 | 9.7% | 57 | 23.0% | 48 | 100.0% | 1 | 100.0% | 45 | 22.4% | 1 | 5.0% | 1 | 100.0% | 6 | 3.6% |
| | | 事業主直営 | 140 | 13.8% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 13 | 6.5% | 2 | 10.0% | 0 | 0.0% | 2 | 1.2% |
| 個別契約(健診業者) | | 349 | 34.3% | 118 | 47.6% | 1 | 2.1% | 0 | 0.0% | 91 | 45.3% | 7 | 35.0% | 0 | 0.0% | 71 | 43.0% | |
| 個別契約(保健指導専門業者) | | 500 | 49.1% | 98 | 39.5% | 0 | 0.0% | 0 | 0.0% | 31 | 15.4% | 5 | 25.0% | 0 | 0.0% | 23 | 13.9% | |
| 集合契約A | | 64 | 6.3% | 44 | 17.7% | 0 | 0.0% | 0 | 0.0% | 92 | 45.8% | 7 | 35.0% | 1 | 100.0% | 13 | 7.9% | |
| 集合契約B | | 48 | 4.7% | 30 | 12.1% | 0 | 0.0% | 0 | 0.0% | 107 | 53.2% | 7 | 35.0% | 1 | 100.0% | 96 | 58.2% | |
| 無回答 | | 179 | 17.6% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 16 | 9.7% | |
| 全体 | | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 動機づけ支援 | | 保険者直営 | 23 | 2.3% | 27 | 10.9% | 1 | 2.1% | 1 | 100.0% | 18 | 9.0% | 0 | 0.0% | 1 | 100.0% | 5 | 3.0% |
| | | 事業主直営 | 14 | 1.4% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 個別契約(健診業者) | 192 | 18.9% | 87 | 35.1% | 1 | 2.1% | 1 | 100.0% | 56 | 27.9% | 7 | 35.0% | 0 | 0.0% | 77 | 46.7% | |
| | 個別契約(保健指導専門業者) | 202 | 19.8% | 49 | 19.8% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 5 | 25.0% | 0 | 0.0% | 22 | 13.3% | |
| | 集合契約A | 100 | 9.8% | 44 | 17.7% | 0 | 0.0% | 1 | 100.0% | 137 | 68.2% | 7 | 35.0% | 1 | 100.0% | 11 | 6.7% | |
| | 集合契約B | 83 | 8.2% | 32 | 12.9% | 46 | 95.8% | 0 | 0.0% | 143 | 71.1% | 8 | 40.0% | 1 | 100.0% | 98 | 59.4% | |
| | 無回答 | 596 | 58.5% | 109 | 44.0% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 1 | 5.0% | 0 | 0.0% | 13 | 7.9% | |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| | 積極的支援 | 保険者直営 | 17 | 1.7% | 25 | 10.1% | 1 | 2.1% | 1 | 100.0% | 17 | 8.5% | 0 | 0.0% | 1 | 100.0% | 5 | 3.0% |
| | | 事業主直営 | 17 | 1.7% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 個別契約(健診業者) | | 181 | 17.8% | 83 | 33.5% | 0 | 0.0% | 1 | 100.0% | 52 | 25.9% | 7 | 35.0% | 0 | 0.0% | 71 | 43.0% | |
| 個別契約(保健指導専門業者) | | 206 | 20.2% | 47 | 19.0% | 0 | 0.0% | 0 | 0.0% | 17 | 8.5% | 5 | 25.0% | 0 | 0.0% | 23 | 13.9% | |
| 集合契約A | | 91 | 8.9% | 41 | 16.5% | 0 | 0.0% | 1 | 100.0% | 137 | 68.2% | 7 | 35.0% | 1 | 100.0% | 13 | 7.9% | |
| 集合契約B | | 74 | 7.3% | 31 | 12.5% | 47 | 97.9% | 0 | 0.0% | 145 | 72.1% | 8 | 40.0% | 1 | 100.0% | 96 | 58.2% | |
| 無回答 | | 611 | 60.0% | 114 | 46.0% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 1 | 5.0% | 0 | 0.0% | 16 | 9.7% | |
| 全体 | | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

| 4.3 実施期間 | | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|----------|---------------------------|------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機づけ支援 | 1年間を通じて実施 | 386 | 37.9% | 156 | 62.9% | 48 | 100.0% | 1 | 100.0% | 91 | 45.3% | 5 | 25.0% | 0 | 0.0% | 100 | 60.6% |
| | 一定期間のみ実施(実施期間6ヶ月以上) | 262 | 25.7% | 37 | 14.9% | 0 | 0.0% | 0 | 0.0% | 69 | 34.3% | 9 | 45.0% | 1 | 100.0% | 29 | 17.6% |
| | 一定期間のみ実施(実施期間は3ヶ月以上6ヶ月未満) | 82 | 8.1% | 13 | 5.2% | 0 | 0.0% | 0 | 0.0% | 21 | 10.4% | 3 | 15.0% | 0 | 0.0% | 17 | 10.3% |
| | 一定期間のみ実施(実施期間は3ヶ月未満) | 73 | 7.2% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 14 | 7.0% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 無回答 | 215 | 21.1% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 1年間を通じて実施 | 386 | 37.9% | 153 | 61.7% | 48 | 100.0% | 1 | 100.0% | 90 | 44.8% | 5 | 25.0% | 0 | 0.0% | 94 | 57.0% |
| | 一定期間のみ実施(実施期間6ヶ月以上) | 288 | 28.3% | 38 | 15.3% | 0 | 0.0% | 0 | 0.0% | 65 | 32.3% | 7 | 35.0% | 1 | 100.0% | 34 | 20.6% |
| | 一定期間のみ実施(実施期間は3ヶ月以上6ヶ月未満) | 82 | 8.1% | 17 | 6.9% | 0 | 0.0% | 0 | 0.0% | 23 | 11.4% | 4 | 20.0% | 0 | 0.0% | 17 | 10.3% |
| | 一定期間のみ実施(実施期間は3ヶ月未満) | 71 | 7.0% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 14 | 7.0% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 無回答 | 191 | 18.8% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 3 | 15.0% | 0 | 0.0% | 13 | 7.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 1年間を通じて実施 | 238 | 23.4% | 108 | 43.5% | 48 | 100.0% | 1 | 100.0% | 80 | 39.8% | 4 | 20.0% | 0 | 0.0% | 99 | 60.0% |
| | 一定期間のみ実施(実施期間6ヶ月以上) | 107 | 10.5% | 17 | 6.9% | 0 | 0.0% | 0 | 0.0% | 52 | 25.9% | 8 | 40.0% | 1 | 100.0% | 29 | 17.6% |
| | 一定期間のみ実施(実施期間は3ヶ月以上6ヶ月未満) | 44 | 4.3% | 10 | 4.0% | 0 | 0.0% | 0 | 0.0% | 27 | 13.4% | 4 | 20.0% | 0 | 0.0% | 18 | 10.9% |
| | 一定期間のみ実施(実施期間は3ヶ月未満) | 24 | 2.4% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 16 | 8.0% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 無回答 | 605 | 59.4% | 108 | 43.5% | 0 | 0.0% | 0 | 0.0% | 26 | 12.9% | 3 | 15.0% | 0 | 0.0% | 12 | 7.3% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 1年間を通じて実施 | 227 | 22.3% | 100 | 40.3% | 48 | 100.0% | 1 | 100.0% | 79 | 39.3% | 4 | 20.0% | 0 | 0.0% | 91 | 55.2% |
| | 一定期間のみ実施(実施期間6ヶ月以上) | 105 | 10.3% | 19 | 7.7% | 0 | 0.0% | 0 | 0.0% | 48 | 23.9% | 7 | 35.0% | 1 | 100.0% | 34 | 20.6% |
| | 一定期間のみ実施(実施期間は3ヶ月以上6ヶ月未満) | 37 | 3.6% | 11 | 4.4% | 0 | 0.0% | 0 | 0.0% | 29 | 14.4% | 4 | 20.0% | 0 | 0.0% | 18 | 10.9% |
| | 一定期間のみ実施(実施期間は3ヶ月未満) | 26 | 2.6% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 17 | 8.5% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 無回答 | 623 | 61.2% | 114 | 46.0% | 0 | 0.0% | 0 | 0.0% | 28 | 13.9% | 4 | 20.0% | 0 | 0.0% | 15 | 9.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

4.4 自己負担額の状況

(1)自己負担の有無

| | | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------|-----|------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機づけ支援 | あり | 21 | 2.1% | 12 | 4.8% | 0 | 0.0% | 0 | 0.0% | 38 | 18.9% | 13 | 65.0% | 0 | 0.0% | 12 | 7.3% |
| | なし | 786 | 77.2% | 202 | 81.5% | 48 | 100.0% | 1 | 100.0% | 160 | 79.6% | 7 | 35.0% | 1 | 100.0% | 144 | 87.3% |
| | 無回答 | 211 | 20.7% | 34 | 13.7% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | あり | 25 | 2.5% | 14 | 5.6% | 0 | 0.0% | 0 | 0.0% | 46 | 22.9% | 13 | 65.0% | 0 | 0.0% | 11 | 6.7% |
| | なし | 815 | 80.1% | 203 | 81.9% | 48 | 100.0% | 1 | 100.0% | 148 | 73.6% | 7 | 35.0% | 1 | 100.0% | 143 | 86.7% |
| | 無回答 | 178 | 17.5% | 31 | 12.5% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | あり | 23 | 2.3% | 9 | 3.6% | 47 | 97.9% | 1 | 100.0% | 60 | 29.9% | 13 | 65.0% | 0 | 0.0% | 12 | 7.3% |
| | なし | 397 | 39.0% | 133 | 53.6% | 1 | 2.1% | 0 | 0.0% | 123 | 61.2% | 6 | 30.0% | 1 | 100.0% | 144 | 87.3% |
| | 無回答 | 598 | 58.7% | 106 | 42.7% | 0 | 0.0% | 0 | 0.0% | 18 | 9.0% | 1 | 5.0% | 0 | 0.0% | 9 | 5.5% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | あり | 28 | 2.8% | 9 | 3.6% | 47 | 97.9% | 1 | 100.0% | 66 | 32.8% | 14 | 70.0% | 0 | 0.0% | 11 | 6.7% |
| | なし | 376 | 36.9% | 128 | 51.6% | 1 | 2.1% | 0 | 0.0% | 111 | 55.2% | 5 | 25.0% | 1 | 100.0% | 141 | 85.5% |
| | 無回答 | 614 | 60.3% | 111 | 44.8% | 0 | 0.0% | 0 | 0.0% | 24 | 11.9% | 1 | 5.0% | 0 | 0.0% | 13 | 7.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

| (2)自己負担額の設定方法(複数回答) | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------------|----------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機づけ支援 | 定額 | 9 | 42.9% | 6 | 50.0% | | | | | 29 | 76.3% | 5 | 38.5% | | | 3 | 25.0% |
| | 定額だが、年齢に応じて異なる | 1 | 4.8% | 1 | 8.3% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 定率 | 7 | 33.3% | 3 | 25.0% | | | | | 6 | 15.8% | 8 | 61.5% | | | 5 | 41.7% |
| | 定率だが、年齢に応じて異なる | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | その他の条件 | 2 | 9.5% | 3 | 25.0% | | | | | 3 | 7.9% | 0 | 0.0% | | | 3 | 25.0% |
| | 無回答 | 2 | 9.5% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 1 | 8.3% |
| | 非該当 | 997 | | 236 | | 48 | | 1 | | 163 | | 7 | | 1 | | 153 | |
| | 全体 | 21 | 100.0% | 12 | 100.0% | 0 | | 0 | | 38 | 100.0% | 13 | 100.0% | 0 | | 12 | 100.0% |
| 積極的支援 | 定額 | 11 | 44.0% | 7 | 50.0% | | | | | 36 | 78.3% | 5 | 38.5% | | | 3 | 27.3% |
| | 定額だが、年齢に応じて異なる | 3 | 12.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 定率 | 7 | 28.0% | 4 | 28.6% | | | | | 6 | 13.0% | 8 | 61.5% | | | 5 | 45.5% |
| | 定率だが、年齢に応じて異なる | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | その他の条件 | 2 | 8.0% | 4 | 28.6% | | | | | 5 | 10.9% | 0 | 0.0% | | | 3 | 27.3% |
| | 無回答 | 2 | 8.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 993 | | 234 | | 48 | | 1 | | 155 | | 7 | | 1 | | 154 | |
| | 全体 | 25 | 100.0% | 14 | 100.0% | 0 | | 0 | | 46 | 100.0% | 13 | 100.0% | 0 | | 11 | 100.0% |
| 動機づけ支援 | 定額 | 14 | 60.9% | 5 | 55.6% | 0 | 0.0% | 1 | 100.0% | 47 | 78.3% | 3 | 23.1% | | | 3 | 25.0% |
| | 定額だが、年齢に応じて異なる | 0 | 0.0% | 1 | 11.1% | 0 | 0.0% | 0 | 0.0% | 1 | 1.7% | 0 | 0.0% | | | 0 | 0.0% |
| | 定率 | 8 | 34.8% | 1 | 11.1% | 0 | 0.0% | 0 | 0.0% | 9 | 15.0% | 10 | 76.9% | | | 5 | 41.7% |
| | 定率だが、年齢に応じて異なる | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | その他の条件 | 1 | 4.3% | 2 | 22.2% | 47 | 100.0% | 1 | 100.0% | 2 | 3.3% | | | | | 3 | 25.0% |
| | 無回答 | 1 | 4.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 1.7% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 995 | | 239 | | 1 | | 0 | | 141 | | 7 | | 1 | | 153 | |
| | 全体 | 23 | 100.0% | 9 | 100.0% | 47 | 100.0% | 1 | 100.0% | 60 | 100.0% | 13 | 100.0% | 0 | | 12 | 100.0% |
| 積極的支援 | 定額 | 15 | 53.6% | 5 | 55.6% | 0 | 0.0% | 1 | 100.0% | 54 | 81.8% | 4 | 28.6% | | | 3 | 27.3% |
| | 定額だが、年齢に応じて異なる | 3 | 10.7% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 定率 | 8 | 28.6% | 1 | 11.1% | 0 | 0.0% | 0 | 0.0% | 8 | 12.1% | 10 | 71.4% | | | 5 | 45.5% |
| | 定率だが、年齢に応じて異なる | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | その他の条件 | 1 | 3.6% | 3 | 33.3% | 47 | 100.0% | 1 | 100.0% | 4 | 6.1% | | | | | 3 | 27.3% |
| | 無回答 | 1 | 3.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 1.5% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 990 | | 239 | | 1 | | 0 | | 135 | | 6 | | 1 | | 154 | |
| | 全体 | 28 | 100.0% | 9 | 100.0% | 47 | 100.0% | 1 | 100.0% | 66 | 100.0% | 14 | 100.0% | 0 | | 11 | 100.0% |

(3)自己負担額

自己負担ありと回答し、自己負担額に記載のある保険者で算

| | 被保険者 | | 被扶養者 | |
|--------|---------|--------|---------|--------|
| | 平均金額(円) | 算出保険者数 | 平均金額(円) | 算出保険者数 |
| 動機付け支援 | 2296.5 | 56 | 2300.0 | 48 |
| 積極的支援 | 5044.2 | 69 | 5495.9 | 88 |

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------|------------|--------|----------|--------|-------|---------|------|--------|--------|--------|--------|--------|--------|------|----------|---------|
| | 平均金額(円) | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 | 被扶養者 | 被保険者 |
| 動機付け支援 | 3987.2 | 3752.9 | 2135.0 | 2092.0 | | 10993.0 | | 1350.0 | 1130.2 | 1150.7 | 3041.0 | 3250.0 | | | 5934.0 | 5934.0 |
| 積極的支援 | 7382.2 | 7186.4 | 5929.4 | 5410.0 | | 14898.3 | | 5100.0 | 3342.5 | 4060.7 | 6646 | 6575.0 | | | 10496.0 | 10496.0 |

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|-----------------|----|----------|----|--------|----|--------|---|-----|----|--------|----|--------|---|----------|----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 500円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 1 | 8.3% |
| | 500～1,000円未満 | 1 | 4.8% | 2 | 16.7% | | | | | 4 | 10.5% | 0 | 0.0% | | | 0 | 0.0% |
| | 1,000～1,500円未満 | 3 | 14.3% | 0 | 0.0% | | | | | 22 | 57.9% | 0 | 0.0% | | | 0 | 0.0% |
| | 1,500～2,000円未満 | 0 | 0.0% | 4 | 33.3% | | | | | 2 | 5.3% | 0 | 0.0% | | | 4 | 33.3% |
| | 2,000円以上 | 5 | 23.8% | 6 | 50.0% | | | | | 3 | 7.9% | 5 | 38.5% | | | 5 | 41.7% |
| | 無回答 | 12 | 57.1% | 0 | 0.0% | | | | | 7 | 18.4% | 8 | 61.5% | | | 2 | 16.7% |
| | 全体 | 21 | 100.0% | 12 | 100.0% | 0 | | 0 | | 38 | 100.0% | 13 | 100.0% | 0 | | 12 | 100.0% |
| 被扶養者 | 500円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 500～1,000円未満 | 1 | 4.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 4 | 6.7% | 0 | 0.0% | | | 1 | 8.3% |
| | 1,000～1,500円未満 | 5 | 21.7% | 2 | 22.2% | 0 | 0.0% | 1 | 1 | 40 | 66.7% | 0 | 0.0% | | | 0 | 0.0% |
| | 1,500～2,000円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 2 | 3.3% | 0 | 0.0% | | | 0 | 0.0% |
| | 2,000円以上 | 6 | 26.1% | 3 | 33.3% | 3 | 6.4% | 0 | 0 | 4 | 6.7% | 4 | 30.8% | | | 4 | 33.3% |
| | 無回答 | 11 | 47.8% | 4 | 44.4% | 44 | 93.6% | 0 | 0 | 10 | 16.7% | 9 | 69.2% | | | 7 | 58.3% |
| | 全体 | 23 | 100.0% | 9 | 100.0% | 47 | 100.0% | 1 | 1 | 60 | 100.0% | 13 | 100.0% | | | 12 | 100.0% |
| 被保険者 | 1,000円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 1 | 2.2% | 0 | 0.0% | | | 0 | 0.0% |
| | 1,000～2,000円未満 | 1 | 4.0% | 0 | 0.0% | | | | | 5 | 10.9% | 0 | 0.0% | | | 0 | 0.0% |
| | 2,000～3,000円未満 | 2 | 8.0% | 1 | 7.1% | | | | | 4 | 8.7% | 0 | 0.0% | | | 1 | 9.1% |
| | 3,000～4,000円未満 | 3 | 12.0% | 3 | 21.4% | | | | | 8 | 17.4% | 0 | 0.0% | | | 0 | 0.0% |
| | 4,000～5,000円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 17 | 37.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 5,000～6,000円未満 | 2 | 8.0% | 2 | 14.3% | | | | | 3 | 6.5% | 1 | 7.7% | | | 0 | 0.0% |
| | 6,000～7,000円未満 | 1 | 4.0% | 0 | 0.0% | | | | | 2 | 4.3% | 2 | 15.4% | | | 1 | 9.1% |
| | 7,000～8,000円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 1 | 7.7% | | | 0 | 0.0% |
| | 8,000～9,000円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 1 | 7.7% | | | 0 | 0.0% |
| | 9,000～10,000円未満 | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 10,000円以上 | 2 | 8.0% | 2 | 14.3% | | | | | 0 | 0.0% | 0 | 0.0% | | | 3 | 27.3% |
| | 無回答 | 14 | 56.0% | 6 | 42.9% | | | | | 6 | 13.0% | 8 | 61.5% | | | 6 | 54.5% |
| | 全体 | 25 | 100.0% | 14 | 100.0% | | | | | 46 | 100.0% | 13 | 100.0% | 0 | | 11 | 100.0% |
| 被扶養者 | 1,000円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 1,000～2,000円未満 | 5 | 17.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 6 | 9.1% | 0 | 0.0% | | | 0 | 0.0% |
| | 2,000～3,000円未満 | 2 | 7.1% | 1 | 11.1% | 0 | 0.0% | 0 | 0 | 6 | 9.1% | 0 | 0.0% | | | 1 | 9.1% |
| | 3,000～4,000円未満 | 2 | 7.1% | 2 | 22.2% | 0 | 0.0% | 0 | 0 | 8 | 12.1% | 0 | 0.0% | | | 0 | 0.0% |
| | 4,000～5,000円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 31 | 47.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 5,000～6,000円未満 | 1 | 3.6% | 1 | 11.1% | 1 | 2.1% | 1 | 1 | 2 | 3.0% | 1 | 7.1% | | | 0 | 0.0% |
| | 6,000～7,000円未満 | 1 | 3.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 1 | 1.5% | 1 | 7.1% | | | 1 | 9.1% |
| | 7,000～8,000円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 1 | 7.1% | | | 0 | 0.0% |
| | 8,000～9,000円未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 1 | 7.1% | | | 0 | 0.0% |
| | 9,000～10,000円未満 | 1 | 3.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0 | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 10,000円以上 | 2 | 7.1% | 1 | 11.1% | 2 | 4.3% | 0 | 0 | 2 | 3.0% | 0 | 0.0% | | | 3 | 27.3% |
| | 無回答 | 14 | 50.0% | 4 | 44.4% | 44 | 93.6% | 0 | 0 | 10 | 15.2% | 10 | 71.4% | | | 6 | 54.5% |
| | 全体 | 28 | 100.0% | 9 | 100.0% | 47 | 100.0% | 1 | 1 | 66 | 100.0% | 14 | 100.0% | 0 | | 11 | 100.0% |

4.5 個別通知の実施状況

(1) 利用者への通知方法(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|-----------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 健診結果返却時に口頭で案内 | 90 | 8.8% | 21 | 8.5% | 0 | 0.0% | 0 | 0.0% | 25 | 12.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 利用券発行での案内 | 62 | 6.1% | 45 | 18.1% | 1 | 2.1% | 0 | 0.0% | 116 | 57.7% | 7 | 35.0% | 1 | 100.0% | 99 | 60.0% |
| | 利用券以外での文書送付での案内 | 582 | 57.2% | 139 | 56.0% | 46 | 95.8% | 1 | 100.0% | 82 | 40.8% | 14 | 70.0% | 0 | 0.0% | 52 | 31.5% |
| | 電話での案内 | 138 | 13.6% | 39 | 15.7% | 41 | 85.4% | 1 | 100.0% | 5 | 2.5% | 1 | 5.0% | 0 | 0.0% | 15 | 9.1% |
| | 個別訪問による案内 | 18 | 1.8% | 11 | 4.4% | 36 | 75.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | その他 | 129 | 12.7% | 32 | 12.9% | 38 | 79.2% | 1 | 100.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 無回答 | 219 | 21.5% | 36 | 14.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 健診結果返却時に口頭で案内 | 72 | 7.1% | 21 | 8.5% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 利用券発行での案内 | 57 | 5.6% | 44 | 17.7% | 0 | 0.0% | 0 | 0.0% | 117 | 58.2% | 8 | 40.0% | 1 | 100.0% | 100 | 60.6% |
| | 利用券以外での文書送付での案内 | 612 | 60.1% | 142 | 57.3% | 46 | 95.8% | 1 | 100.0% | 83 | 41.3% | 14 | 70.0% | 0 | 0.0% | 55 | 33.3% |
| | 電話での案内 | 153 | 15.0% | 35 | 14.1% | 42 | 87.5% | 1 | 100.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 16 | 9.7% |
| | 個別訪問による案内 | 21 | 2.1% | 13 | 5.2% | 38 | 79.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | その他 | 127 | 12.5% | 34 | 13.7% | 36 | 75.0% | 1 | 100.0% | 21 | 10.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 無回答 | 188 | 18.5% | 33 | 13.3% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 15 | 9.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 健診結果返却時に口頭で案内 | 46 | 4.5% | 17 | 6.9% | 0 | 0.0% | 0 | 0.0% | 17 | 8.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 利用券発行での案内 | 76 | 7.5% | 39 | 15.7% | 47 | 97.9% | 1 | 100.0% | 145 | 72.1% | 8 | 40.0% | 1 | 100.0% | 99 | 60.0% |
| | 利用券以外での文書送付での案内 | 266 | 26.1% | 89 | 35.9% | 3 | 6.3% | 0 | 0.0% | 40 | 19.9% | 11 | 55.0% | 0 | 0.0% | 51 | 30.9% |
| | 電話での案内 | 51 | 5.0% | 15 | 6.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 15 | 9.1% |
| | 個別訪問による案内 | 8 | 0.8% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | その他 | 48 | 4.7% | 17 | 6.9% | 2 | 4.2% | 1 | 100.0% | 9 | 4.5% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | 無回答 | 612 | 60.1% | 106 | 42.7% | 0 | 0.0% | 0 | 0.0% | 22 | 10.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 健診結果返却時に口頭で案内 | 43 | 4.2% | 15 | 6.0% | 0 | 0.0% | 0 | 0.0% | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 利用券発行での案内 | 72 | 7.1% | 38 | 15.3% | 47 | 97.9% | 1 | 100.0% | 145 | 72.1% | 8 | 40.0% | 1 | 100.0% | 100 | 60.6% |
| | 利用券以外での文書送付での案内 | 261 | 25.6% | 87 | 35.1% | 2 | 4.2% | 0 | 0.0% | 41 | 20.4% | 10 | 50.0% | 0 | 0.0% | 54 | 32.7% |
| | 電話での案内 | 52 | 5.1% | 15 | 6.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 16 | 9.7% |
| | 個別訪問による案内 | 9 | 0.9% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | その他 | 42 | 4.1% | 18 | 7.3% | 1 | 2.1% | 1 | 100.0% | 11 | 5.5% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| | 無回答 | 626 | 61.5% | 111 | 44.8% | 0 | 0.0% | 0 | 0.0% | 24 | 11.9% | 1 | 5.0% | 0 | 0.0% | 16 | 9.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 95.2% | 1 | 100.0% | 165 | 100.0% |

4.6 特定健診受診から保健指導(初回面接)までの平均的な期間

(1) 保健指導(初回面接)の実施時期(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|---------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 健診日と同じ | 79 | 7.8% | 34 | 13.7% | 0 | 0.0% | 1 | 100.0% | 52 | 25.9% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 特定健診の結果返却日と同じ | 28 | 2.8% | 18 | 7.3% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| | 保健指導の案内後 | 712 | 69.9% | 177 | 71.4% | 47 | 97.9% | 1 | 100.0% | 153 | 76.1% | 13 | 65.0% | 1 | 100.0% | 92 | 55.8% |
| | 把握していない | 53 | 5.2% | 23 | 9.3% | 0 | 0.0% | 0 | 0.0% | 32 | 15.9% | 6 | 30.0% | 0 | 0.0% | 55 | 33.3% |
| | 無回答 | 223 | 21.9% | 38 | 15.3% | 1 | 2.1% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 16 | 9.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 健診日と同じ | 76 | 7.5% | 30 | 12.1% | 0 | 0.0% | 1 | 100.0% | 45 | 22.4% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 特定健診の結果返却日と同じ | 27 | 2.7% | 14 | 5.6% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 保健指導の案内後 | 751 | 73.8% | 185 | 74.6% | 47 | 97.9% | 1 | 100.0% | 152 | 75.6% | 14 | 70.0% | 1 | 100.0% | 91 | 55.2% |
| | 把握していない | 52 | 5.1% | 23 | 9.3% | 0 | 0.0% | 0 | 0.0% | 33 | 16.4% | 5 | 25.0% | 0 | 0.0% | 50 | 30.3% |
| | 無回答 | 185 | 18.2% | 33 | 13.3% | 1 | 2.1% | 0 | 0.0% | 10 | 5.0% | 1 | 5.0% | 0 | 0.0% | 23 | 13.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 健診日と同じ | 64 | 6.3% | 22 | 8.9% | 0 | 0.0% | 1 | 100.0% | 30 | 15.1% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | 特定健診の結果返却日と同じ | 15 | 1.5% | 11 | 4.4% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | 保健指導の案内後 | 313 | 30.7% | 102 | 41.1% | 47 | 97.9% | 1 | 100.0% | 124 | 62.3% | 12 | 60.0% | 1 | 100.0% | 84 | 50.9% |
| | 把握していない | 51 | 5.0% | 22 | 8.9% | 0 | 0.0% | 0 | 0.0% | 42 | 21.1% | 5 | 25.0% | 0 | 0.0% | 51 | 30.9% |
| | 無回答 | 622 | 61.1% | 113 | 45.6% | 1 | 2.1% | 0 | 0.0% | 27 | 13.6% | 2 | 10.0% | 0 | 0.0% | 27 | 16.4% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 101.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 健診日と同じ | 58 | 5.7% | 22 | 8.9% | 0 | 0.0% | 0 | 0.0% | 26 | 13.1% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 特定健診の結果返却日と同じ | 17 | 1.7% | 11 | 4.4% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 保健指導の案内後 | 299 | 29.4% | 103 | 41.5% | 47 | 97.9% | 1 | 100.0% | 123 | 61.8% | 11 | 55.0% | 1 | 100.0% | 86 | 52.1% |
| | 把握していない | 46 | 4.5% | 21 | 8.5% | 0 | 0.0% | 0 | 0.0% | 40 | 20.1% | 6 | 30.0% | 0 | 0.0% | 46 | 27.9% |
| | 無回答 | 641 | 63.0% | 116 | 46.8% | 1 | 2.1% | 0 | 0.0% | 33 | 16.6% | 3 | 15.0% | 0 | 0.0% | 30 | 18.2% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 101.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 特定健診受診から保健指導(初回面接)までの平均的な期間

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|-------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 健診日と同じ | 79 | 7.8% | 34 | 13.7% | 0 | 0.0% | 1 | 100.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 健診受診から1ヶ月未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 健診受診から2ヶ月未満 | 92 | 9.0% | 20 | 8.1% | 11 | 22.9% | 0 | 0.0% | 37 | 18.4% | 1 | 5.0% | 0 | 0.0% | 11 | 6.7% |
| | 健診受診から3ヶ月未満 | 145 | 14.2% | 41 | 16.5% | 28 | 58.3% | 0 | 0.0% | 50 | 24.9% | 1 | 5.0% | 1 | 100.0% | 26 | 15.8% |
| | 健診受診から4ヶ月未満 | 201 | 19.7% | 67 | 27.0% | 8 | 16.7% | 0 | 0.0% | 52 | 25.9% | 2 | 10.0% | 0 | 0.0% | 29 | 17.6% |
| | 健診受診から4ヶ月以降 | 270 | 26.5% | 55 | 22.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 8 | 40.0% | 0 | 0.0% | 18 | 10.9% |
| | 無回答 | 22 | 2.2% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 積極的支援 | 健診日と同じ | 76 | 7.5% | 30 | 12.1% | 0 | 0.0% | 1 | 100.0% | 45 | 22.4% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 健診受診から1ヶ月未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 健診受診から2ヶ月未満 | 89 | 8.7% | 22 | 8.9% | 0 | 0.0% | 0 | 0.0% | 13 | 6.5% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 健診受診から3ヶ月未満 | 149 | 14.6% | 40 | 16.1% | 10 | 20.8% | 0 | 0.0% | 34 | 16.9% | 1 | 5.0% | 1 | 100.0% | 27 | 16.4% |
| | 健診受診から4ヶ月未満 | 214 | 21.0% | 68 | 27.4% | 27 | 56.3% | 1 | 100.0% | 52 | 25.9% | 2 | 10.0% | 0 | 0.0% | 25 | 15.2% |
| | 健診受診から4ヶ月以降 | 295 | 29.0% | 56 | 22.6% | 9 | 18.8% | 0 | 0.0% | 49 | 24.4% | 9 | 45.0% | 0 | 0.0% | 20 | 12.1% |
| | 無回答 | 22 | 2.2% | 4 | 1.6% | 1 | 2.1% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 13 | 7.9% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 動機づけ支援 | 健診日と同じ | 64 | 6.3% | 22 | 8.9% | 0 | 0.0% | 1 | 100.0% | 30 | 14.9% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | 健診受診から1ヶ月未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 健診受診から2ヶ月未満 | 46 | 4.5% | 15 | 6.0% | 0 | 0.0% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | 健診受診から3ヶ月未満 | 60 | 5.9% | 18 | 7.3% | 5 | 10.4% | 0 | 0.0% | 30 | 14.9% | 1 | 5.0% | 1 | 100.0% | 25 | 15.2% |
| | 健診受診から4ヶ月未満 | 100 | 9.8% | 35 | 14.1% | 17 | 35.4% | 1 | 100.0% | 49 | 24.4% | 2 | 10.0% | 0 | 0.0% | 26 | 15.8% |
| | 健診受診から4ヶ月以降 | 104 | 10.2% | 36 | 14.5% | 19 | 39.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 無回答 | 18 | 1.8% | 2 | 0.8% | 6 | 12.5% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 積極的支援 | 健診日と同じ | 58 | 5.7% | 22 | 8.9% | 0 | 0.0% | 0 | 0.0% | 26 | 12.9% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 健診受診から1ヶ月未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 健診受診から2ヶ月未満 | 44 | 4.3% | 15 | 6.0% | 0 | 0.0% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| | 健診受診から3ヶ月未満 | 57 | 5.6% | 19 | 7.7% | 4 | 8.3% | 0 | 0.0% | 30 | 14.9% | 1 | 5.0% | 1 | 100.0% | 26 | 15.8% |
| | 健診受診から4ヶ月未満 | 98 | 9.6% | 37 | 14.9% | 16 | 33.3% | 1 | 100.0% | 45 | 22.4% | 2 | 10.0% | 0 | 0.0% | 23 | 13.9% |
| | 健診受診から4ヶ月以降 | 98 | 9.6% | 34 | 13.7% | 19 | 39.6% | 0 | 0.0% | 32 | 15.9% | 8 | 40.0% | 0 | 0.0% | 22 | 13.3% |
| | 無回答 | 16 | 1.6% | 3 | 1.2% | 8 | 16.7% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

4.7 初回面接 6ヶ月後評価以外の支援の方法(動機づけ支援)

(1) 初回面接と6ヶ月後評価以外の支援の実施の有無

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | あり | 345 | 33.9% | 64 | 25.8% | 6 | 12.5% | 0 | 0.0% | 66 | 32.8% | 6 | 30.0% | 0 | 0.0% | 21 | 12.7% |
| | なし | 454 | 44.6% | 147 | 59.3% | 42 | 87.5% | 1 | 100.0% | 123 | 61.2% | 12 | 60.0% | 1 | 100.0% | 128 | 77.6% |
| | 無回答 | 219 | 21.5% | 37 | 14.9% | 0 | 0.0% | 0 | 0.0% | 12 | 6.0% | 2 | 10.0% | 0 | 0.0% | 16 | 9.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | あり | 107 | 10.5% | 30 | 12.1% | 2 | 4.2% | 0 | 0.0% | 29 | 14.4% | 3 | 15.0% | 0 | 0.0% | 21 | 12.7% |
| | なし | 291 | 28.6% | 104 | 41.9% | 36 | 75.0% | 1 | 100.0% | 142 | 70.6% | 13 | 65.0% | 1 | 100.0% | 126 | 76.4% |
| | 無回答 | 620 | 60.9% | 114 | 46.0% | 10 | 20.8% | 0 | 0.0% | 30 | 14.9% | 4 | 20.0% | 0 | 0.0% | 18 | 10.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 初回面接 6ヶ月後評価以外の支援の内容(複数回答)

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------|------------|-------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | 面接 | 109 | 31.6% | 18 | 28.1% | 0 | 0.0% | | | 22 | 33.3% | 4 | 66.7% | | | 7 | 33.3% |
| | 電話 | 218 | 63.2% | 47 | 73.4% | 2 | 33.3% | | | 37 | 56.1% | 1 | 16.7% | | | 18 | 85.7% |
| | メール・手紙・FAX | 256 | 74.2% | 45 | 70.3% | 6 | 100.0% | | | 54 | 81.8% | 5 | 83.3% | | | 19 | 90.5% |
| | その他 | 23 | 6.7% | 3 | 4.7% | 0 | 0.0% | | | 6 | 9.1% | 0 | 0.0% | | | 0 | 0.0% |
| | 無回答 | 4 | 1.2% | 1 | 1.6% | 0 | 0.0% | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 673 | | 184 | | 42 | | 1 | | 135 | | 14 | | 1 | | 144 | |
| | 全体 | 345 | 100.0% | 64 | 100.0% | 6 | 100.0% | 0 | | 66 | 100.0% | 6 | 100.0% | 0 | | 21 | 100.0% |
| 被扶養者 | 面接 | 22 | 20.6% | 8 | 26.7% | 0 | 0.0% | | | 11 | 37.9% | 1 | 33.3% | | | 7 | 33.3% |
| | 電話 | 79 | 73.8% | 22 | 73.3% | 1 | 50.0% | | | 18 | 62.1% | 0 | 0.0% | | | 17 | 81.0% |
| | メール・手紙・FAX | 73 | 68.2% | 27 | 90.0% | 1 | 50.0% | | | 21 | 72.4% | 2 | 66.7% | | | 19 | 90.5% |
| | その他 | 7 | 6.5% | 1 | 3.3% | 0 | 0.0% | | | 4 | 13.8% | 0 | 0.0% | | | 0 | 0.0% |
| | 無回答 | 2 | 1.9% | 0 | 0.0% | 0 | 0.0% | | | 1 | 3.4% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 911 | | 218 | | 46 | | 1 | | 172 | | 17 | | 1 | | 144 | |
| | 全体 | 107 | 100.0% | 30 | 100.0% | 2 | 100.0% | 0 | | 29 | 100.0% | 3 | 100.0% | 0 | | 21 | 100.0% |

(3) 初回面接 6ヶ月後評価以外の支援の回数

| | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------|------|-------------|--------|----------|--------|-------|--------|------|---|-----|--------|-----|--------|--------|---|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 被保険者 | 1回 | 157 | 45.5% | 32 | 50.0% | 5 | 83.3% | | | 2 | 3.0% | 2 | 33.3% | | | 12 | 57.1% |
| | 2回 | 63 | 18.3% | 19 | 29.7% | 1 | 16.7% | | | 3 | 4.5% | 3 | 50.0% | | | 2 | 9.5% |
| | 3回 | 28 | 8.1% | 3 | 4.7% | 0 | 0.0% | | | 0 | 0.0% | 0 | 0.0% | | | 4 | 19.0% |
| | 4回 | 26 | 7.5% | 2 | 3.1% | 0 | 0.0% | | | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 5回以上 | 30 | 8.7% | 5 | 7.8% | 0 | 0.0% | | | 1 | 1.5% | 1 | 16.7% | | | 1 | 4.8% |
| | 無回答 | 41 | 11.9% | 3 | 4.7% | 0 | 0.0% | | | 8 | 12.1% | 0 | 0.0% | | | 3 | 14.3% |
| | 非該当 | 673 | | 184 | | 42 | | 1 | | 135 | | 14 | | 1 | | 144 | |
| | 全体 | 345 | 100.0% | 64 | 100.0% | 6 | 100.0% | 0 | | 66 | 100.0% | 6 | 100.0% | 0 | | 21 | 100.0% |
| 被扶養者 | 1回 | 47 | 43.9% | 15 | 50.0% | 1 | 50.0% | | | 15 | 51.7% | 1 | 33.3% | | | 11 | 52.4% |
| | 2回 | 18 | 16.8% | 7 | 23.3% | 0 | 0.0% | | | 3 | 10.3% | 2 | 66.7% | | | 2 | 9.5% |
| | 3回 | 9 | 8.4% | 3 | 10.0% | 0 | 0.0% | | | 3 | 10.3% | 0 | 0.0% | | | 4 | 19.0% |
| | 4回 | 8 | 7.5% | 0 | 0.0% | 0 | 0.0% | | | 1 | 3.4% | 0 | 0.0% | | | 0 | 0.0% |
| | 5回以上 | 2 | 1.9% | 4 | 13.3% | 1 | 50.0% | | | 2 | 6.9% | 0 | 0.0% | | | 1 | 4.8% |
| | 無回答 | 23 | 21.5% | 1 | 3.3% | 0 | 0.0% | | | 5 | 17.2% | 0 | 0.0% | | | 3 | 14.3% |
| | 非該当 | 911 | | 218 | | 46 | | 1 | | 172 | | 17 | | 1 | | 144 | |
| | 全体 | 107 | 100.0% | 30 | 100.0% | 2 | 100.0% | 0 | | 29 | 100.0% | 3 | 100.0% | 0 | | 21 | 100.0% |

4.8 6ヶ月後評価の方法

(1) 面接の実施の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|---------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 全員に面接を実施 | 143 | 14.0% | 19 | 7.7% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 0 | 0.0% | 0 | 0.0% | 12 | 7.3% |
| | 可能な人へのみ面接を実施 | 225 | 22.1% | 86 | 34.7% | 6 | 12.5% | 1 | 100.0% | 88 | 43.8% | 6 | 30.0% | 0 | 0.0% | 47 | 28.5% |
| | 全員に面接を実施していない | 410 | 40.3% | 103 | 41.5% | 42 | 87.5% | 0 | 0.0% | 75 | 37.3% | 10 | 50.0% | 1 | 100.0% | 72 | 43.6% |
| | 無回答 | 240 | 23.6% | 40 | 16.1% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 4 | 20.0% | 0 | 0.0% | 34 | 20.6% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 全員に面接を実施 | 235 | 23.1% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 27 | 13.4% | 2 | 10.0% | 0 | 0.0% | 18 | 10.9% |
| | 可能な人へのみ面接を実施 | 249 | 24.5% | 95 | 38.3% | 12 | 25.0% | 1 | 100.0% | 95 | 47.3% | 8 | 40.0% | 0 | 0.0% | 46 | 27.9% |
| | 全員に面接を実施していない | 336 | 33.0% | 83 | 33.5% | 36 | 75.0% | 0 | 0.0% | 58 | 28.9% | 6 | 30.0% | 1 | 100.0% | 73 | 44.2% |
| | 無回答 | 198 | 19.4% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 4 | 20.0% | 0 | 0.0% | 28 | 17.0% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 全員に面接を実施 | 37 | 3.6% | 8 | 3.2% | 0 | 0.0% | 0 | 0.0% | 14 | 7.0% | 0 | 0.0% | 0 | 0.0% | 12 | 7.3% |
| | 可能な人へのみ面接を実施 | 107 | 10.5% | 52 | 21.0% | 8 | 16.7% | 1 | 100.0% | 72 | 35.8% | 3 | 15.0% | 0 | 0.0% | 47 | 28.5% |
| | 全員に面接を実施していない | 230 | 22.6% | 69 | 27.8% | 21 | 43.8% | 0 | 0.0% | 66 | 32.8% | 9 | 45.0% | 1 | 100.0% | 70 | 42.4% |
| | 無回答 | 644 | 63.3% | 119 | 48.0% | 19 | 39.6% | 0 | 0.0% | 49 | 24.4% | 8 | 40.0% | 0 | 0.0% | 36 | 21.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 全員に面接を実施 | 69 | 6.8% | 17 | 6.9% | 0 | 0.0% | 0 | 0.0% | 16 | 8.0% | 2 | 10.0% | 0 | 0.0% | 17 | 10.3% |
| | 可能な人へのみ面接を実施 | 117 | 11.5% | 54 | 21.8% | 11 | 22.9% | 1 | 100.0% | 82 | 40.8% | 6 | 30.0% | 0 | 0.0% | 42 | 25.5% |
| | 全員に面接を実施していない | 175 | 17.2% | 61 | 24.6% | 18 | 37.5% | 0 | 0.0% | 50 | 24.9% | 5 | 25.0% | 1 | 100.0% | 72 | 43.6% |
| | 無回答 | 657 | 64.5% | 116 | 46.8% | 19 | 39.6% | 0 | 0.0% | 53 | 26.4% | 7 | 35.0% | 0 | 0.0% | 34 | 20.6% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 腹囲・体重以外の6ヶ月後評価の項目(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | | |
|--------------------|--------------------|--------|----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------|--------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | | |
| 動機づけ支援 | 血圧の測定 | 222 | 21.8% | 62 | 25.0% | 4 | 8.3% | 1 | 100.0% | 69 | 34.3% | 1 | 5.0% | 0 | 0.0% | 21 | 12.7% | |
| | 血液検査 | 63 | 6.2% | 21 | 8.5% | 1 | 2.1% | 0 | 0.0% | 17 | 8.5% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% | |
| | 行動変容ステージ | 309 | 30.4% | 81 | 32.7% | 46 | 95.8% | 1 | 100.0% | 65 | 32.3% | 6 | 30.0% | 0 | 0.0% | 23 | 13.9% | |
| | 本人による改善状況に対する主観的評価 | 467 | 45.9% | 130 | 52.4% | 47 | 97.9% | 1 | 100.0% | 100 | 49.8% | 12 | 60.0% | 1 | 100.0% | 43 | 26.1% | |
| | その他 | 63 | 6.2% | 22 | 8.9% | 39 | 81.3% | 0 | 0.0% | 19 | 9.5% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% | |
| | なし | 129 | 12.7% | 39 | 15.7% | 0 | 0.0% | 0 | 0.0% | 33 | 16.4% | 2 | 10.0% | 0 | 0.0% | 50 | 30.3% | |
| | 無回答 | 265 | 26.0% | 43 | 17.3% | 0 | 0.0% | 0 | 0.0% | 32 | 15.9% | 4 | 20.0% | 0 | 0.0% | 48 | 29.1% | |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| | 積極的支援 | 血圧の測定 | 265 | 26.0% | 68 | 27.4% | 7 | 14.6% | 1 | 100.0% | 72 | 35.8% | 0 | 0.0% | 0 | 0.0% | 23 | 13.9% |
| | | 血液検査 | 81 | 8.0% | 28 | 11.3% | 1 | 2.1% | 0 | 0.0% | 22 | 10.9% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| 行動変容ステージ | | 352 | 34.6% | 90 | 36.3% | 46 | 95.8% | 1 | 100.0% | 66 | 32.8% | 6 | 30.0% | 0 | 0.0% | 27 | 16.4% | |
| 本人による改善状況に対する主観的評価 | | 508 | 49.9% | 133 | 53.6% | 44 | 91.7% | 1 | 100.0% | 95 | 47.3% | 13 | 65.0% | 1 | 100.0% | 38 | 23.0% | |
| その他 | | 66 | 6.5% | 22 | 8.9% | 26 | 54.2% | 0 | 0.0% | 18 | 9.0% | 0 | 0.0% | 0 | 0.0% | 19 | 11.5% | |
| なし | | 118 | 11.6% | 34 | 13.7% | 1 | 2.1% | 0 | 0.0% | 31 | 15.4% | 3 | 15.0% | 0 | 0.0% | 56 | 33.9% | |
| 無回答 | | 211 | 20.7% | 42 | 16.9% | 0 | 0.0% | 0 | 0.0% | 35 | 17.4% | 4 | 20.0% | 0 | 0.0% | 40 | 24.2% | |
| 全体 | | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 動機づけ支援 | | 血圧の測定 | 82 | 8.1% | 32 | 12.9% | 7 | 14.6% | 1 | 100.0% | 41 | 20.4% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% |
| | | 血液検査 | 17 | 1.7% | 12 | 4.8% | 3 | 6.3% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 行動変容ステージ | 137 | 13.5% | 49 | 19.8% | 17 | 35.4% | 1 | 100.0% | 44 | 21.9% | 5 | 25.0% | 0 | 0.0% | 23 | 13.9% | |
| | 本人による改善状況に対する主観的評価 | 204 | 20.0% | 74 | 29.8% | 17 | 35.4% | 1 | 100.0% | 67 | 33.3% | 10 | 50.0% | 1 | 100.0% | 42 | 25.5% | |
| | その他 | 24 | 2.4% | 14 | 5.6% | 10 | 20.8% | 0 | 0.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% | |
| | なし | 95 | 9.3% | 29 | 11.7% | 5 | 10.4% | 0 | 0.0% | 38 | 18.9% | 1 | 5.0% | 0 | 0.0% | 51 | 30.9% | |
| | 無回答 | 653 | 64.1% | 119 | 48.0% | 21 | 43.8% | 0 | 0.0% | 65 | 32.3% | 8 | 40.0% | 0 | 0.0% | 48 | 29.1% | |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% | | |
| 積極的支援 | 血圧の測定 | 90 | 8.8% | 36 | 14.5% | 6 | 12.5% | 1 | 100.0% | 46 | 22.9% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% | |
| | 血液検査 | 19 | 1.9% | 17 | 6.9% | 2 | 4.2% | 0 | 0.0% | 12 | 6.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% | |
| | 行動変容ステージ | 145 | 14.2% | 57 | 23.0% | 15 | 31.3% | 1 | 100.0% | 46 | 22.9% | 6 | 30.0% | 0 | 0.0% | 25 | 15.2% | |
| | 本人による改善状況に対する主観的評価 | 204 | 20.0% | 74 | 29.8% | 15 | 31.3% | 1 | 100.0% | 62 | 30.8% | 11 | 55.0% | 1 | 100.0% | 35 | 21.2% | |
| | その他 | 21 | 2.1% | 15 | 6.0% | 11 | 22.9% | 0 | 0.0% | 18 | 9.0% | 0 | 0.0% | 0 | 0.0% | 18 | 10.9% | |
| | なし | 76 | 7.5% | 26 | 10.5% | 4 | 8.3% | 0 | 0.0% | 37 | 18.4% | 1 | 5.0% | 0 | 0.0% | 55 | 33.3% | |
| | 無回答 | 668 | 65.6% | 117 | 47.2% | 22 | 45.8% | 0 | 0.0% | 68 | 33.8% | 7 | 35.0% | 0 | 0.0% | 45 | 27.3% | |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

4.9 未利用者への利用勧奨の状況

(1) 利用勧奨の実施の有無

| | | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------|-----|------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機 付 支援 | あり | 250 | 24.6% | 40 | 16.1% | 25 | 52.1% | 1 | 100.0% | 51 | 25.4% | 3 | 15.0% | 0 | 0.0% | 35 | 21.2% |
| | なし | 545 | 53.5% | 169 | 68.1% | 23 | 47.9% | 0 | 0.0% | 144 | 71.6% | 14 | 70.0% | 1 | 100.0% | 114 | 69.1% |
| | 無回答 | 223 | 21.9% | 39 | 15.7% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 3 | 15.0% | 0 | 0.0% | 16 | 9.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的 支援 | あり | 272 | 26.7% | 43 | 17.3% | 25 | 52.1% | 1 | 100.0% | 53 | 26.4% | 3 | 15.0% | 0 | 0.0% | 36 | 21.8% |
| | なし | 550 | 54.0% | 170 | 68.5% | 23 | 47.9% | 0 | 0.0% | 140 | 69.7% | 15 | 75.0% | 1 | 100.0% | 116 | 70.3% |
| | 無回答 | 196 | 19.3% | 35 | 14.1% | 0 | 0.0% | 0 | 0.0% | 8 | 4.0% | 2 | 10.0% | 0 | 0.0% | 13 | 7.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機 付 支援 | あり | 92 | 9.0% | 26 | 10.5% | 9 | 18.8% | 1 | 100.0% | 24 | 11.9% | 2 | 10.0% | 0 | 0.0% | 34 | 20.6% |
| | なし | 306 | 30.1% | 112 | 45.2% | 35 | 72.9% | 0 | 0.0% | 151 | 75.1% | 14 | 70.0% | 1 | 100.0% | 108 | 65.5% |
| | 無回答 | 620 | 60.9% | 110 | 44.4% | 4 | 8.3% | 0 | 0.0% | 26 | 12.9% | 4 | 20.0% | 0 | 0.0% | 23 | 13.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的 支援 | あり | 89 | 8.7% | 20 | 8.1% | 11 | 22.9% | 1 | 100.0% | 23 | 11.4% | 2 | 10.0% | 0 | 0.0% | 36 | 21.8% |
| | なし | 297 | 29.2% | 114 | 46.0% | 35 | 72.9% | 0 | 0.0% | 154 | 76.6% | 13 | 65.0% | 1 | 100.0% | 113 | 68.5% |
| | 無回答 | 632 | 62.1% | 114 | 46.0% | 2 | 4.2% | 0 | 0.0% | 24 | 11.9% | 5 | 25.0% | 0 | 0.0% | 16 | 9.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 利用勧奨の方法(複数回答)

| | | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------|-----------|------------|--------|----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-----|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機 付 支援 | 文書送付 | 177 | 70.8% | 21 | 52.5% | 20 | 80.0% | 1 | 100.0% | 35 | 68.6% | 3 | 100.0% | | | 28 | 80.0% |
| | 電話での案内 | 142 | 56.8% | 16 | 40.0% | 15 | 60.0% | 1 | 100.0% | 21 | 41.2% | 0 | 0.0% | | | 17 | 48.6% |
| | 個別訪問による案内 | 8 | 3.2% | 3 | 7.5% | 8 | 32.0% | 0 | 0.0% | 1 | 2.0% | 0 | 0.0% | | | 2 | 5.7% |
| | その他 | 18 | 7.2% | 8 | 20.0% | 3 | 12.0% | 0 | 0.0% | 11 | 21.6% | 0 | 0.0% | | | 2 | 5.7% |
| | 無回答 | 8 | 3.2% | 2 | 5.0% | 0 | 0.0% | 0 | 0.0% | 1 | 2.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 768 | | 208 | | 23 | | 0 | | 150 | | 17 | | 1 | | 130 | |
| | 全体 | 250 | 100.0% | 40 | 100.0% | 25 | 100.0% | 1 | 100.0% | 51 | 100.0% | 3 | 100.0% | 0 | | 35 | 100.0% |
| | 文書送付 | 191 | 70.2% | 21 | 48.8% | 19 | 76.0% | 1 | 100.0% | 38 | 71.7% | 3 | 100.0% | | | 31 | 86.1% |
| 電話での案内 | 148 | 54.4% | 21 | 48.8% | 17 | 68.0% | 1 | 100.0% | 23 | 43.4% | 0 | 0.0% | | | 18 | 50.0% | |
| 個別訪問による案内 | 13 | 4.8% | 5 | 11.6% | 9 | 36.0% | 0 | 0.0% | 1 | 1.9% | 0 | 0.0% | | | 1 | 2.8% | |
| その他 | 24 | 8.8% | 6 | 14.0% | 2 | 8.0% | 0 | 0.0% | 11 | 20.8% | 0 | 0.0% | | | 1 | 2.8% | |
| 無回答 | 4 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 1.9% | 0 | 0.0% | | | 0 | 0.0% | |
| 非該当 | 746 | | 205 | | 23 | | 0 | | 148 | | 17 | | 1 | | 129 | | |
| 全体 | 272 | 100.0% | 43 | 100.0% | 25 | 100.0% | 1 | 100.0% | 53 | 100.0% | 3 | 100.0% | 0 | | 36 | 100.0% | |
| 動機 付 支援 | 文書送付 | 55 | 59.8% | 18 | 69.2% | 7 | 77.8% | 1 | 100.0% | 15 | 62.5% | 2 | 100.0% | | | 28 | 82.4% |
| | 電話での案内 | 47 | 51.1% | 10 | 38.5% | 3 | 33.3% | 0 | 0.0% | 5 | 20.8% | 1 | 50.0% | | | 16 | 47.1% |
| | 個別訪問による案内 | 0 | 0.0% | 0 | 0.0% | 1 | 11.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 1 | 2.9% |
| | その他 | 5 | 5.4% | 3 | 11.5% | 3 | 33.3% | 0 | 0.0% | 9 | 37.5% | 0 | 0.0% | | | 2 | 5.9% |
| | 無回答 | 4 | 4.3% | 1 | 3.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 926 | | 222 | | 39 | | 0 | | 177 | | 18 | | 1 | | 131 | |
| | 全体 | 92 | 100.0% | 26 | 100.0% | 9 | 100.0% | 1 | 100.0% | 24 | 100.0% | 2 | 100.0% | 0 | | 34 | 100.0% |
| | 文書送付 | 60 | 67.4% | 15 | 75.0% | 7 | 63.6% | 1 | 100.0% | 15 | 65.2% | 2 | 100.0% | | | 30 | 83.3% |
| 電話での案内 | 45 | 50.6% | 8 | 40.0% | 3 | 27.3% | 0 | 0.0% | 6 | 26.1% | 0 | 0.0% | | | 18 | 50.0% | |
| 個別訪問による案内 | 2 | 2.2% | 0 | 0.0% | 1 | 9.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 1 | 2.8% | |
| その他 | 4 | 4.5% | 1 | 5.0% | 2 | 18.2% | 0 | 0.0% | 9 | 39.1% | 0 | 0.0% | | | 1 | 2.8% | |
| 無回答 | 2 | 2.2% | 0 | 0.0% | 2 | 18.2% | 0 | 0.0% | 1 | 4.3% | 0 | 0.0% | | | 0 | 0.0% | |
| 非該当 | 929 | | 228 | | 37 | | 0 | | 178 | | 18 | | 1 | | 129 | | |
| 全体 | 89 | 100.0% | 20 | 100.0% | 11 | 100.0% | 1 | 100.0% | 23 | 100.0% | 2 | 100.0% | 0 | | 36 | 100.0% | |

| (3)未利用の理由把握の実施の有無 | | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------------------|-----|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 動機 付 援 | あり | 151 | 14.8% | 25 | 10.1% | 15 | 31.3% | 0 | 0.0% | 30 | 14.9% | 1 | 5.0% | 0 | 0.0% | 12 | 7.3% |
| | なし | 319 | 31.3% | 69 | 27.8% | 27 | 56.3% | 1 | 100.0% | 133 | 66.2% | 11 | 55.0% | 1 | 100.0% | 110 | 66.7% |
| | 無回答 | 548 | 53.8% | 154 | 62.1% | 6 | 12.5% | 0 | 0.0% | 36 | 17.9% | 9 | 45.0% | 0 | 0.0% | 43 | 26.1% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 199 | 99.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的 支 援 | あり | 165 | 16.2% | 23 | 9.3% | 14 | 29.2% | 0 | 0.0% | 33 | 16.4% | 1 | 5.0% | 0 | 0.0% | 9 | 5.5% |
| | なし | 310 | 30.5% | 68 | 27.4% | 26 | 54.2% | 1 | 100.0% | 132 | 65.7% | 12 | 60.0% | 1 | 100.0% | 115 | 69.7% |
| | 無回答 | 543 | 53.3% | 157 | 63.3% | 8 | 16.7% | 0 | 0.0% | 36 | 17.9% | 7 | 35.0% | 0 | 0.0% | 41 | 24.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機 付 援 | あり | 45 | 4.4% | 10 | 4.0% | 1 | 2.1% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| | なし | 185 | 18.2% | 52 | 21.0% | 40 | 83.3% | 1 | 100.0% | 137 | 68.2% | 11 | 55.0% | 1 | 100.0% | 105 | 63.6% |
| | 無回答 | 931 | 91.5% | 236 | 95.2% | 47 | 97.9% | 1 | 100.0% | 190 | 94.5% | 20 | 100.0% | 1 | 100.0% | 153 | 92.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的 支 援 | あり | 43 | 4.2% | 8 | 3.2% | 1 | 2.1% | 0 | 0.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | なし | 170 | 16.7% | 46 | 18.5% | 38 | 79.2% | 1 | 100.0% | 134 | 66.7% | 12 | 60.0% | 1 | 100.0% | 115 | 69.7% |
| | 無回答 | 805 | 79.1% | 194 | 78.2% | 9 | 18.8% | 0 | 0.0% | 59 | 29.4% | 8 | 40.0% | 0 | 0.0% | 41 | 24.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 95.2% | 1 | 100.0% | 165 | 100.0% |

4.10 利用率向上のための工夫

(1) 利用率向上のために工夫している点(複数回答)

| | 健保組合(単一連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|----------------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 利用券の送付 | 42 | 4.1% | 28 | 11.3% | 0 | 0.0% | 0 | 0.0% | 100 | 49.8% | 10 | 50.0% | 1 | 100.0% | 76 | 46.1% |
| | 商工会・農協・漁協等との連携 | 1 | 0.1% | 0 | 0.0% | 5 | 10.4% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | 保健指導終了者の協力 | 18 | 1.8% | 5 | 2.0% | 2 | 4.2% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他関係団体を通じての呼びかけ | 10 | 1.0% | 8 | 3.2% | 9 | 18.8% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 1 | 100.0% | 11 | 6.7% |
| | 職域(事業所)・労働組合との連携 | 353 | 34.7% | 92 | 37.1% | 28 | 58.3% | 1 | 100.0% | 69 | 34.3% | 2 | 10.0% | 0 | 0.0% | 9 | 5.5% |
| | 電話案内 | 158 | 15.5% | 25 | 10.1% | 20 | 41.7% | 1 | 100.0% | 15 | 7.5% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% |
| | 個別訪問 | 30 | 2.9% | 5 | 2.0% | 18 | 37.5% | 0 | 0.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 広報キャンペーン等の実施 | 166 | 16.3% | 45 | 18.1% | 22 | 45.8% | 1 | 100.0% | 61 | 30.3% | 3 | 15.0% | 1 | 100.0% | 41 | 24.8% |
| | 欠席者等への電話や訪問でのフォローの実施 | 63 | 6.2% | 14 | 5.6% | 6 | 12.5% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 参加者同士の仲間づくりの支援 | 11 | 1.1% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 夫婦・家族での参加可能 | 14 | 1.4% | 4 | 1.6% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | ポピュレーションアプローチとの連携 | 50 | 4.9% | 13 | 5.2% | 14 | 29.2% | 0 | 0.0% | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | その他 | 29 | 2.8% | 16 | 6.5% | 14 | 29.2% | 1 | 100.0% | 7 | 3.5% | 2 | 10.0% | 0 | 0.0% | 7 | 4.2% |
| | 特になし | 147 | 14.4% | 53 | 21.4% | 2 | 4.2% | 0 | 0.0% | 5 | 2.5% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| | 無回答 | 309 | 30.4% | 50 | 20.2% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 3 | 15.0% | 0 | 0.0% | 33 | 20.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 積極的支援 | 利用券の送付 | 39 | 3.8% | 24 | 9.7% | 0 | 0.0% | 0 | 0.0% | 101 | 50.2% | 9 | 45.0% | 1 | 100.0% | 77 | 46.7% |
| | 商工会・農協・漁協等との連携 | 0 | 0.0% | 0 | 0.0% | 6 | 12.5% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 1 | 0.1% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | 保健指導終了者の協力 | 21 | 2.1% | 3 | 1.2% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他関係団体を通じての呼びかけ | 13 | 1.3% | 8 | 3.2% | 10 | 20.8% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 1 | 100.0% | 12 | 7.3% |
| | 職域(事業所)・労働組合との連携 | 375 | 36.8% | 100 | 40.3% | 28 | 58.3% | 1 | 100.0% | 69 | 34.3% | 3 | 15.0% | 0 | 0.0% | 8 | 4.8% |
| | 電話案内 | 168 | 16.5% | 21 | 8.5% | 22 | 45.8% | 1 | 100.0% | 14 | 7.0% | 0 | 0.0% | 0 | 0.0% | 21 | 12.7% |
| | 個別訪問 | 35 | 3.4% | 5 | 2.0% | 18 | 37.5% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 広報キャンペーン等の実施 | 170 | 16.7% | 52 | 21.0% | 21 | 43.8% | 0 | 0.0% | 60 | 29.9% | 3 | 15.0% | 1 | 100.0% | 39 | 23.6% |
| | 欠席者等への電話や訪問でのフォローの実施 | 68 | 6.7% | 15 | 6.0% | 5 | 10.4% | 0 | 0.0% | 12 | 6.0% | 0 | 0.0% | 0 | 0.0% | 8 | 4.8% |
| | 参加者同士の仲間づくりの支援 | 13 | 1.3% | 1 | 0.4% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 夫婦・家族での参加可能 | 10 | 1.0% | 6 | 2.4% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | ポピュレーションアプローチとの連携 | 52 | 5.1% | 13 | 5.2% | 14 | 29.2% | 0 | 0.0% | 11 | 5.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | その他 | 33 | 3.2% | 12 | 4.8% | 12 | 25.0% | 1 | 100.0% | 7 | 3.5% | 2 | 10.0% | 0 | 0.0% | 7 | 4.2% |
| | 特になし | 141 | 13.9% | 54 | 21.8% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 12 | 7.3% |
| | 無回答 | 279 | 27.4% | 45 | 18.1% | 0 | 0.0% | 0 | 0.0% | 20 | 10.0% | 3 | 15.0% | 0 | 0.0% | 31 | 18.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 動機づけ支援 | 利用券の送付 | 57 | 5.6% | 26 | 10.5% | 36 | 75.0% | 1 | 100.0% | 120 | 59.7% | 10 | 50.0% | 1 | 100.0% | 75 | 45.5% |
| | 商工会・農協・漁協等との連携 | 1 | 0.1% | 0 | 0.0% | 3 | 6.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | 保健指導終了者の協力 | 3 | 0.3% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他関係団体を通じての呼びかけ | 4 | 0.4% | 5 | 2.0% | 3 | 6.3% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 1 | 100.0% | 11 | 6.7% |
| | 職域(事業所)・労働組合との連携 | 25 | 2.5% | 18 | 7.3% | 5 | 10.4% | 0 | 0.0% | 16 | 8.0% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| | 電話案内 | 68 | 6.7% | 9 | 3.6% | 3 | 6.3% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% |
| | 個別訪問 | 18 | 1.8% | 2 | 0.8% | 2 | 4.2% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 広報キャンペーン等の実施 | 88 | 8.6% | 31 | 12.5% | 15 | 31.3% | 1 | 100.0% | 58 | 28.9% | 3 | 15.0% | 1 | 100.0% | 41 | 24.8% |
| | 欠席者等への電話や訪問でのフォローの実施 | 18 | 1.8% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% |
| | 参加者同士の仲間づくりの支援 | 1 | 0.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 夫婦・家族での参加可能 | 9 | 0.9% | 2 | 0.8% | 1 | 2.1% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | ポピュレーションアプローチとの連携 | 16 | 1.6% | 10 | 4.0% | 6 | 12.5% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | その他 | 17 | 1.7% | 12 | 4.8% | 3 | 6.3% | 1 | 100.0% | 3 | 1.5% | 2 | 10.0% | 0 | 0.0% | 6 | 3.6% |
| | 特になし | 133 | 13.1% | 46 | 18.5% | 6 | 12.5% | 0 | 0.0% | 6 | 3.0% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| | 無回答 | 670 | 65.8% | 126 | 50.8% | 4 | 8.3% | 0 | 0.0% | 41 | 20.4% | 3 | 15.0% | 0 | 0.0% | 35 | 21.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% | |
| 積極的支援 | 利用券の送付 | 52 | 5.1% | 23 | 9.3% | 36 | 75.0% | 1 | 100.0% | 113 | 56.2% | 9 | 45.0% | 1 | 100.0% | 75 | 45.5% |
| | 商工会・農協・漁協等との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 医師会との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | 保健指導終了者の協力 | 2 | 0.2% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他関係団体を通じての呼びかけ | 7 | 0.7% | 5 | 2.0% | 4 | 8.3% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 1 | 100.0% | 12 | 7.3% |
| | 職域(事業所)・労働組合との連携 | 24 | 2.4% | 18 | 7.3% | 4 | 8.3% | 0 | 0.0% | 15 | 7.5% | 2 | 10.0% | 0 | 0.0% | 7 | 4.2% |
| | 電話案内 | 58 | 5.7% | 9 | 3.6% | 3 | 6.3% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 21 | 12.7% |
| | 個別訪問 | 17 | 1.7% | 1 | 0.4% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 広報キャンペーン等の実施 | 94 | 9.2% | 32 | 12.9% | 15 | 31.3% | 0 | 0.0% | 54 | 26.9% | 3 | 15.0% | 1 | 100.0% | 39 | 23.6% |
| | 欠席者等への電話や訪問でのフォローの実施 | 11 | 1.1% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 8 | 4.8% |
| | 参加者同士の仲間づくりの支援 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 夫婦・家族での参加可能 | 11 | 1.1% | 1 | 0.4% | 1 | 2.1% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| | ポピュレーションアプローチとの連携 | 15 | 1.5% | 10 | 4.0% | 6 | 12.5% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | その他 | 17 | 1.7% | 9 | 3.6% | 4 | 8.3% | 0 | 0.0% | 3 | 1.5% | 1 | 5.0% | 0 | 0.0% | 6 | 3.6% |
| | 特になし | 119 | 11.7% | 47 | 19.0% | 7 | 14.6% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 12 | 7.3% |
| | 無回答 | 683 | 67.1% | 127 | 51.2% | 3 | 6.3% | 0 | 0.0% | 47 | 23.4% | 4 | 20.0% | 0 | 0.0% | 33 | 20.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

(2) 利用率向上のために工夫している点(主なもの3つまでの複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | | |
|--------|----------------------|-------------------|----------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------|--------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | | |
| 動機づけ支援 | 利用券の送付 | 15 | 1.5% | 10 | 4.0% | 1 | 2.1% | 0 | 0.0% | 31 | 15.4% | 3 | 15.0% | 1 | 100.0% | 31 | 18.8% | |
| | 商工会・農協・漁協等との連携 | 1 | 0.1% | 0 | 0.0% | 1 | 2.1% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | 医師会との連携 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% | |
| | 保健指導終了者の協力 | 15 | 1.5% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | その他関係団体を通じての呼びかけ | 7 | 0.7% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 1 | 100.0% | 4 | 2.4% | |
| | 職域(事業所)・労働組合との連携 | 268 | 26.3% | 71 | 28.6% | 24 | 50.0% | 1 | 100.0% | 55 | 27.4% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% | |
| | 電話案内 | 89 | 8.7% | 13 | 5.2% | 11 | 22.9% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 19 | 11.5% | |
| | 個別訪問 | 25 | 2.5% | 3 | 1.2% | 11 | 22.9% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% | |
| | 広報キャンペーン等の実施 | 66 | 6.5% | 16 | 6.5% | 9 | 18.8% | 0 | 0.0% | 25 | 12.4% | 0 | 0.0% | 1 | 100.0% | 20 | 12.1% | |
| | 欠席者等への電話や訪問でのフォローの実施 | 35 | 3.4% | 9 | 3.6% | 2 | 4.2% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 7 | 4.2% | |
| | 参加者同士の仲間づくりの支援 | 9 | 0.9% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% | |
| | 夫婦・家族での参加可能 | 7 | 0.7% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% | |
| | 積極的支援 | ボビュレーションアプローチとの連携 | 30 | 2.9% | 8 | 3.2% | 5 | 10.4% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| その他 | | 28 | 2.8% | 15 | 6.0% | 9 | 18.8% | 1 | 100.0% | 10 | 5.0% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% | |
| 特になし | | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | |
| 無回答 | | 135 | 13.3% | 38 | 15.3% | 10 | 20.8% | 0 | 0.0% | 66 | 32.8% | 10 | 50.0% | 0 | 0.0% | 48 | 29.1% | |
| 全体 | | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 動機づけ支援 | | 利用券の送付 | 14 | 1.4% | 6 | 2.4% | 1 | 2.1% | 0 | 0.0% | 32 | 15.9% | 4 | 20.0% | 1 | 100.0% | 34 | 20.6% |
| | | 商工会・農協・漁協等との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 1 | 100.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | | 医師会との連携 | 1 | 0.1% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | | 保健指導終了者の協力 | 19 | 1.9% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | | その他関係団体を通じての呼びかけ | 7 | 0.7% | 3 | 1.2% | 1 | 2.1% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 1 | 100.0% | 4 | 2.4% |
| | | 職域(事業所)・労働組合との連携 | 282 | 27.7% | 74 | 29.8% | 24 | 50.0% | 1 | 100.0% | 53 | 26.4% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| | | 電話案内 | 100 | 9.8% | 9 | 3.6% | 12 | 25.0% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% |
| | | 個別訪問 | 26 | 2.6% | 3 | 1.2% | 11 | 22.9% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 広報キャンペーン等の実施 | 70 | 6.9% | 24 | 9.7% | 9 | 18.8% | 0 | 0.0% | 26 | 12.9% | 0 | 0.0% | 1 | 100.0% | 18 | 10.9% | |
| | 欠席者等への電話や訪問でのフォローの実施 | 44 | 4.3% | 11 | 4.4% | 2 | 4.2% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% | |
| | 参加者同士の仲間づくりの支援 | 12 | 1.2% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% | |
| | 夫婦・家族での参加可能 | 5 | 0.5% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% | |
| | ボビュレーションアプローチとの連携 | 30 | 2.9% | 7 | 2.8% | 5 | 10.4% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | |
| その他 | 31 | 3.0% | 12 | 4.8% | 7 | 14.6% | 1 | 100.0% | 8 | 4.0% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% | | |
| 特になし | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | | |
| 無回答 | 141 | 13.9% | 42 | 16.9% | 8 | 16.7% | 0 | 0.0% | 66 | 32.8% | 10 | 50.0% | 0 | 0.0% | 52 | 31.5% | | |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | | |
| 動機づけ支援 | 利用券の送付 | 23 | 2.3% | 9 | 3.6% | 15 | 31.3% | 1 | 100.0% | 37 | 18.4% | 3 | 15.0% | 1 | 100.0% | 26 | 15.8% | |
| | 商工会・農協・漁協等との連携 | 1 | 0.1% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | 医師会との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% | |
| | 保健指導終了者の協力 | 1 | 0.1% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | その他関係団体を通じての呼びかけ | 1 | 0.1% | 2 | 0.8% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 1 | 100.0% | 4 | 2.4% | |
| | 職域(事業所)・労働組合との連携 | 9 | 0.9% | 8 | 3.2% | 1 | 2.1% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% | |
| | 電話案内 | 35 | 3.4% | 4 | 1.6% | 3 | 6.3% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 16 | 9.7% | |
| | 個別訪問 | 13 | 1.3% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% | |
| | 広報キャンペーン等の実施 | 33 | 3.2% | 10 | 4.0% | 3 | 6.3% | 1 | 100.0% | 18 | 9.0% | 0 | 0.0% | 1 | 100.0% | 18 | 10.9% | |
| | 欠席者等への電話や訪問でのフォローの実施 | 12 | 1.2% | 3 | 1.2% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% | |
| | 参加者同士の仲間づくりの支援 | 1 | 0.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% | |
| | 夫婦・家族での参加可能 | 3 | 0.3% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% | |
| | ボビュレーションアプローチとの連携 | 8 | 0.8% | 6 | 2.4% | 2 | 4.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% | |
| その他 | 17 | 1.7% | 7 | 2.8% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% | | |
| 特になし | 0 | 0.0% | 0 | 0.0% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | | |
| 無回答 | 71 | 7.0% | 25 | 10.1% | 8 | 16.7% | 0 | 0.0% | 59 | 29.4% | 11 | 55.0% | 0 | 0.0% | 47 | 28.5% | | |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | | |
| 積極的支援 | 利用券の送付 | 21 | 2.1% | 7 | 2.8% | 14 | 29.2% | 1 | 100.0% | 38 | 18.9% | 3 | 15.0% | 1 | 100.0% | 28 | 17.0% | |
| | 商工会・農協・漁協等との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | 医師会との連携 | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% | |
| | 保健指導終了者の協力 | 0 | 0.0% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | |
| | その他関係団体を通じての呼びかけ | 3 | 0.3% | 2 | 0.8% | 2 | 4.2% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 1 | 100.0% | 3 | 1.8% | |
| | 職域(事業所)・労働組合との連携 | 9 | 0.9% | 8 | 3.2% | 1 | 2.1% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | |
| | 電話案内 | 31 | 3.0% | 3 | 1.2% | 3 | 6.3% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% | |
| | 個別訪問 | 11 | 1.1% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% | |
| | 広報キャンペーン等の実施 | 31 | 3.0% | 10 | 4.0% | 3 | 6.3% | 0 | 0.0% | 16 | 8.0% | 0 | 0.0% | 1 | 100.0% | 16 | 9.7% | |
| | 欠席者等への電話や訪問でのフォローの実施 | 9 | 0.9% | 1 | 0.4% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% | |
| | 参加者同士の仲間づくりの支援 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% | |
| | 夫婦・家族での参加可能 | 6 | 0.6% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% | |
| | ボビュレーションアプローチとの連携 | 9 | 0.9% | 4 | 1.6% | 2 | 4.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% | |
| その他 | 16 | 1.6% | 8 | 3.2% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% | | |
| 特になし | 0 | 0.0% | 0 | 0.0% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% | | |
| 無回答 | 224 | 22.0% | 87 | 35.1% | 25 | 52.1% | 0 | 0.0% | 92 | 45.8% | 13 | 65.0% | 0 | 0.0% | 70 | 42.4% | | |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | | |

4.11 終了率向上のための工夫

(1) 終了率向上のために工夫している点(複数回答)

| | 健保組合(単一:連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|------------------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 事業主との連携 | 272 | 26.7% | 82 | 33.1% | 32 | 66.7% | 1 | 100.0% | 49 | 24.4% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| | 保健指導終了者の協力 | 21 | 2.1% | 10 | 4.0% | 1 | 2.1% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 欠席者等への電話連絡や訪問でのフォローの実施 | 272 | 26.7% | 53 | 21.4% | 28 | 58.3% | 0 | 0.0% | 43 | 21.4% | 4 | 20.0% | 1 | 100.0% | 25 | 15.2% |
| | 参加者同士の仲間づくりの支援 | 19 | 1.9% | 1 | 0.4% | 1 | 2.1% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 夫婦・家族での参加可能 | 10 | 1.0% | 2 | 0.8% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| | 魅力的なプログラム内容 | 52 | 5.1% | 15 | 6.0% | 14 | 29.2% | 1 | 100.0% | 11 | 5.5% | 1 | 5.0% | 0 | 0.0% | 6 | 3.6% |
| | ポピュレーションアプローチとの連携 | 28 | 2.8% | 9 | 3.6% | 6 | 12.5% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | その他 | 65 | 6.4% | 19 | 7.7% | 21 | 43.8% | 1 | 100.0% | 21 | 10.4% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| | 特になし | 273 | 26.8% | 81 | 32.7% | 1 | 2.1% | 0 | 0.0% | 95 | 47.3% | 13 | 65.0% | 0 | 0.0% | 103 | 62.4% |
| | 無回答 | 235 | 23.1% | 44 | 17.7% | 1 | 2.1% | 0 | 0.0% | 15 | 7.5% | 1 | 5.0% | 0 | 0.0% | 30 | 18.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 被扶養者 | 事業主との連携 | 11 | 1.1% | 10 | 4.0% | 0 | 0.0% | 0 | 0.0% | 13 | 6.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 保健指導終了者の協力 | 5 | 0.5% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 欠席者等への電話連絡や訪問でのフォローの実施 | 63 | 6.2% | 28 | 11.3% | 2 | 4.2% | 0 | 0.0% | 16 | 8.0% | 3 | 15.0% | 1 | 100.0% | 24 | 14.5% |
| | 参加者同士の仲間づくりの支援 | 2 | 0.2% | 0 | 0.0% | 1 | 2.1% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 夫婦・家族での参加可能 | 12 | 1.2% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| | 魅力的なプログラム内容 | 19 | 1.9% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 6 | 3.6% |
| | ポピュレーションアプローチとの連携 | 8 | 0.8% | 4 | 1.6% | 2 | 4.2% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他 | 23 | 2.3% | 9 | 3.6% | 2 | 4.2% | 1 | 100.0% | 16 | 8.0% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| | 特になし | 222 | 21.8% | 76 | 30.6% | 25 | 52.1% | 0 | 0.0% | 117 | 58.2% | 13 | 65.0% | 0 | 0.0% | 102 | 61.8% |
| | 無回答 | 680 | 66.8% | 129 | 52.0% | 18 | 37.5% | 0 | 0.0% | 45 | 22.4% | 3 | 15.0% | 0 | 0.0% | 33 | 20.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 21 | 105.0% | 1 | 100.0% | 165 | 100.0% | |

(2) 終了率向上に向けての有効策(主なもの3つまでの複数回答) 健保組合(単一:連合) 健保組合(総合) 協会けんぽ 船員保険 地共済 国共済 私学事業財団 国民健康保険組合

| | 健保組合(単一:連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|------------------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 事業主との連携 | 189 | 18.6% | 60 | 24.2% | 22 | 45.8% | 1 | 100.0% | 25 | 12.4% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| | 保健指導終了者の協力 | 13 | 1.3% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 欠席者等への電話連絡や訪問でのフォローの実施 | 178 | 17.5% | 33 | 13.3% | 16 | 33.3% | 0 | 0.0% | 29 | 14.4% | 2 | 10.0% | 1 | 100.0% | 23 | 13.9% |
| | 参加者同士の仲間づくりの支援 | 14 | 1.4% | 1 | 0.4% | 1 | 2.1% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 夫婦・家族での参加可能 | 5 | 0.5% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 魅力的なプログラム内容 | 33 | 3.2% | 10 | 4.0% | 7 | 14.6% | 1 | 100.0% | 8 | 4.0% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| | ポピュレーションアプローチとの連携 | 10 | 1.0% | 5 | 2.0% | 2 | 4.2% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | その他 | 58 | 5.7% | 15 | 6.0% | 17 | 35.4% | 1 | 100.0% | 18 | 9.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 特になし | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 無回答 | 127 | 12.5% | 29 | 11.7% | 6 | 12.5% | 0 | 0.0% | 32 | 15.9% | 3 | 15.0% | 0 | 0.0% | 5 | 3.0% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 被扶養者 | 事業主との連携 | 2 | 0.2% | 5 | 2.0% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 保健指導終了者の協力 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 欠席者等への電話連絡や訪問でのフォローの実施 | 35 | 3.4% | 12 | 4.8% | 0 | 0.0% | 0 | 0.0% | 7 | 3.5% | 2 | 10.0% | 1 | 100.0% | 24 | 14.5% |
| | 参加者同士の仲間づくりの支援 | 2 | 0.2% | 0 | 0.0% | 1 | 2.1% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 夫婦・家族での参加可能 | 6 | 0.6% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 魅力的なプログラム内容 | 8 | 0.8% | 3 | 1.2% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 2 | 10.0% | 0 | 0.0% | 5 | 3.0% |
| | ポピュレーションアプローチとの連携 | 2 | 0.2% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他 | 17 | 1.7% | 7 | 2.8% | 1 | 2.1% | 1 | 100.0% | 12 | 6.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 特になし | 0 | 0.0% | 0 | 0.0% | 2 | 4.2% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 無回答 | 55 | 5.4% | 19 | 7.7% | 3 | 6.3% | 0 | 0.0% | 21 | 10.4% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

4.12 2年連続で積極的支援対象者となった者への対応

(1) 対象者の設定方法

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|--------------------------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 昨年積極的支援を受けた人も含め、一律に積極的支援対象者とする | 452 | 44.4% | 122 | 49.2% | 47 | 97.9% | 1 | 100.0% | 132 | 65.7% | 12 | 60.0% | 0 | 0.0% | 102 | 61.8% |
| | 昨年積極的支援を受けた者は対象外とする | 224 | 22.0% | 59 | 23.8% | 0 | 0.0% | 0 | 0.0% | 43 | 21.4% | 2 | 10.0% | 0 | 0.0% | 9 | 5.5% |
| | その他 | 111 | 10.9% | 26 | 10.5% | 1 | 2.1% | 0 | 0.0% | 0 | 0.0% | 1 | 5.0% | 1 | 100.0% | 27 | 16.4% |
| | 無回答 | 231 | 22.7% | 41 | 16.5% | 1 | 2.1% | 0 | 0.0% | 26 | 12.9% | 5 | 25.0% | 0 | 0.0% | 27 | 16.4% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 49 | 102.1% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 昨年積極的支援を受けた人も含め、一律に積極的支援対象者とする | 262 | 25.7% | 84 | 33.9% | 46 | 95.8% | 1 | 100.0% | 128 | 63.7% | 10 | 50.0% | 0 | 0.0% | 100 | 60.6% |
| | 昨年積極的支援を受けた者は対象外とする | 59 | 5.8% | 30 | 12.1% | 0 | 0.0% | 0 | 0.0% | 24 | 11.9% | 2 | 10.0% | 0 | 0.0% | 9 | 5.5% |
| | その他 | 42 | 4.1% | 18 | 7.3% | 1 | 2.1% | 0 | 0.0% | 15 | 7.5% | 0 | 0.0% | 1 | 100.0% | 27 | 16.4% |
| | 無回答 | 655 | 64.3% | 116 | 46.8% | 1 | 2.1% | 0 | 0.0% | 34 | 16.9% | 8 | 40.0% | 0 | 0.0% | 29 | 17.6% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 2年連続対象者へのプログラム内容

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|--------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 昨年と同じ内容で実施 | 351 | 34.5% | 107 | 43.1% | 33 | 68.8% | 0 | 0.0% | 106 | 52.7% | 8 | 40.0% | 0 | 0.0% | 94 | 57.0% |
| | 昨年とは異なる内容で実施 | 232 | 22.8% | 52 | 21.0% | 14 | 29.2% | 1 | 100.0% | 29 | 14.4% | 2 | 10.0% | 0 | 0.0% | 15 | 9.1% |
| | 無回答 | 435 | 42.7% | 89 | 35.9% | 2 | 4.2% | 0 | 0.0% | 66 | 32.8% | 10 | 50.0% | 1 | 100.0% | 56 | 33.9% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 49 | 102.1% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 昨年と同じ内容で実施 | 186 | 18.3% | 79 | 31.9% | 23 | 47.9% | 0 | 0.0% | 100 | 49.8% | 9 | 45.0% | 0 | 0.0% | 93 | 56.4% |
| | 昨年とは異なる内容で実施 | 100 | 9.8% | 28 | 11.3% | 1 | 2.1% | 1 | 100.0% | 18 | 9.0% | 0 | 0.0% | 0 | 0.0% | 13 | 7.9% |
| | 無回答 | 732 | 71.9% | 141 | 56.9% | 24 | 50.0% | 0 | 0.0% | 83 | 41.3% | 11 | 55.0% | 1 | 100.0% | 59 | 35.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(3) 昨年とは異なる内容で実施している場合の内容(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|----------------------|--------|----------|--------|-------|--------|--------|--------|--------|--------|-------|--------|--------|---|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 2年目の対象者用プログラムを用意している | 29 | 12.5% | 4 | 7.7% | 0 | 0.0% | 0 | 0.0% | 3 | 10.3% | 0 | 0.0% | | | 2 | 13.3% |
| | 担当者が変わる | 38 | 16.4% | 8 | 15.4% | 7 | 50.0% | 1 | 100.0% | 10 | 34.5% | 1 | 50.0% | | | 9 | 60.0% |
| | 行動目標の設定に工夫を行うようにしている | 87 | 37.5% | 29 | 55.8% | 17 | 121.4% | 1 | 100.0% | 20 | 69.0% | 1 | 50.0% | | | 7 | 46.7% |
| | その他 | 106 | 45.7% | 19 | 36.5% | 2 | 14.3% | 0 | 0.0% | 7 | 24.1% | 0 | 0.0% | | | 5 | 33.3% |
| | 無回答 | 6 | 2.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 3.4% | 0 | 0.0% | | | 0 | 0.0% |
| | 非該当 | 786 | | 196 | | 35 | | 0 | | 172 | | 18 | | 1 | | 150 | |
| 全体 | 232 | 100.0% | 52 | 100.0% | 14 | 100.0% | 1 | 100.0% | 29 | 100.0% | 2 | 100.0% | 0 | | 15 | 100.0% | |
| 被扶養者 | 2年目の対象者用プログラムを用意している | 10 | 10.0% | 1 | 3.6% | 0 | 0.0% | 0 | 0.0% | 1 | 5.6% | | | | | 2 | 15.4% |
| | 担当者が変わる | 8 | 8.0% | 6 | 21.4% | 0 | 0.0% | 1 | 100.0% | 5 | 27.8% | | | | | 7 | 53.8% |
| | 行動目標の設定に工夫を行うようにしている | 33 | 33.0% | 13 | 46.4% | 1 | 100.0% | 1 | 100.0% | 14 | 77.8% | | | | | 7 | 53.8% |
| | その他 | 59 | 59.0% | 14 | 50.0% | 2 | 200.0% | 0 | 0.0% | 5 | 27.8% | | | | | 5 | 38.5% |
| | 無回答 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 5.6% | | | | | 0 | 0.0% |
| | 非該当 | 918 | | 220 | | 47 | | 0 | | 183 | | | | | | 152 | |
| 全体 | 100 | | 28 | | 1 | | 1 | | 18 | | 0 | | 0 | | 13 | | |

(4) 連続で対象となった者への保健指導の課題(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|-------------------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 対象者の意欲低下 | 303 | 29.8% | 81 | 32.7% | 34 | 70.8% | 1 | 100.0% | 78 | 38.8% | 4 | 20.0% | 0 | 0.0% | 28 | 17.0% |
| | 対象者の不参加 | 197 | 19.4% | 59 | 23.8% | 37 | 77.1% | 1 | 100.0% | 75 | 37.3% | 8 | 40.0% | 0 | 0.0% | 54 | 32.7% |
| | 継続して対象となった者への支援プログラムがない | 172 | 16.9% | 47 | 19.0% | 23 | 47.9% | 1 | 100.0% | 40 | 19.9% | 2 | 10.0% | 0 | 0.0% | 15 | 9.1% |
| | 行動目標の設定の仕方 | 163 | 16.0% | 44 | 17.7% | 21 | 43.8% | 1 | 100.0% | 31 | 15.4% | 2 | 10.0% | 0 | 0.0% | 14 | 8.5% |
| | その他 | 53 | 5.2% | 17 | 6.9% | 5 | 10.4% | 0 | 0.0% | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% |
| | 無回答 | 478 | 47.0% | 102 | 41.1% | 2 | 4.2% | 0 | 0.0% | 65 | 32.3% | 9 | 45.0% | 1 | 100.0% | 73 | 44.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 被扶養者 | 対象者の意欲低下 | 144 | 14.1% | 43 | 17.3% | 5 | 10.4% | 1 | 100.0% | 58 | 28.9% | 3 | 15.0% | 0 | 0.0% | 28 | 17.0% |
| | 対象者の不参加 | 98 | 9.6% | 38 | 15.3% | 8 | 16.7% | 1 | 100.0% | 66 | 32.8% | 6 | 30.0% | 0 | 0.0% | 52 | 31.5% |
| | 継続して対象となった者への支援プログラムがない | 59 | 5.8% | 30 | 12.1% | 6 | 12.5% | 1 | 100.0% | 33 | 16.4% | 1 | 5.0% | 0 | 0.0% | 15 | 9.1% |
| | 行動目標の設定の仕方 | 61 | 6.0% | 20 | 8.1% | 4 | 8.3% | 1 | 100.0% | 20 | 10.0% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| | その他 | 30 | 2.9% | 8 | 3.2% | 6 | 12.5% | 0 | 0.0% | 12 | 6.0% | 0 | 0.0% | 0 | 0.0% | 17 | 10.3% |
| | 無回答 | 779 | 76.5% | 161 | 64.9% | 30 | 62.5% | 0 | 0.0% | 90 | 44.8% | 12 | 60.0% | 0 | 0.0% | 75 | 45.5% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

4.13 積極的支援のプログラム

(1) 種類の数

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|-------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 1つ | 455 | 44.7% | 114 | 46.0% | 8 | 16.7% | 0 | 0.0% | 73 | 36.3% | 12 | 60.0% | 0 | 0.0% | 57 | 34.5% |
| | 2つ | 133 | 13.1% | 25 | 10.1% | 9 | 18.8% | 0 | 0.0% | 17 | 8.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| | 3つ | 56 | 5.5% | 21 | 8.5% | 6 | 12.5% | 0 | 0.0% | 7 | 3.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 4つ | 30 | 2.9% | 8 | 3.2% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 5つ以上 | 59 | 5.8% | 23 | 9.3% | 24 | 50.0% | 1 | 100.0% | 30 | 14.9% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | 無回答 | 283 | 27.8% | 57 | 23.0% | 1 | 2.1% | 0 | 0.0% | 71 | 35.3% | 8 | 40.0% | 1 | 100.0% | 85 | 51.5% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 被扶養者 | 1つ | 231 | 22.7% | 80 | 32.3% | 2 | 4.2% | 0 | 0.0% | 65 | 32.3% | 10 | 50.0% | 0 | 0.0% | 57 | 34.5% |
| | 2つ | 35 | 3.4% | 12 | 4.8% | 3 | 6.3% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| | 3つ | 20 | 2.0% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | 4つ | 9 | 0.9% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | 5つ以上 | 34 | 3.3% | 9 | 3.6% | 5 | 10.4% | 1 | 100.0% | 18 | 9.0% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| | 無回答 | 686 | 67.4% | 138 | 55.6% | 38 | 79.2% | 0 | 0.0% | 110 | 54.7% | 10 | 50.0% | 1 | 100.0% | 87 | 52.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 複数のプログラムを用意している場合、プログラム間の違い
(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|---------------|-----|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 実施日時(対象者の利便性) | 78 | 28.1% | 32 | 41.6% | 26 | 66.7% | 1 | 100.0% | 19 | 33.3% | | | | | 16 | 72.7% |
| | 実施場所 | 87 | 31.3% | 39 | 50.6% | 5 | 12.8% | 0 | 0.0% | 24 | 42.1% | | | | | 11 | 50.0% |
| | 実施機関 | 200 | 71.9% | 51 | 66.2% | 0 | 0.0% | 0 | 0.0% | 46 | 80.7% | | | | | 15 | 68.2% |
| | 対象者・指導内容 | 104 | 37.4% | 31 | 40.3% | 32 | 82.1% | 1 | 100.0% | 31 | 54.4% | | | | | 7 | 31.8% |
| | 無回答 | 11 | 4.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% |
| | 非該当 | 738 | | 171 | | 9 | | 0 | | 144 | | 20 | | 1 | | 142 | |
| | 全体 | 278 | 100.0% | 77 | 100.0% | 39 | 100.0% | 1 | 100.0% | 57 | 100.0% | 0 | | 0 | | 22 | 100.0% |
| 被扶養者 | 実施日時(対象者の利便性) | 34 | 34.7% | 12 | 41.4% | 4 | 50.0% | 1 | 100.0% | 7 | 26.9% | | | | | 14 | 70.0% |
| | 実施場所 | 38 | 38.8% | 14 | 48.3% | 3 | 37.5% | 0 | 0.0% | 12 | 46.2% | | | | | 10 | 50.0% |
| | 実施機関 | 66 | 67.3% | 19 | 65.5% | 7 | 87.5% | 0 | 0.0% | 20 | 76.9% | | | | | 15 | 75.0% |
| | 対象者・指導内容 | 39 | 39.8% | 13 | 44.8% | 7 | 87.5% | 1 | 100.0% | 11 | 42.3% | | | | | 7 | 35.0% |
| | 無回答 | 5 | 5.1% | 1 | 3.4% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | | | 0 | 0.0% |
| | 非該当 | 917 | | 218 | | 40 | | 0 | | 175 | | 20 | | 1 | | 144 | |
| | 全体 | 98 | 100.0% | 29 | 100.0% | 8 | 100.0% | 1 | 100.0% | 26 | 100.0% | 0 | | 0 | | 20 | 100.0% |

(3) プログラムのポイント数

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|------|---------------|--------|----------|--------|-------|--------|-------|--------|--------|--------|-------|--------|--------|--------|----------|--------|-------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 被保険者 | 200ポイント未満 | 287 | 28.2% | 88 | 35.5% | 44 | 91.7% | 1 | 100.0% | 80 | 39.8% | 6 | 30.0% | 0 | 0.0% | 52 | 31.5% |
| | 200～300ポイント未満 | 213 | 20.9% | 59 | 23.8% | 3 | 6.3% | 0 | 0.0% | 27 | 13.4% | 3 | 15.0% | 0 | 0.0% | 4 | 2.4% |
| | 300～400ポイント未満 | 25 | 2.5% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| | 400～500ポイント未満 | 2 | 0.2% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 500ポイント以上 | 3 | 0.3% | 2 | 0.8% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 無回答 | 488 | 47.9% | 97 | 39.1% | 1 | 2.1% | 0 | 0.0% | 92 | 45.8% | 10 | 50.0% | 0 | 0.0% | 108 | 65.5% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |
| 被扶養者 | 200ポイント未満 | 148 | 14.5% | 54 | 21.8% | 15 | 31.3% | 1 | 100.0% | 61 | 30.3% | 5 | 25.0% | 0 | 0.0% | 49 | 29.7% |
| | 200～300ポイント未満 | 82 | 8.1% | 25 | 10.1% | 2 | 4.2% | 0 | 0.0% | 14 | 7.0% | 2 | 10.0% | 0 | 0.0% | 4 | 2.4% |
| | 300～400ポイント未満 | 6 | 0.6% | 1 | 0.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.5% | 1 | 5.0% | 0 | 0.0% | 1 | 0.6% |
| | 400～500ポイント未満 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 500ポイント以上 | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% |
| | 無回答 | 782 | 76.8% | 168 | 67.7% | 31 | 64.6% | 0 | 0.0% | 125 | 62.2% | 12 | 60.0% | 1 | 100.0% | 111 | 67.3% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% | |

4.14 円滑な実施のために改善が必要な点(主なもの3つまで
選択)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | | |
|--------|-----------------------------|------|----------|-----|--------|----|--------|---|--------|-----|--------|----|--------|---|----------|-----|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % | |
| 動機づけ支援 | 利用対象者への案内方法 | 111 | 10.9% | 42 | 16.9% | 25 | 52.1% | 0 | 0.0% | 49 | 24.4% | 5 | 25.0% | 1 | 100.0% | 41 | 24.8% |
| | 指導者のスキル | 83 | 8.2% | 20 | 8.1% | 22 | 45.8% | 0 | 0.0% | 20 | 10.0% | 1 | 5.0% | 0 | 0.0% | 3 | 1.8% |
| | 外部委託先との連携 | 158 | 15.5% | 44 | 17.7% | 11 | 22.9% | 0 | 0.0% | 27 | 13.4% | 2 | 10.0% | 1 | 100.0% | 30 | 18.2% |
| | 保健指導の内容 | 137 | 13.5% | 19 | 7.7% | 12 | 25.0% | 0 | 0.0% | 33 | 16.4% | 4 | 20.0% | 0 | 0.0% | 8 | 4.8% |
| | 保健指導期間もしくは終了後の行動を継続させるための支援 | 152 | 14.9% | 25 | 10.1% | 16 | 33.3% | 1 | 100.0% | 29 | 14.4% | 4 | 20.0% | 0 | 0.0% | 9 | 5.5% |
| | 保健指導の実施場所 | 102 | 10.0% | 33 | 13.3% | 1 | 2.1% | 0 | 0.0% | 40 | 19.9% | 6 | 30.0% | 0 | 0.0% | 26 | 15.8% |
| | 保健指導の実施日程 | 104 | 10.2% | 29 | 11.7% | 4 | 8.3% | 0 | 0.0% | 17 | 8.5% | 0 | 0.0% | 0 | 0.0% | 36 | 21.8% |
| | 保健指導の実施時間帯 | 54 | 5.3% | 17 | 6.9% | 2 | 4.2% | 0 | 0.0% | 7 | 3.5% | 1 | 5.0% | 0 | 0.0% | 13 | 7.9% |
| | 6ヶ月後の評価の方法 | 35 | 3.4% | 13 | 5.2% | 4 | 8.3% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 4 | 2.4% |
| | その他 | 81 | 8.0% | 21 | 8.5% | 10 | 20.8% | 1 | 100.0% | 24 | 11.9% | 3 | 15.0% | 1 | 100.0% | 16 | 9.7% |
| | 特になし | 179 | 17.6% | 45 | 18.1% | 0 | 0.0% | 0 | 0.0% | 34 | 16.9% | 3 | 15.0% | 0 | 0.0% | 30 | 18.2% |
| | 無回答 | 283 | 27.8% | 56 | 22.6% | 0 | 0.0% | 0 | 0.0% | 19 | 9.5% | 3 | 15.0% | 0 | 0.0% | 26 | 15.8% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 利用対象者への案内方法 | 126 | 12.4% | 42 | 16.9% | 25 | 52.1% | 0 | 0.0% | 46 | 22.9% | 6 | 30.0% | 1 | 100.0% | 41 | 24.8% |
| | 指導者のスキル | 111 | 10.9% | 27 | 10.9% | 24 | 50.0% | 0 | 0.0% | 22 | 10.9% | 2 | 10.0% | 0 | 0.0% | 4 | 2.4% |
| | 外部委託先との連携 | 174 | 17.1% | 46 | 18.5% | 12 | 25.0% | 0 | 0.0% | 38 | 18.9% | 2 | 10.0% | 1 | 100.0% | 32 | 19.4% |
| | 保健指導の内容 | 169 | 16.6% | 32 | 12.9% | 16 | 33.3% | 0 | 0.0% | 36 | 17.9% | 4 | 20.0% | 0 | 0.0% | 14 | 8.5% |
| | 保健指導期間もしくは終了後の行動を継続させるための支援 | 174 | 17.1% | 36 | 14.5% | 10 | 20.8% | 1 | 100.0% | 22 | 10.9% | 3 | 15.0% | 0 | 0.0% | 11 | 6.7% |
| | 保健指導の実施場所 | 98 | 9.6% | 30 | 12.1% | 3 | 6.3% | 0 | 0.0% | 39 | 19.4% | 5 | 25.0% | 0 | 0.0% | 30 | 18.2% |
| | 保健指導の実施日程 | 105 | 10.3% | 30 | 12.1% | 5 | 10.4% | 0 | 0.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 30 | 18.2% |
| | 保健指導の実施時間帯 | 57 | 5.6% | 17 | 6.9% | 3 | 6.3% | 0 | 0.0% | 11 | 5.5% | 2 | 10.0% | 0 | 0.0% | 16 | 9.7% |
| | 6ヶ月後の評価の方法 | 42 | 4.1% | 9 | 3.6% | 5 | 10.4% | 0 | 0.0% | 4 | 2.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | その他 | 105 | 10.3% | 27 | 10.9% | 11 | 22.9% | 1 | 100.0% | 31 | 15.4% | 3 | 15.0% | 1 | 100.0% | 15 | 9.1% |
| | 特になし | 164 | 16.1% | 53 | 21.4% | 0 | 0.0% | 0 | 0.0% | 30 | 14.9% | 2 | 10.0% | 0 | 0.0% | 29 | 17.6% |
| | 無回答 | 246 | 24.2% | 40 | 16.1% | 0 | 0.0% | 0 | 0.0% | 15 | 7.5% | 4 | 20.0% | 0 | 0.0% | 29 | 17.6% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 動機づけ支援 | 利用対象者への案内方法 | 68 | 100.0% | 24 | 9.7% | 14 | 29.2% | 0 | 0.0% | 50 | 24.9% | 4 | 20.0% | 1 | 100.0% | 35 | 21.2% |
| | 指導者のスキル | 21 | 6.7% | 4 | 1.6% | 1 | 2.1% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| | 外部委託先との連携 | 78 | 2.1% | 18 | 7.3% | 21 | 43.8% | 1 | 100.0% | 21 | 10.4% | 1 | 5.0% | 0 | 0.0% | 29 | 17.6% |
| | 保健指導の内容 | 45 | 7.7% | 5 | 2.0% | 2 | 4.2% | 0 | 0.0% | 8 | 4.0% | 3 | 15.0% | 0 | 0.0% | 7 | 4.2% |
| | 保健指導期間もしくは終了後の行動を継続させるための支援 | 36 | 4.4% | 9 | 3.6% | 0 | 0.0% | 1 | 100.0% | 13 | 6.5% | 2 | 10.0% | 0 | 0.0% | 8 | 4.8% |
| | 保健指導の実施場所 | 50 | 3.5% | 25 | 10.1% | 6 | 12.5% | 0 | 0.0% | 27 | 13.4% | 6 | 30.0% | 0 | 0.0% | 24 | 14.5% |
| | 保健指導の実施日程 | 24 | 4.9% | 11 | 4.4% | 3 | 6.3% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 28 | 17.0% |
| | 保健指導の実施時間帯 | 15 | 2.4% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 10 | 6.1% |
| | 6ヶ月後の評価の方法 | 9 | 1.5% | 7 | 2.8% | 0 | 0.0% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | その他 | 36 | 0.9% | 12 | 4.8% | 20 | 41.7% | 1 | 100.0% | 21 | 10.4% | 2 | 10.0% | 1 | 100.0% | 16 | 9.7% |
| | 特になし | 99 | 3.5% | 34 | 13.7% | 3 | 6.3% | 0 | 0.0% | 27 | 13.4% | 2 | 10.0% | 0 | 0.0% | 25 | 15.2% |
| | 無回答 | 685 | 9.7% | 142 | 57.3% | 10 | 20.8% | 0 | 0.0% | 60 | 29.9% | 6 | 30.0% | 0 | 0.0% | 41 | 24.8% |
| | 全体 | 1018 | 67.3% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |
| 積極的支援 | 利用対象者への案内方法 | 70 | 6.9% | 26 | 10.5% | 16 | 33.3% | 0 | 0.0% | 53 | 26.4% | 5 | 25.0% | 1 | 100.0% | 36 | 21.8% |
| | 指導者のスキル | 31 | 3.0% | 8 | 3.2% | 1 | 2.1% | 0 | 0.0% | 8 | 4.0% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| | 外部委託先との連携 | 67 | 6.6% | 15 | 6.0% | 20 | 41.7% | 0 | 0.0% | 25 | 12.4% | 0 | 0.0% | 1 | 100.0% | 30 | 18.2% |
| | 保健指導の内容 | 60 | 5.9% | 11 | 4.4% | 3 | 6.3% | 0 | 0.0% | 8 | 4.0% | 3 | 15.0% | 0 | 0.0% | 12 | 7.3% |
| | 保健指導期間もしくは終了後の行動を継続させるための支援 | 41 | 4.0% | 12 | 4.8% | 0 | 0.0% | 1 | 100.0% | 12 | 6.0% | 2 | 10.0% | 0 | 0.0% | 11 | 6.7% |
| | 保健指導の実施場所 | 57 | 5.6% | 18 | 7.3% | 5 | 10.4% | 0 | 0.0% | 27 | 13.4% | 4 | 20.0% | 0 | 0.0% | 28 | 17.0% |
| | 保健指導の実施日程 | 24 | 2.4% | 10 | 4.0% | 2 | 4.2% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 24 | 14.5% |
| | 保健指導の実施時間帯 | 12 | 1.2% | 4 | 1.6% | 0 | 0.0% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 11 | 6.7% |
| | 6ヶ月後の評価の方法 | 9 | 0.9% | 6 | 2.4% | 0 | 0.0% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| | その他 | 35 | 3.4% | 11 | 4.4% | 15 | 31.3% | 1 | 100.0% | 22 | 10.9% | 2 | 10.0% | 1 | 100.0% | 14 | 8.5% |
| | 特になし | 88 | 8.6% | 39 | 15.7% | 2 | 4.2% | 0 | 0.0% | 25 | 12.4% | 2 | 10.0% | 0 | 0.0% | 23 | 13.9% |
| | 無回答 | 702 | 69.0% | 136 | 54.8% | 14 | 29.2% | 0 | 0.0% | 58 | 28.9% | 7 | 35.0% | 0 | 0.0% | 44 | 26.7% |
| | 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

4.15 保健指導開始後の医療機関受診開始者への対応

(1) 保健指導開始後の医療機関受診開始者の有無

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| いた | 326 | 32.0% | 81 | 32.7% | 44 | 91.7% | 1 | 100.0% | 83 | 41.3% | 1 | 5.0% | 0 | 0.0% | 15 | 9.1% |
| いなかった | 161 | 15.8% | 32 | 12.9% | 1 | 2.1% | 0 | 0.0% | 15 | 7.5% | 5 | 25.0% | 0 | 0.0% | 27 | 16.4% |
| 外部委託のために分からない | 349 | 34.3% | 109 | 44.0% | 1 | 2.1% | 0 | 0.0% | 88 | 43.8% | 10 | 50.0% | 1 | 100.0% | 89 | 53.9% |
| 無回答 | 182 | 17.9% | 26 | 10.5% | 2 | 4.2% | 0 | 0.0% | 15 | 7.5% | 4 | 20.0% | 0 | 0.0% | 34 | 20.6% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) いた場合のその対応策(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|---|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 主治医の了解のもとに保健指導継続 | 141 | 43.3% | 33 | 40.7% | 25 | 56.8% | 1 | 100.0% | 39 | 47.0% | 0 | 0.0% | | | 9 | 60.0% |
| 保健指導は中断 | 193 | 59.2% | 48 | 59.3% | 29 | 65.9% | 1 | 100.0% | 58 | 69.9% | 1 | 100.0% | | | 11 | 73.3% |
| その他 | 43 | 13.2% | 22 | 27.2% | 15 | 34.1% | 0 | 0.0% | 11 | 13.3% | 0 | 0.0% | | | 6 | 40.0% |
| 無回答 | 2 | 0.6% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | 0 | 0.0% | | | 0 | 0.0% |
| 非該当 | 692 | | 167 | | 4 | | 0 | | 118 | | 19 | | 1 | | 150 | |
| 全体 | 326 | 100.0% | 81 | 100.0% | 44 | 100.0% | 1 | 100.0% | 83 | 100.0% | 1 | 100.0% | 0 | | 15 | 100.0% |

4.16 2年間を経過しての評価・意見

(1) 特定保健指導の円滑な実施のために改善が必要と考える項目およびその具体的内容(主なもの3つまでの複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 保健指導実施機関の管理 | 100 | 9.8% | 19 | 7.7% | 5 | 10.4% | 0 | 0.0% | 29 | 14.4% | 1 | 5.0% | 1 | 100.0% | 16 | 9.7% |
| 制度周知 | 289 | 28.4% | 96 | 38.7% | 36 | 75.0% | 0 | 0.0% | 89 | 44.3% | 10 | 50.0% | 0 | 0.0% | 58 | 35.2% |
| 実施時期の設定 | 77 | 7.6% | 13 | 5.2% | 2 | 4.2% | 0 | 0.0% | 12 | 6.0% | 1 | 5.0% | 0 | 0.0% | 7 | 4.2% |
| 健診実施から初回面接開始までの時期 | 235 | 23.1% | 62 | 25.0% | 13 | 27.1% | 0 | 0.0% | 53 | 26.4% | 3 | 15.0% | 0 | 0.0% | 35 | 21.2% |
| 保健指導記録の管理 | 92 | 9.0% | 21 | 8.5% | 2 | 4.2% | 0 | 0.0% | 14 | 7.0% | 1 | 5.0% | 0 | 0.0% | 5 | 3.0% |
| 未利用者の勧奨 | 207 | 20.3% | 52 | 21.0% | 17 | 35.4% | 0 | 0.0% | 56 | 27.9% | 6 | 30.0% | 0 | 0.0% | 53 | 32.1% |
| 費用決済 | 27 | 2.7% | 4 | 1.6% | 3 | 6.3% | 0 | 0.0% | 7 | 3.5% | 4 | 20.0% | 0 | 0.0% | 1 | 0.6% |
| 新たに専門職員を増員 | 64 | 6.3% | 12 | 4.8% | 13 | 27.1% | 0 | 0.0% | 20 | 10.0% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| その他 | 151 | 14.8% | 37 | 14.9% | 24 | 50.0% | 1 | 100.0% | 34 | 16.9% | 4 | 20.0% | 1 | 100.0% | 21 | 12.7% |
| 特になし | 175 | 17.2% | 60 | 24.2% | 0 | 0.0% | 0 | 0.0% | 18 | 9.0% | 1 | 5.0% | 0 | 0.0% | 2 | 1.2% |
| 無回答 | 159 | 15.6% | 19 | 7.7% | 0 | 0.0% | 0 | 0.0% | 12 | 6.0% | 3 | 15.0% | 0 | 0.0% | 27 | 16.4% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

(2) 平成20、21年度から平成22年度特定保健指導に向けて改善した点とその具体的内容(主なもの3つまでの複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|---------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 制度周知方法 | 77 | 7.6% | 23 | 9.3% | 20 | 41.7% | 1 | 100.0% | 21 | 10.4% | 5 | 25.0% | 0 | 0.0% | 13 | 7.9% |
| 個別案内の方法 | 99 | 9.7% | 30 | 12.1% | 22 | 45.8% | 0 | 0.0% | 24 | 11.9% | 3 | 15.0% | 0 | 0.0% | 19 | 11.5% |
| 実施場所 | 61 | 6.0% | 15 | 6.0% | 1 | 2.1% | 1 | 100.0% | 20 | 10.0% | 2 | 10.0% | 0 | 0.0% | 10 | 6.1% |
| 実施期間 | 73 | 7.2% | 11 | 4.4% | 0 | 0.0% | 0 | 0.0% | 14 | 7.0% | 1 | 5.0% | 0 | 0.0% | 6 | 3.6% |
| 委託先 | 156 | 15.3% | 38 | 15.3% | 11 | 22.9% | 0 | 0.0% | 32 | 15.9% | 1 | 5.0% | 1 | 100.0% | 20 | 12.1% |
| その他 | 125 | 12.3% | 22 | 8.9% | 16 | 33.3% | 1 | 100.0% | 35 | 17.4% | 2 | 10.0% | 1 | 100.0% | 11 | 6.7% |
| 特になし | 413 | 40.6% | 130 | 52.4% | 7 | 14.6% | 0 | 0.0% | 76 | 37.8% | 6 | 30.0% | 0 | 0.0% | 82 | 49.7% |
| 無回答 | 192 | 18.9% | 23 | 9.3% | 0 | 0.0% | 0 | 0.0% | 24 | 11.9% | 2 | 10.0% | 0 | 0.0% | 26 | 15.8% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

5. 特定健康診査・特定保健指導の課題等

5.1 職員が参加している研修会(3つまで)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 国 | 28 | 2.8% | 7 | 2.8% | 5 | 10.4% | 0 | 0.0% | 8 | 4.0% | 2 | 10.0% | 0 | 0.0% | 4 | 2.4% |
| 都道府県及び保険者協議会 | 292 | 28.7% | 82 | 33.1% | 41 | 85.4% | 0 | 0.0% | 130 | 64.7% | 0 | 0.0% | 0 | 0.0% | 107 | 64.8% |
| 保険者団体 | 408 | 40.1% | 102 | 41.1% | 6 | 12.5% | 0 | 0.0% | 43 | 21.4% | 0 | 0.0% | 0 | 0.0% | 83 | 50.3% |
| 職能団体 | 45 | 4.4% | 25 | 10.1% | 7 | 14.6% | 0 | 0.0% | 6 | 3.0% | 1 | 5.0% | 1 | 100.0% | 5 | 3.0% |
| 民間 | 145 | 14.2% | 19 | 7.7% | 5 | 10.4% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| 自保険者 | 24 | 2.4% | 5 | 2.0% | 27 | 56.3% | 0 | 0.0% | 31 | 15.4% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 関係学会 | 27 | 2.7% | 9 | 3.6% | 29 | 60.4% | 0 | 0.0% | 2 | 1.0% | 0 | 0.0% | 0 | 0.0% | 2 | 1.2% |
| その他 | 21 | 2.1% | 7 | 2.8% | 2 | 4.2% | 0 | 0.0% | 4 | 2.0% | 1 | 5.0% | 0 | 0.0% | 19 | 11.5% |
| 無回答 | 381 | 37.4% | 90 | 36.3% | 1 | 2.1% | 1 | 100.0% | 51 | 25.4% | 17 | 85.0% | 0 | 0.0% | 21 | 12.7% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

5.2 他の事業との連携(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|--------------------------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 健康まつり 講演会、セミナー、ウォーキング大会、マラソン大会等のイベント | 306 | 30.1% | 70 | 28.2% | 19 | 39.6% | 0 | 0.0% | 64 | 31.8% | 0 | 0.0% | 0 | 0.0% | 28 | 17.0% |
| 広報誌による健康づくり、健診・保健指導に関する情報提供 | 360 | 35.4% | 119 | 48.0% | 30 | 62.5% | 0 | 0.0% | 84 | 41.8% | 4 | 20.0% | 0 | 0.0% | 53 | 32.1% |
| 健康づくり、健診・保健指導に関するキャンペーンの展開 | 66 | 6.5% | 8 | 3.2% | 8 | 16.7% | 0 | 0.0% | 10 | 5.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| 健康づくり関連施設利用の費用補助 | 117 | 11.5% | 27 | 10.9% | 5 | 10.4% | 0 | 0.0% | 21 | 10.4% | 2 | 10.0% | 0 | 0.0% | 12 | 7.3% |
| その他 | 38 | 3.7% | 4 | 1.6% | 5 | 10.4% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 0 | 0.0% | 11 | 6.7% |
| 無回答 | 467 | 45.9% | 104 | 41.9% | 15 | 31.3% | 0 | 0.0% | 90 | 44.8% | 16 | 80.0% | 1 | 100.0% | 96 | 58.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

5.3 特定健康診査・特定保健指導の実施で良かった点(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|-----------------------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 行政側の意識・体制・事業内容の変化 | 17 | 1.7% | 7 | 2.8% | 12 | 25.0% | 0 | 0.0% | 25 | 12.4% | 1 | 5.0% | 0 | 0.0% | 4 | 2.4% |
| 加入者の健康に対する意識改革 | 507 | 49.8% | 113 | 45.6% | 25 | 52.1% | 1 | 100.0% | 84 | 41.8% | 5 | 25.0% | 0 | 0.0% | 66 | 40.0% |
| 健診対象者の明確化 | 137 | 13.5% | 34 | 13.7% | 9 | 18.8% | 0 | 0.0% | 21 | 10.4% | 0 | 0.0% | 0 | 0.0% | 25 | 15.2% |
| 健診受診率の向上 | 190 | 18.7% | 53 | 21.4% | 6 | 12.5% | 0 | 0.0% | 19 | 9.5% | 0 | 0.0% | 0 | 0.0% | 34 | 20.6% |
| 保健指導対象者の明確化 | 235 | 23.1% | 54 | 21.8% | 12 | 25.0% | 0 | 0.0% | 34 | 16.9% | 0 | 0.0% | 0 | 0.0% | 20 | 12.1% |
| 保健指導の内容 | 48 | 4.7% | 11 | 4.4% | 8 | 16.7% | 0 | 0.0% | 9 | 4.5% | 0 | 0.0% | 0 | 0.0% | 3 | 1.8% |
| 保健指導の効果があがった | 203 | 19.9% | 35 | 14.1% | 20 | 41.7% | 0 | 0.0% | 30 | 14.9% | 0 | 0.0% | 0 | 0.0% | 9 | 5.5% |
| 指導者のスキル向上 | 36 | 3.5% | 16 | 6.5% | 21 | 43.8% | 0 | 0.0% | 6 | 3.0% | 0 | 0.0% | 0 | 0.0% | 1 | 0.6% |
| 従来ではあまり対象とならなかった対象者へのアプローチが可能になった | 117 | 11.5% | 24 | 9.7% | 6 | 12.5% | 1 | 100.0% | 22 | 10.9% | 1 | 5.0% | 0 | 0.0% | 14 | 8.5% |
| 早期予防・介入が可能になった | 167 | 16.4% | 29 | 11.7% | 8 | 16.7% | 1 | 100.0% | 33 | 16.4% | 1 | 5.0% | 0 | 0.0% | 9 | 5.5% |
| データに基づいた実績把握、結果評価が可能になった | 199 | 19.5% | 34 | 13.7% | 9 | 18.8% | 0 | 0.0% | 32 | 15.9% | 1 | 5.0% | 0 | 0.0% | 19 | 11.5% |
| レポートとの突合分析による医療費分析が可能になった | 50 | 4.9% | 9 | 3.6% | 5 | 10.4% | 0 | 0.0% | 5 | 2.5% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| 関係団体との連携強化 | 37 | 3.6% | 9 | 3.6% | 20 | 41.7% | 0 | 0.0% | 18 | 9.0% | 0 | 0.0% | 1 | 100.0% | 18 | 10.9% |
| その他 | 24 | 2.4% | 8 | 3.2% | 2 | 4.2% | 0 | 0.0% | 3 | 1.5% | 0 | 0.0% | 1 | 100.0% | 5 | 3.0% |
| 無回答 | 240 | 23.6% | 65 | 26.2% | 4 | 8.3% | 0 | 0.0% | 55 | 27.4% | 12 | 60.0% | 0 | 0.0% | 51 | 30.9% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |

5.4 特定健康診査・特定保健指導の実施にあたっての保険者の問題点・課題(複数回答)

| | 健保組合(単一・連合) | | 健保組合(総合) | | 協会けんぽ | | 船員保険 | | 地共済 | | 国共済 | | 私学事業財団 | | 国民健康保険組合 | |
|------------------------------|-------------|--------|----------|--------|-------|--------|------|--------|-----|--------|-----|--------|--------|--------|----------|--------|
| | n | % | n | % | n | % | n | % | n | % | n | % | n | % | n | % |
| 制度周知不足 | 244 | 24.0% | 78 | 31.5% | 35 | 72.9% | 0 | 0.0% | 87 | 43.3% | 7 | 35.0% | 0 | 0.0% | 56 | 33.9% |
| 健診基準のあり方 | 271 | 26.6% | 79 | 31.9% | 16 | 33.3% | 1 | 100.0% | 47 | 23.4% | 4 | 20.0% | 0 | 0.0% | 40 | 24.2% |
| 保健指導の対象者の選定方法 | 289 | 28.4% | 63 | 25.4% | 21 | 43.8% | 1 | 100.0% | 54 | 26.9% | 3 | 15.0% | 0 | 0.0% | 22 | 13.3% |
| 年度途中異動者への対応 | 176 | 17.3% | 40 | 16.1% | 16 | 33.3% | 0 | 0.0% | 58 | 28.9% | 5 | 25.0% | 0 | 0.0% | 24 | 14.5% |
| システム関連 | 301 | 29.6% | 73 | 29.4% | 29 | 60.4% | 1 | 100.0% | 119 | 59.2% | 11 | 55.0% | 0 | 0.0% | 51 | 30.9% |
| 特定健診以外の健診・検査からのデータ取得・委託先との調整 | 269 | 26.4% | 60 | 24.2% | 23 | 47.9% | 0 | 0.0% | 71 | 35.3% | 7 | 35.0% | 0 | 0.0% | 52 | 31.5% |
| 保健指導の内容 | 180 | 17.7% | 28 | 11.3% | 15 | 31.3% | 0 | 0.0% | 38 | 18.9% | 3 | 15.0% | 0 | 0.0% | 12 | 7.3% |
| 指導者のスキル不足 | 71 | 7.0% | 12 | 4.8% | 10 | 20.8% | 0 | 0.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 5 | 3.0% |
| 特定保健指導非該当者への保健指導 | 190 | 18.7% | 37 | 14.9% | 27 | 56.3% | 1 | 100.0% | 20 | 10.0% | 0 | 0.0% | 0 | 0.0% | 6 | 3.6% |
| データ管理・分析・事業評価 | 344 | 33.8% | 70 | 28.2% | 23 | 47.9% | 0 | 0.0% | 94 | 46.8% | 9 | 45.0% | 0 | 0.0% | 37 | 22.4% |
| 後期高齢者支援金加算・減算の仕組み | 234 | 23.0% | 79 | 31.9% | 26 | 54.2% | 1 | 100.0% | 49 | 24.4% | 8 | 40.0% | 1 | 100.0% | 34 | 20.6% |
| 業務量の多さ | 456 | 44.8% | 105 | 42.3% | 29 | 60.4% | 0 | 0.0% | 109 | 54.2% | 10 | 50.0% | 1 | 100.0% | 58 | 35.2% |
| その他 | 210 | 20.6% | 58 | 23.4% | 19 | 39.6% | 0 | 0.0% | 27 | 13.4% | 2 | 10.0% | 0 | 0.0% | 22 | 13.3% |
| 無回答 | 134 | 13.2% | 44 | 17.7% | 3 | 6.3% | 0 | 0.0% | 14 | 7.0% | 3 | 15.0% | 0 | 0.0% | 30 | 18.2% |
| 全体 | 1018 | 100.0% | 248 | 100.0% | 48 | 100.0% | 1 | 100.0% | 201 | 100.0% | 20 | 100.0% | 1 | 100.0% | 165 | 100.0% |